

Liberty Traditional School Phoenix FEBRUARY MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Mini Donuts Fruit Cocktail Peach Yogurt Popcorn Chicken / Roll BBQ Baked Beans Fresh Fruit Variety	Egg/Cheese Flatbread Fuzzy Kiwi Potato Baby Cakes Cowboy Burger Garlic Green Beans Sweet Orange Slices	Blueberry Pancakes Sliced Peaches Cheese Cubes Boneless Wings / Roll Baby Carrots / Ranch Sweet & Sour Apples	Homestyle Waffles Golden Bananas Scrambled Eggs Chili Cheese Hotdog Steamed Broccoli Cinnamon Applesauce	Biscuits / Gravy Melon Medley Crispy Bacon Stuffed Crust Cheese Or Pepperoni Pizza Roasted Corn Sliced Strawberries
10	11	12	13	14
Cinnamon UBR Sliced Peaches String Cheese Chicken Wings / Roll Crinkle Cut Potatoes Sweet Orange Slices	Breakfast Burrito Fresh Fruit Variety Potato Baby Cakes Bean / Cheese Tostadas Cali Blend Veggies Gala Apple Slices	Cinnamon Oatmeal Golden Bananas Cheesy Scrambled Mini Corn Dogs Baby Carrots / Ranch Cinnamon Applesauce	Breakfast Sandwich Sliced Pears Strawberry Yogurt Teriyaki Chicken Bowl Broccoli Bites Fresh Grapes	Blueberry Muffin Top Fuzzy Kiwi Sausage Patties Rotini & Meat sauce Mixed Salad Greens Strawberry Sidekick
17	18	19	20	21
 BBQ Chicken / Roll Zesty Green Beans Sweet Orange Slices	Cheerios Cereal Bar Fruit Cocktail Cheese Cubes BBQ Chicken / Roll Zesty Green Beans Sweet Orange Slices	Cinnamon Pancakes Fuzzy Kiwi Hash Brown Patties Chicken Sandwich Baby Carrots / Ranch Cinnamon Apple Slices	Sausage Bagels Sliced Pears Scrambled Eggs Chicken Alfredo Steamed Broccoli Melon Medley	Cinnamon Rolls Fresh Grapes Sausage Patties Stuffed Crust Cheese Or Pepperoni Pizza Curly Q Potatoes Sliced Strawberries
24	25	26	27	28
Apple Frudel Sliced Peaches String Cheese Beef & Cheese Totchos Vegetable Medley Sweet Orange Slices	Chorizo Burrito Fresh Grapes Hash Brown Patties Chicken Fried Rice Steamed Broccoli Golden Bananas	French Toast Sticks Sliced Strawberries Sausage Links Regular or Spicy Beef Taco Stick Baby Carrots / Ranch Sweet & Sour Apples	Breakfast Sandwich Cinnamon Applesauce Vanilla Yogurt Chicken Posole Refried Beans Fresh Fruit Variety	Froot Loop Waffles Fresh Grapes Crispy Bacon Crispy Fish Sticks / Roll Mexicali Corn Melon Medley

Free Breakfast and Lunch for all students!

Friendly Reminder - Liberty Traditional will be providing HOT Breakfast with many additional offerings on the fruit bar in the cafeteria daily!

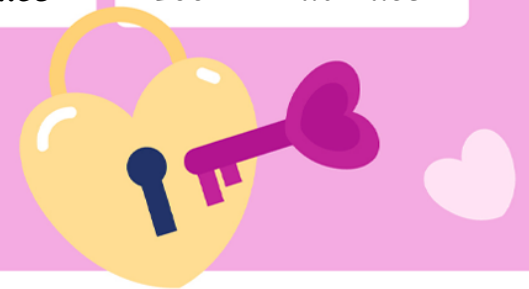
Meals are FREE for all students - no need to complete a meal application!
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LIBERTY TRADITIONAL SCHOOL PHOENIX

February Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
WG White Cheddar Popcorn 3 100 % Fruit Juice	Rainbow Goldfish Crackers 4 100 % Fruit Juice	Cheez-Its 5 Fresh Fruit Variety & Orange Craisins	WG Baked Sun chips 6 100 % Fruit Juice	WG Rice Krispie Treat 7 100 % Fruit Juice
WG Chocolate Chip Oatmeal Bar 10 100 % Fruit Juice	WG Graham Crackers & String Cheese 11 100 % Fruit Juice	Chex Mix 12 Apple Slices & Raspberry Raisins	WG Baked Cheetos 13 100 % Fruit Juice	WG Strawberry Pop-Tart 14 100 % Fruit Juice
No School Today 17	WG Nacho Cheese Doritos 18 100 % Fruit Juice	Cheez-Its 19 Fresh Fruit Variety & Cherry Craisins	WG White Cheddar Popcorn 20 100 % Fruit Juice	WG Rice Krispie Treat 21 100 % Fruit Juice
WG Baked Sun Chips 24 100 % Fruit Juice	WG Baked BBQ Crisps 25 100 % Fruit Juice	Chex Mix 26 Apple Slices & Watermelon Raisins	WG Graham Crackers & String Cheese 27 100 % Fruit Juice	WG Blueberry Nutri-Grain Bar 28 100 % Fruit Juice



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