

Liberty Traditional School Phoenix February Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Paid Lunch Price - \$2.85 Reduced Price Lunch - NO CHARGE! Breakfast is FREE for all!</p>  			 <p>1 Breakfast Pizza Fuzzy Kiwi Peach Yogurt Beef Quesadilla Alfredo / Breadstick BBQ Baked Beans Fresh Grapes</p>	 <p>2 Mini Donuts Sweet & Sour Apples Crispy Hash Browns Loaded TOTCHOS! Sea Shapes Nuggets Roasted Corn Mixed Berries</p>
 <p>5 Homestyle Pancakes 100% Fruit Juice Cheese Cubes Crispy Chicken Tenders Breakfast 4 Lunch! Baked Potato Wedges Mixed Fruit</p>	 <p>6 Coco Dot Muffin Fresh Grapes Potato Baby Cakes BBQ Pork Sandwich Beef Soft Taco Steamed Broccoli Sweet Strawberries</p>	 <p>7 Biscuits & Gravy Fresh Fruit Variety Crispy Bacon Regular or Spicy Chicken Sandwich Carrot Sticks & Ranch Sweet Orange Slices</p>	 <p>8 French Toast Sticks Melon Medley Sausage Links Chicken Tater Bowl Grilled Cheese Sweet Potato Fries Gala Apple Slices</p>	<p>9 Breakfast Bagels Red Delicious Apples Strawberry Go-Gurt Stuffed Crust Cheese Or Pepperoni Pizza BBQ Baked Beans Sliced Peaches</p>
 <p>12 Cinnamon UBR 100% Fruit Juice Scrambled Eggs Boneless Wings /Roll Macaroni & Cheese Roasted Corn Sliced Peaches</p>	 <p>13 Biscuits & Gravy Fresh Fruit Variety Sausage Links Beefy Spaghetti Baked Mozzarella Garlic Green Beans Sweet Orange Slices</p>	 <p>14 Cinnamon Oatmeal Mixed Fruit Crispy Hash Browns Cheesy Beef Burger Carrot Sticks & Ranch Apple Slices</p>	 <p>15 Breakfast Burrito Apple Slices Strawberry Yogurt Mandarin Chicken Hot Diggity Dog Broccoli Bites Fresh Grapes</p>	 <p>16 Scrambled Eggs Sweet Strawberries English Muffin / Bacon Chicken Posole Crispy Filet O' Fish Fiesta Beans Mango Chunks</p>
 <p>HAPPY PRESIDENTS DAY</p>	 <p>20 Blueberry Muffin Top 100% Fruit Juice Cheese Cubes Stuffed Crust Cheese Or Pepperoni Pizza Roasted Corn Mixed Fruit</p>	 <p>21 Pancake Sandwich Diced Pears Potato Baby Cakes Regular or Spicy Beef Taco Stick Carrot Sticks & Ranch Sweet Orange Slices</p>	 <p>22 Breakfast Pizza Fresh Fruit Variety Vanilla Yogurt BBQ Chicken / Roll Cheesy Taco Pasta Sweet Potato Tots Cinnamon Apple Slices</p>	 <p>23 Banana Bread Sweet & Sour Apples Strawberry Go-Gurt Cheese Quesadilla Chili Bowl & Cornbread Refried Beans Fresh Grapes</p>
<p>26 French Toast Sticks 100% Fruit Juice Scrambled Eggs Corn Dog on a Stick Soft Pretzel & Cheese Curly-Q Potatoes Diced Pears</p>	 <p>27 Sweet Pancake Poffitz Fresh Grapes Crispy Bacon Bean & Cheese Chalupa Beef Soft Taco Garlic Green Beans Sweet Strawberries</p>	 <p>28 Egg & Cheese Flatbread Mixed Fruit Sausage Links Bosco Pepperoni Stick Carrot Sticks & Ranch Sliced Peaches</p>	 <p>29 Cinnamon Rolls Fuzzy Kiwi Peach Yogurt Baked Chicken Drum Cheesy Beef Burger BBQ Baked Beans Sweet Orange Slices</p>	

February Food Celebrations !

February 2nd - National Tater Tot Day
February 9th - National Bagel Day
February 13th - National Italian Food Day
February 21st - National Pancake Day
February 23rd - National Chili Day

February 8th - National Potato-Lovers Day!
February 9th - National Pizza Day
February 20th - National Muffin Day
February 22nd - National Sweet Potato Day
February 27th - National Strawberry Day

Apply For FREE or REDUCED Lunches - Applications Available in the Front Office
This Institution Is An Equal Opportunity Provider - This Menu Is Subject To Change

LIBERTY TRADITIONAL SCHOOL

FEBRUARY SNACK MENU

Monday



5
Pretzel
Goldfish
Crackers

100 % Fruit Juice

12
WG White
Cheddar
Popcorn

100 % Fruit Juice

19
No School Today

26
WG Nacho
Cheese
Doritos

100 % Fruit Juice

Tuesday



6
WG Graham
Crackers &
String Cheese

100 % Fruit Juice

13
WG Nacho
Cheese
Doritos

100 % Fruit Juice

20
WG Graham
Crackers &
String Cheese

100 % Fruit Juice

27
WG Cinnamon
Roll Crackers

100 % Fruit Juice

Wednesday



7
Chex Mix

Apple Slices
&
Cherry Craisins

14
Cheez-Its

Apple Slices
&
Cherry Craisins

21
Chex Mix

Apple Slices
&
Cherry Craisins

28
Cheez-Its

Apple Slices
&
Cherry Craisins

Thursday

1
WG White
Cheddar
Popcorn

100 % Fruit Juice

8
Baked
BBQ Crisps

100 % Fruit Juice

15
Rainbow
Goldfish
Crackers

100 % Fruit Juice

22
WG White
Cheddar
Popcorn

100 % Fruit Juice

29
WG Baked
Hot Cheetos

100 % Fruit Juice

Friday

2
WG Rice
Krispie
Treat

100 % Fruit Juice

9
WG Cinnamon
Roll Crackers

100 % Fruit Juice

16
WG Baked
Hot Cheetos

100 % Fruit Juice

23
WG Rice
Krispie
Treat

100 % Fruit Juice



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