

Liberty Traditional Saddleback

November



Breakfast & Lunch Menu

All households should still apply for free & reduced meals in order to qualify for P-EBT benefits, and other school funding opportunities!

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Froot Loops Cereal 100% Juice & Milk  Bean & Chs Burrito Corn Diced Peaches	Bagel w/Cream Cheese Apple & Milk  Chicken & Waffles Sweet Tots Banana	Cinn Toast Cereal Bar Fruitocracy & Milk Corn Dog Carrots & Celery Mixed Fruit	French Toast Graham Applesauce & Milk  Pepperoni Pizza Broccoli Grapes	Crunchmania 100% Juice & Milk Bacon Burger BBQ Beans Diced Pears
8	9	10	11	12
Apple Jacks Cereal 100% Juice & Milk Beefy Bean Toastada Diced Peaches	Muffin Banana & Milk Chicken Strips Sweet Potatoe Tots Apple & Milk	Pop-Tart Fruitocracy & Milk Grilled Cheese Sandwich Green Beans Mixed Fruit	 Veteran's Day	 SCHOOL CLOSED
15	16	17	18	19
Froot Loops Cereal 100% Juice & Milk Chicken Taco Bowl Refried Beans Diced Peaches	Bagel w/Cream Cheese Apple & Milk Brunch for Lunch Sweet Potato Wedges Banana	Strawberry Cereal Bar Fruitocracy & Milk Turkey Deli Sub Carrots & Celery Mixed Fruit	Nutri-Grain Bar Applesauce & Milk  Cheese Pizza Broccoli Grapes	Frosted Flakes Cereal 100% Juice & Milk  Cheeseburger Tator Tots Diced Pears
22	23	24	25	26
Apple Jacks Cereal 100% Juice & Milk Beef Taco Bowl Refried Beans Diced Peaches	Muffin Banana & Milk Chicken Strips Mashed Potatoes Diced Pears	Pop-Tart Fruitocracy & Milk Thanksgiving Feast	 Thanksgiving Break No School	
29	30	1	2	3
Froot Loops Cereal 100% Juice & Milk  Walking Taco Refried Beans Diced Peaches	Bagel w/Cream Cheese Apple & Milk Chicken Nuggets Mashed Potatoes Banana	Cinn Toast Cereal Bar Fruitocracy & Milk  Grilled Cheese Green Beans Mixed Fruit	French Toast Graham Applesauce & Milk Spaghetti & Meatballs Broccoli Grapes	Frosted Flakes Cereal 100% Juice & Milk Chicken Pattie Sandwich Sweet Potato Fries Diced Pears



1% Milk, Fat Free Flavored & Skim available for Breakfast and Lunch
Craisin, Raisins or Dried Apple Crisp will be served with Breakfast.



WE ARE EXPERIENCING LAST MINUTE MENU CHANGES AS A RESULT OF THE
NATIONWIDE FOOD SUPPLY CHAIN ISSUES. MENUS MAY NOT REFLECT THESE
CHANGES AND ARE SUBJECT TO CHANGE AT ANY TIME.
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