

# Liberty Traditional School Phoenix Campus SEPTEMBER MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
1				
<p><b>Paid Lunch Price - \$2.85</b> <b>Reduced Price Lunch - NO CHARGE!</b> <b>Breakfast is FREE for all!</b></p>				
2				
3				
4				
<p><b>HAPPY LABOR DAY</b></p>	<p>Fudge Pop-Tart Applesauce String Cheese Mozz Sticks/ Marinara Hot Diggity Dog Sweet Potato Fries Golden Bananas</p>	<p>Breakfast Burrito Fresh Grapes Potato Baby Cakes Beef / Cheese Calzone Celery Sticks /Ranch Cinnamon Apples</p>	<p>Cinnamon Rolls Fuzzy Kiwis Sausage Links BBQ Pulled Pork Taco Pasta Steamed Zucchini Mixed Berries</p>	<p>Breakfast Bites Golden Apple Slices Crispy Bacon Cheese Enchiladas Beef Soft Taco Refried Beans Melon Medley</p>
5				
6				
7				
8				
9				
10				
11				
<p>Sweet Honey Bun 100% Fruit Juice Strawberry Go-Gurt Stuffed Crust Cheese Or Pepperoni Pizza Curly Q Potatoes Sliced Peaches</p>	<p>Breakfast Pizza Sweet Orange Slices Cheese Cubes Mandarin Chicken Beef Taco Stick Broccoli Bites Fresh Grapes</p>	<p>Apple Churro Fresh Fruit Mixture Hash Brown Patties Regular or Spicy Chicken Sandwich Baby Carrot Sticks Mixed Berries</p>	<p>French Toast Sticks Mixed Berries Sausage Links Porky Mac &amp; Cheese BBQ Chicken /Roll Mixed Vegetables Sweet Orange Slices</p>	<p>Belgian Waffles Cinnamon Apple Slices Scrambled Eggs Chicken Posole Deli Sub Sandwich Cheesy Refried Beans Purple Plums</p>
12				
13				
14				
15				
16				
17				
18				
<p>Mini Donuts 100% Fruit Juice Peach Yogurt Cheeseburger Corn Dog on a Stick Sweet Cross Tracks Fruit Cocktail</p>	<p>Mini Pancakes Diced Pears Potato Baby Cakes Beefy Nacho Supreme Spaghetti &amp; Meatballs Broccoli Bites Sweet Orange Slices</p>	<p>Biscuits / Gravy Fresh Grapes Crispy Bacon Pepperoni Bosco Stick Celery Sticks /Ranch Sour Cherry Sidekick</p>	<p>Coco Dot Muffin Fuzzy Kiwis String Cheese Sloppy Joe Green Chili Tamales Fiesta Bean Medley Delicious Pears</p>	<p>Egg / Sausage Bagel Golden Apple Slices Sausage Links Filet O' Fish Sandwich Cheese Quesadilla Baby Baker Taters Melon Medley</p>
19				
20				
21				
22				
23				
24				
25				
<p>Blueberry Muffin Top 100% Fruit Juice Strawberry Go-Gurt Stuffed Crust Cheese Or Pepperoni Pizza Roasted Corn Fresh Grapes</p>	<p>Egg &amp; Bacon Flatbread Applesauce Hash Brown Patties Walking Taco Popcorn Chicken / Roll Green Beans Mixed Berries</p>	<p>Cinnamon Oatmeal Fresh Fruit Mixture Cheese Cubes Boneless Wings / Roll Baby Carrot Sticks Cinnamon Apple Slices</p>	<p>Super Banana Bread Mixed Berries Sausage Links Beef Penne Pasta /Roll Bean / Cheese Chalupa Broccoli Bites Melon Medley</p>	<p>Pancake Sandwich Cinnamon Apple Slices Scrambled Eggs Baked Chicken / Roll Soft Pretzel w/Cheese BBQ Baked Beans Golden Bananas</p>

## September Reminders:



Please complete a new meal application for SY 23-24. Student meal eligibilities will expire on **September 11th** with out a new application for this school year!

Apply For FREE or REDUCED Lunches - Applications Available in the Front Office  
This Institution Is An Equal Opportunity Provider

# Liberty Traditional Phoenix Snack Menu

September 2023

Monday

Tuesday

Wednesday

Thursday

Friday



1  
No School Today

4

No School Today

5

WG Baked  
Cheeto

100 % Fruit Juice

6

Strawberry  
Nutri-Grain Bar

100 % Fruit Juice

7

WG Munchie  
Mix

100 % Fruit Juice

8

Scooby Doo  
Grahams / Cheese Cubes

100 % Fruit Juice

11

Rainbow  
Goldfish Crackers

100 % Fruit Juice

12

Banana Muffin

100 % Fruit Juice

13

WG Nacho  
Cheese Doritos

100 % Fruit Juice

14

WG Cheddar  
Chex Mix

100 % Fruit Juice

15

WG  
Chat Snacks

100 % Fruit Juice

18

WG Rice Krispie  
Treat

100 % Fruit Juice

19

WG Cheez -Its

100 % Fruit Juice

20

WG White  
Cheddar Popcorn

100 % Fruit Juice

21

WG Cinnamon  
Bun Crackers

100 % Fruit Juice

22

WG Baked  
Cheeto

100 % Fruit Juice

25

WG Nacho  
Cheese Doritos

100 % Fruit Juice

26

Blueberry  
Nutri-Grain Bar

100 % Fruit Juice

27

Cinnamon Gripz &  
Cheese Cubes

100 % Fruit Juice

28

WG Munchie  
Mix

100 % Fruit Juice

29

WG Fudge  
Pop-Tart

100 % Fruit Juice

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