

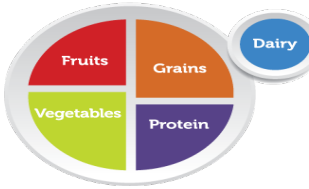
# Liberty Traditional School Phoenix

## September Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch.  
Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
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2	3	4	5	6
	Strawberry Pop-Tart Sliced Pears Cheese Cubes Chicken Corn Dog Breakfast 4 Lunch! Tater Smiles Sweet Orange Slices	Breakfast Burrito Mixed Fruit Crispy Hash Browns Regular or Spicy Beef Taco Stick Garlic Green Beans Cinnamon Applesauce	 Sausage Bagels Sliced Strawberries Peach Yogurt BBQ Pork Sandwich Big Cheese Ravioli Steamed Carrots Fresh Grapes	Double Chocolate Muffin Apple Grins Scrambled Eggs Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
9	10	11	12	13
Cinnamon UBR Sliced Peaches Potato Baby Cakes Chili Cheese Nachos Baked Mozzarella Steamed Broccoli Diced Pears	Apple Frudel Red Apple Slices Crispy Bacon Slices Chicken Eggroll / Rice BBQ Chicken / Roll Zesty Green Beans Golden Bananas	Egg & Cheese Flatbread Cinnamon Applesauce Strawberry Yogurt Cheesy Beef Burger Baby Carrots / Ranch Fresh Grapes	Baked Cinnamon Rolls Fuzzy Kiwi String Cheese Sloppy Joe's Cheese Enchiladas  Mexicali Corn Melon Medley	Mini Donuts Tangy Nectarines Sausage Links Chicken Posole Deli Sub Sandwich Refried Beans Sweet Orange Slices
16	17	18	19	20
 Fudge Pop-Tart Mixed Fruit Scrambled Eggs Walking Taco Breakfast for Lunch! Baked Potato Wedges Sliced Peaches	Pancake Sandwich Fresh Grapes Vanilla Yogurt Mandarin Chicken Bowl Grilled Cheese Broccoli Bites Sweet Orange Slices	Breakfast Pizza Purple Plums Crispy Hash Browns Regular or Spicy Boneless Wings Baby Carrots / Ranch Cinnamon Applesauce	Mini Cinni's Sliced Strawberries Crispy Bacon Slices Spaghetti/ Meat Sauce Teriyaki Burger BBQ Baked Beans Fresh Grapes	Breakfast Burrito Apple Grins Strawberry Go-Gurt Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
23	24	25	26	27
Cinnamon Toast Bar Diced Pears Potato Baby Cakes Rib-BQ Sandwich Chicken Poppers / Roll Baby Bakers Fruit Cocktail	Homestyle Pancakes Green Apple Slices Crispy Bacon Slices Porky Mac & Cheese Baked Chicken / Roll Garlic Green Beans Golden Bananas	Egg & Cheese Flatbread Applesauce Peach Yogurt  Bosco Pizza Stick Baby Carrots / Ranch Fresh Grapes	French Toast Sticks Fuzzy Kiwi Sausage Links Chicken Chow Mein Crispy Clucker Steamed Broccoli Sweet Orange Slices	Mini Donuts Golden Bananas String Cheese Italian Meatball Sub Beef Soft Taco  Refried Beans Delicious Pears
30	<h1>Free Breakfast and Lunch for all students!</h1>  			
Lemon Chip Crunch Bar Mixed Fruit Scrambled Eggs Beefy Nacho Supreme Soft Pretzel w/Cheese Sweet Corn Nibletts Sliced Peaches				

Lemon Chip Crunch Bar  
 Mixed Fruit  
 Scrambled Eggs  
 Beefy Nacho Supreme  
 Soft Pretzel w/Cheese  
 Sweet Corn Nibletts  
 Sliced Peaches

# Free Breakfast and Lunch for all students!



Meals are FREE for all students - no need to complete a meal application!  
 This Institution Is An Equal Opportunity Provider



# Liberty Traditional School

## September Snack Menu



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

2

No School Today

3

WG Cinnamon  
Roll Crackers

100 % Fruit Juice

4

CheX Mix  
  
Apple Slices  
&  
Cherry Craisins

5

WG Graham  
Crackers &  
String Cheese

100 % Fruit Juice

6

Rainbow  
Goldfish  
Crackers

100 % Fruit Juice

9

WG White  
Cheddar  
Popcorn

100 % Fruit Juice

10

WG Baked  
Cheetos

100 % Fruit Juice

11

Cheez – Its  
  
Orange Slices  
&  
Lemonade Craisins

12

WG Chocolate  
Chip Oatmeal  
Bar

100 % Fruit Juice

13

WG Rice  
Krispie  
Treat

100 % Fruit Juice

16

WG Nacho  
Cheese  
Doritos

100 % Fruit Juice

17

WG Graham  
Crackers &  
String Cheese

100 % Fruit Juice

18

CheX Mix  
  
Apple Slices  
&  
Strawberry Craisins

19

WG Cinnamon  
Roll Crackers

100 % Fruit Juice

20

WG Cheddar  
Sun Chips

100 % Fruit Juice

23

Pretzel  
Goldfish  
Crackers

100 % Fruit Juice

24

WG White  
Cheddar  
Popcorn

100 % Fruit Juice

25

Cheez – Its  
  
Orange Slices  
&  
Watermelon Craisins

26

WG Baked  
Cheetos

100 % Fruit Juice

27

WG Rice  
Krispie  
Treat

100 % Fruit Juice

30

WG Chocolate  
Chip Oatmeal  
Bar

100 % Fruit Juice



[Enter Additional Info]

MY  
SCHOOL  
BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com