## Liberty Traditional School Phoenix DECEMBER MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

DECEMBER MENO				
Monday	Tuesday	Wednesday	Thursday	Friday
				1
Paid Lunch Price - \$2.85 Reduced Price Lunch - NO CHARGE! Breakfast is FREE for all!				Apple Frudel Fresh Grapes Crispy Hash Browns Walking Taco Chili & Cornbread Sweet Strawberries Fiesta Bean Medley
4	5	6	7	<i>№</i> 8
Lemon Chip Crunch	Breakfast Burrito	Pancake Sandwich	Homestyle Waffles	Mini Donuts
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Fresh Fruit Variety	Applesauce	Fresh Grapes	Fuzzy Kiwis	Sweet & Sour Apples
Cheese Cubes French Bread Pizza	Potato Baby Cakes	Peach Yogurt	Crispy Bacon	Scrambled Eggs
	BBQ Pulled Pork	D D	Porky Mac & Cheese	Chicken Posole
Chicken Nuggets / Roll	Beefy Penne Pasta /Roll	Bosco Pepperoni Stick	Italian Meatball Sub	Baked Fish Sticks / Roll
Curly Q Potatoes	Steamed Broccoli	Garlic Green Beans	Carrot Sticks / Ranch	Refried Beans
Fruit Cocktail	Golden Bananas	Sweet Orange Slices	Apple Slices	Melon Medley
11	<u>#</u> 12	13	14	15
Strawberry Pop-Tart	Mini Pancakes	Biscuits & Gravy	French Toast Sticks	Breakfast Pizza
Mixed Berries	Fresh Fruit Variety	Fresh Grapes	Melon Medley	Rainbow Gala Apple
Vanilla Yogurt	Scrambled Eggs	Sausage Links	Crispy Hash Browns	Strawberry Go-Gurt
Baked Mozzarella	Teriyaki Chicken Bowl	Regular or Spicy	Sloppy Joes	Pork Carnitas
Corn Dog on a Stick	Hot Ham & Cheese Bun	Beef Taco Stick	Chicken Alfredo / Roll	Grilled Cheese
Tater Tots	Steamed Zucchini Slices	Broccoli Bites	Sweet Potato Fries	Fiesta Bean Medley
Diced Pears	Mixed Berries	Melon Medley	Golden Bananas	Sweet Strawberries
10				
18	<b>2</b> 19	20	21	22
	19 Cinnamon Rolls			22
Blueberry Waffles Fresh Fruit Variety	V V	20 Egg & Bacon Flatbread Fresh Grapes		. 4
Blueberry Waffles	Cinnamon Rolls	Egg & Bacon Flatbread	Breakfast Bites	* * * * * * * *
Blueberry Waffles Fresh Fruit Variety	Cinnamon Rolls Applesauce	Egg & Bacon Flatbread Fresh Grapes	Breakfast Bites Fuzzy Kiwis	* Hoppy
Blueberry Waffles Fresh Fruit Variety String Cheese	Cinnamon Rolls Applesauce Sausage Links	Egg & Bacon Flatbread Fresh Grapes Peach Yogurt	Breakfast Bites Fuzzy Kiwis	* Hoppy
Blueberry Waffles Fresh Fruit Variety String Cheese Stuffed Crust Cheese	Cinnamon Rolls Applesauce Sausage Links Chicken Nacho Supreme	Egg & Bacon Flatbread Fresh Grapes Peach Yogurt <b>Regular or Spic</b> y	Breakfast Bites Fuzzy Kiwis Scrambled Eggs	* * * * * * * *
Blueberry Waffles Fresh Fruit Variety String Cheese Stuffed Crust Cheese Or Pepperoni Pizza	Cinnamon Rolls Applesauce Sausage Links Chicken Nacho Supreme Deli Sub Sandwich	Egg & Bacon Flatbread Fresh Grapes Peach Yogurt Regular or Spicy Chicken Sandwich	Breakfast Bites Fuzzy Kiwis Scrambled Eggs Soft Pretzel & Cheese	* Hoppy
Blueberry Waffles Fresh Fruit Variety String Cheese Stuffed Crust Cheese Or Pepperoni Pizza Baby Baker Taters	Cinnamon Rolls Applesauce Sausage Links Chicken Nacho Supreme Deli Sub Sandwich Zesty Green Beans	Egg & Bacon Flatbread Fresh Grapes Peach Yogurt Regular or Spicy Chicken Sandwich Broccoli Bites	Breakfast Bites Fuzzy Kiwis Scrambled Eggs  Soft Pretzel & Cheese BBQ Baked Beans	* Hoppy
Blueberry Waffles Fresh Fruit Variety String Cheese Stuffed Crust Cheese Or Pepperoni Pizza Baby Baker Taters Sliced Peaches	Cinnamon Rolls Applesauce Sausage Links Chicken Nacho Supreme Deli Sub Sandwich Zesty Green Beans	Egg & Bacon Flatbread Fresh Grapes Peach Yogurt Regular or Spicy Chicken Sandwich Broccoli Bites Sweet Orange Slices	Breakfast Bites Fuzzy Kiwis Scrambled Eggs Soft Pretzel & Cheese BBQ Baked Beans Cinnamon Apple Slices	Hoppy Winter Break!
Blueberry Waffles Fresh Fruit Variety String Cheese Stuffed Crust Cheese Or Pepperoni Pizza Baby Baker Taters Sliced Peaches	Cinnamon Rolls Applesauce Sausage Links Chicken Nacho Supreme Deli Sub Sandwich Zesty Green Beans Melon Medley	Egg & Bacon Flatbread Fresh Grapes Peach Yogurt Regular or Spicy Chicken Sandwich Broccoli Bites Sweet Orange Slices	Breakfast Bites Fuzzy Kiwis Scrambled Eggs Soft Pretzel & Cheese BBQ Baked Beans Cinnamon Apple Slices	Hoppy Winter Break!

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## DECEMBER SNACK MENU Thursday Monday Friday Tuesday Wednesday Pretzel 1 Goldfish Crackers 100 % Fruit Juice Baked Chex Mix WG Rice WG Graham 7 WG Apple 8 4 6 **BBQ Crisps** Crackers & Krispie Nutri-Grain Bar String Cheese Apple Slices Treat 100 % Fruit Juice 100 % Fruit Juice **Cherry Craisins** 100 % Fruit Juice 100 % Fruit Juice WG Baked Cheez-Its 13 WG White WG Cherry $\Pi$ 12 15 14 WG Honey Apple Crunch Hot Cheetos Cheddar **Bun Crackers** Apple Slices **Popcorn** 100 % Fruit Juice **Cherry Craisins** 100 % Fruit Juice 100 % Fruit Juice 100 % Fruit Juice WG Munchie WG Graham Chex Mix WG Rice 18 19 20 21 22 Crackers & Krispie Mix No School Today Apple Slices String Cheese Treat **Cherry Craisins** 100 % Fruit Juice 100 % Fruit Juice 100 % Fruit Juice 29 25 26 27 28 No School Today No School Today No School Today No School Today No School Today



LIBERTY TRADITIONAL SCHOOL