

Liberty Traditional School

Phoenix

MARCH MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
				1
Paid Lunch Price - \$2.85 Reduced Price Lunch - NO CHARGE! Breakfast is FREE for all!		 		 <i>Mini Donuts</i> <i>Sweet & Sour Apples</i> <i>Blueberry Yogurt</i> Stuffed-Crust Cheese Or Pepperoni Pizza Steamed Broccoli Mixed Berries
4	5	6	7	8
 <i>Homestyle Pancakes</i> <i>100% Fruit Juice</i> <i>Cheese Cubes</i> Beefy Nacho Supreme! Crispy Chicken Tenders Refried Beans Mixed Fruit	 <i>Breakfast Pizza</i> <i>Fresh Grapes</i> <i>Peach Yogurt</i> BBQ Pork Sandwich Beef Soft Taco Garlic Green Beans Sweet Orange Slices	 <i>Cinnamon Oatmeal</i> <i>Fresh Fruit Variety</i> <i>Sausage Links</i> Regular or Spicy Chicken Sandwich Baby Carrots & Ranch Sweet & Sour Apples	 <i>Mini Cinnis</i> <i>Applesauce</i> <i>Potato Baby Cakes</i> Deli Sub Sandwich Chicken Alfredo & Toast Zucchini Slices Golden Bananas	
11	12	13	14	15
				
18	19	20	21	22
<i>Lemon Chip Crunch</i> <i>100% Fruit Juice</i> <i>Scrambled Eggs</i> Baked Mozzarella BBQ Chicken & Roll Baked Potato Wedges Sliced Peaches	 <i>Homestyle Waffles</i> <i>Sweet Strawberries</i> <i>Crispy Bacon Slices</i> Sloppy Joes Chili Cheese Hot Dog Mixed Vegetables Sweet Orange Slices	 <i>Biscuits & Gravy</i> <i>Fuzzy Kiwis</i> <i>Sausage Links</i> Cheesy Beef Burger Baby Carrots & Ranch Mixed Berry Fruit Cup	 <i>Pancake Sandwich</i> <i>Applesauce</i> <i>Strawberry Go-Gurt</i> Beef Taco Stick Celery Sticks / Ranch Sweet & Sour Apples	 <i>Baked Cinnamon Rolls</i> <i>Red Delicious Apple</i> <i>Hash Brown Patties</i> Stuffed-Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Fresh Grapes
25	26	27	28	29
<i>French Toast Sticks</i> <i>100% Fruit Juice</i> <i>Cheese Cubes</i> Mini Corn Dogs Bosco Pepperoni Stick Baked Potato Wedges Diced Pears	 <i>Breakfast Burrito</i> <i>Fresh Grapes</i> <i>Potato Baby Cakes</i> Deli Sub Sandwich Spaghetti & Meat Sauce Zesty Green Beans Golden Bananas	 <i>Breakfast Pizza</i> <i>Fresh Fruit Variety</i> <i>Vanilla Yogurt</i> Regular or Spicy Boneless Wings /Roll Baby Carrots & Ranch Red Delicious Apples	 <i>Sweet Pancake Poffitz</i> <i>Applesauce</i> <i>Sausage Links</i> Mandarin Chicken Bowl Cowboy Burger w/Cheese Broccoli Bites Sweet Orange Slices	
				
<p>Apply For FREE or REDUCED Lunches at www.Myschoolapps.com</p> <p>This Institution Is An Equal Opportunity Provider - This Menu Is Subject To Change</p>				

Liberty Traditional School

March Snack Menu

Monday



Baked
BBQ Crisps

4

100 % Fruit Juice

Tuesday

WG Graham
Crackers &
String Cheese

5

100 % Fruit Juice

Wednesday

CheX Mix

Apple Slices
&
Cherry Craisins

6

Thursday

WG Cinnamon
Roll Crackers

7

100 % Fruit Juice

Friday

Rainbow
Goldfish
Crackers

1

100 % Fruit Juice

No After-Care
Today

8

No School Today

11

No School Today

12

No School Today

13

No School Today

14

No School Today

15

WG Baked
Cheetos

18

100 % Fruit Juice

WG Nacho
Cheese
Doritos

19

100 % Fruit Juice

Cheez-Its

Apple Slices
&
Cherry Craisins

20

WG White
Cheddar
Popcorn

21

100 % Fruit Juice

Baked
BBQ Crisps

22

100 % Fruit Juice

Pretzel
Goldfish
Crackers

25

100 % Fruit Juice

WG Graham
Crackers &
String Cheese

26

100 % Fruit Juice

CheX Mix

Apple Slices
&
Cherry Craisins

27

Munchie Mix

28

100 % Fruit Juice

No School Today

29

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