






Liberty Traditional School Phoenix



March Menu



1% milk, fat free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
 <p>Mini Donuts Sliced Peaches String Cheese</p> <p>Crispy Fish Sandwich Baked Potato Wedges Raspberry Sidekick</p>	<p>Egg / Cheese Flatbread Golden Bananas Strawberry Yogurt</p> <p>Mandarin Chicken Steamed Broccoli Fresh Grapes</p>	<p>Blueberry Pancakes Fresh Fruit Variety Crispy Bacon</p> <p>Regular or Spicy Chicken Tenders / Roll Baby Carrots /Ranch Gala Rainbow Apples</p>	 <p>Cinnamon Rolls Fuzzy Kiwi Scrambled Eggs</p> <p>Cheese Enchiladas Refried Beans Diced Pears</p>	<p>Biscuits & Gravy Applesauce Sausage Links</p> <p>Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley</p>
10	11	12	13	14
<p>Strawberry Bagel Bar Fruit Cocktail Peach Yogurt</p> <p>Beefy Nacho Supreme Curly Q Potatoes Fresh Fruit Variety</p>	 <p>Breakfast Burrito Fuzzy Kiwi Potato Baby Cakes</p> <p>Beef Stroganoff / Toast Garlic Green Beans Sweet Orange Slices</p>	<p>Blueberry Oatmeal Sliced Pears Scrambled Eggs</p> <p>Cheesy Beef Burger Celery Sticks / Ranch Strawberry Applesauce</p>	 <p>Cinnamon Rolls Sliced Peaches Sausage Links</p> <p>Mini Corn Dogs Baby Carrots / Ranch Golden Bananas</p>	
17	18	19	20	21



24	25	26	27	28
<p>Apple Frudel Sliced Peaches String Cheese</p> <p>Chicken Poppers / Roll Roasted Corn Fresh Grapes</p>	<p>Pancake Sandwich Fuzzy Kiwi Potato Baby Cakes</p> <p>Spaghetti & Meat Sauce Broccoli Bites Sweet Orange Slices</p>	 <p>Sausage Bagels Sliced Pears Scrambled Eggs</p> <p>Regular or Spicy Beef Taco Stick Baby Carrots / Ranch Sliced Apples</p>	<p>Homestyle Waffles Fresh Grapes Crispy Bacon</p> <p>Chicken Posole Refried Beans Melon Medley</p> 	<p>Breakfast Sandwich Golden Bananas Peach Yogurt</p> <p>Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Sliced Strawberries</p>
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 <p>Mini Cinnel Fruit Cocktail Sausage Links</p> <p>Grilled Cheese Vegetable Medley Sweet Orange Slices</p>	  
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Free Breakfast and Lunch for all students!

Friendly Reminder- Liberty Traditional will be providing HOT Breakfast with many additional offerings on the fruit bar in the cafeteria daily!



Meals are FREE for all students - no need to complete a meal application!
This Institution Is An Equal Opportunity Provider



Liberty Traditional School Phoenix

MARCH SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
WG White Cheddar Popcorn 3 100 % Fruit Juice	WG Baked Cheetos 4 100 % Fruit Juice	Cheez-Its 5 Fresh Fruit Variety & Orange Craisins	WG Chocolate Oatmeal Bar 6 100 % Fruit Juice	WG Rice Krispie Treat 7 100 % Fruit Juice
WG Nacho Cheese Doritos 10 100 % Fruit Juice	Fudge Pop-Tart 11 100 % Fruit Juice	No Aftercare Today 12	No Aftercare Today 13	No School Today 14
No School Today 17	No School Today 18	No School Today 19	No School Today 20	No School Today 21
WG Baked BBQ Chips 24 100 % Fruit Juice	WG White Cheddar Popcorn 25 100 % Fruit Juice	Cheez-Its 26 Fresh Fruit Variety & Orange Craisins	WG Baked Cheetos 27 100 % Fruit Juice	WG Chocolate Chip Oatmeal Bar 28 100 % Fruit Juice
WG Graham Crackers & String Cheese 31 100 % Fruit Juice				



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