

Liberty Traditional School Phoenix January Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
Fudge Pop-Tart Fruit Cocktail Scrambled Eggs Chicken Tenders / Roll Sweet Potato Fries Fresh Fruit Variety	Egg/Cheese Flatbread Fuzzy Kiwi Vanilla Yogurt Hot Diggity Dog Crinkle Cut Zucchini Sweet Orange Slices	Blueberry Pancakes Fresh Fruit Mix Hash Brown Patties Cheeseburger BBQ Baked Beans Sliced Pears	Breakfast Sandwich Golden Bananas Peach Yogurt Chicken Alfredo / Roll Steamed Broccoli Cinnamon Applesauce	Cinnamon Rolls Melon Medley Crispy Bacon Stuffed Crust Cheese Or Pepperoni Pizza Curly Q Potatoes Sliced Strawberries
13	14	15	16	17
Mini Donuts Applesauce String Cheese Bean & Cheese Burrito Tater Smiles Sliced Peaches	Pancake On a Stick Fresh Fruit Mix Potato Baby Cakes BBQ Chicken / Roll Carrot Coins Gala Apple Slices	Cinnamon Oatmeal Golden Bananas Cheesy Scrambled Eggs Regular or Spicy Beef Taco Stick Mixed Vegetables Sweet Orange Slices	Breakfast Burrito Sliced Pears Strawberry Yogurt Spaghetti & Meat Sauce Steamed Broccoli Fresh Grapes	French Toast Sticks Cinnamon Apples Sausage Patties Chicken Posole Refried Beans Melon Medley
20	21	22	23	24
	Lemon Chip Crunch Fresh Fruit Mix Vanilla Yogurt Beef Nacho Supreme Cali Blend Veggies Apple Sauce	Sausage Bagels Fuzzy Kiwi Hash Brown Patties Regular or Spicy Chicken Sandwich Baby Carrots / Ranch Sliced Pears	Mini Cinnis Sliced Pears Scrambled Eggs Mandarin Chicken Broccoli Bites Sliced Strawberries	Biscuits / Gravy Apple Slices Sausage Patties Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Fresh Fruit Variety
27	28	29	30	31
Apple Frudel Diced Peaches Sausage Links Porky Mac & Cheese Roasted Corn Golden Bananas	Chorizo Burrito Fresh Grapes Hash Brown Patties Cheese Enchiladas Refried Beans Gala Apple Slices	Blueberry Oatmeal Golden Bananas Scrambled Eggs Bosco Pizza Stick Vegetable Medley Sweet Orange Slices	Breakfast Sandwich Sliced Strawberries Strawberry Yogurt Baked Chicken / Roll Steamed Broccoli Fresh Grapes	Cinnamon Rolls Fuzzy Kiwi Crispy Bacon Chili Bowl / Cornbread Sweet Potato Tots Melon Medley

Free Breakfast and Lunch for all students!

Friendly Reminder - Liberty Traditional will be providing HOT Breakfast with many additional offerings on the fruit bar in the cafeteria daily!

**Meals are FREE for all students - no need to complete a meal application!
This Institution Is An Equal Opportunity Provider**

Liberty Traditional School January Snack Menu

Monday

Tuesday

Wednesday

Thursday

Friday



1

No School Today

2

No School Today

3

No School Today

6

Rainbow Goldfish Crackers

100 % Fruit Juice

7

WG White Cheddar Popcorn

100 % Fruit Juice

8

Cheez-Its
Fresh Fruit Variety &
Orange Craisins

9

WG Baked Cheetos

100 % Fruit Juice

10

WG Rice Krispie Treat

100 % Fruit Juice

13

WG Nacho Cheese Doritos

100 % Fruit Juice

14

WG Blueberry Nutri-Grain Bar

100 % Fruit Juice

15

Chex Mix
Apple Slices &
Raspberry Raisins

16

WG Graham Crackers &
String Cheese

100 % Fruit Juice

17

WG Chocolate Chip Oatmeal Bar

100 % Fruit Juice

20

No School Today

21

Goldfish Pretzel Crackers

100 % Fruit Juice

22

Cheez-Its
Fresh Fruit Variety &
Strawberry Craisins

23

WG White Cheddar Popcorn

100 % Fruit Juice

24

WG Rice Krispie Treat

100 % Fruit Juice

27

WG Graham Crackers &
String Cheese

100 % Fruit Juice

28

WG Nacho Cheese Doritos

100 % Fruit Juice

29

Chex Mix
Apple Slices &
Watermelon Raisins

30

WG Baked Cheetos

100 % Fruit Juice

31

WG Strawberry Nutri-Grain Bar

100 % Fruit Juice

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PAY FOR MEALS ONLINE
MySchoolBucks.com