



# Liberty Traditional Saddleback

# December

# let's do lunch

All households should still apply for free & reduced meals in order to qualify for P-EBT benefits, and other school funding opportunities!

## Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	1	2	3
Froot Loops Cereal 100% Juice & Milk  Walking Taco Refried Beans Diced Peaches	Bagel w/Cream Cheese Apple & Milk  Chicken Nuggets Mashed Potatoes Applesauce	Cinn Toast Cereal Bar Fruitocracy & Milk  Grilled Cheese Green Beans Mixed Fruit	French Toast Graham Applesauce & Milk  Spaghetti & Meatballs Broccoli Grapes	Frosted Flakes Cereal 100% Juice & Milk  Chicken Pattie Sandwich Sweet Potato Fries Diced Pears
6	7	8	9	10
Apple Jacks Cereal 100% Juice & Milk  Bean & Cheese Burrito Mixed Veggies Diced Peaches	Muffin Banana & Milk  Chicken Strips Carrots Applesauce	Pop-Tart Fruitocracy & Milk  Corn Dog BBQ Beans Mixed Fruit	Choc. Chip Benefit Applesauce & Milk  Pepperoni Pizza Broccoli Grapes	Cheerios and Crackers 100% Juice & Milk  Hamburger Smile Potatoes Diced Pears
13	14	15	16	17
Froot Loops Cereal 100% Juice & Milk  Beef Taco Bowl Refried Beans Diced Peaches	Bagel w/Cream Cheese Apple & Milk  Porky Mac-N-Cheese Mixed Veggies Applesauce	Strawberry Cereal Bar Fruitocracy & Milk  Grilled Cheese Sweet Potato Tots Mixed Fruit	Nutri-Grain Bar Applesauce & Milk  Cheese Pizza Broccoli Grapes	Frosted Flakes Cereal 100% Juice & Milk  Cheeseburger Smile Potatoes Diced Pears
20	21	22	23	24
Apple Jacks Cereal 100% Juice & Milk  Bean & Cheese Burrito Mixed Veggies Diced Peaches	Bagel w/Cream Cheese Apple & Milk  Chicken Nuggets Mashed Potatoes Applesauce	Strawberry cereal bar Fruitocracy & Milk  <b>HALF DAY NO LUNCH</b>		
27	28	29	30	31

 **SEE YOU JANUARY 6th!** 



1% Milk, Fat Free Flavored & Skim available for Breakfast and Lunch  
Craisin, Raisins or Dried Apple Crisp will be served with Breakfast.



WE ARE EXPERIENCING LAST MINUTE MENU CHANGES AS A RESULT OF THE  
NATIONWIDE FOOD SUPPLY CHAIN ISSUES. MENUS MAY NOT REFLECT THESE  
CHANGES AND ARE SUBJECT TO CHANGE AT ANY TIME.



This Institution Is An Equal Opportunity Provider