

# Liberty Traditional School Phoenix Campus

## November Menu



1% milk, fat free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
	 Mini Donuts Mixed Fruit Yogurt Variety <b>Chicken Quesadilla</b> <b>Lasagna Roll Up</b> <b>Fiesta Beans</b> <b>Melon Medley</b>	 Pancakes Cinnamon Apple Slices Sausage Links <b>Beef Taco Stick</b> <b>Diced Carrots</b> <b>Fresh Grapes</b>	Breakfast Burrito 100% Fruit Juice Hash Brown Patty <b>BBQ Chicken Legs</b> <b>Cheese Burger</b> <b>Baked Potato Wedges</b> <b>Sweet Orange Slices</b>	 Raspberry Churros Diced Peaches Cheesy Scrambled Eggs <b>Sea-Shape Nuggets</b> <b>Chicken Alfredo</b> <b>Steamed Broccoli</b> <b>Mixed Berries</b>
 Super Donut 100% Fruit Juice String Cheese <b>Breakfast 4 Lunch!</b> <b>Chicken Tenders</b> <b>Vegetable Medley</b> <b>Sliced Pears</b>	Baked Ham & Cheese Applesauce Scrambled Eggs <b>Crunchy Beef Tacos</b> <b>Chicken Tater Bowl</b> <b>Steamed Broccoli</b> <b>Sweet Orange Slices</b>	 Cinnamon Rolls Fresh Grapes Sausage Links <b>Grilled Cheese</b> <b>Sweet Potato Fries</b> <b>Melon Medley</b>	Breakfast Pizza 100% Fruit Juice Yogurt Variety <b>Italian Meatball Sub</b> <b>Chili &amp; Cornbread</b> <b>Roasted Corn</b> <b>Apple Slices</b>	 <b>THANK YOU</b>
Cinnamon UBR 100% Fruit Juice String Cheese <b>Cheese Or Pepperoni Pizza</b> <b>Baked Potato Wedges</b> <b>Peach Slices</b>	 Breakfast Sandwich Mixed Fruit Yogurt Variety <b>Nacho Supreme</b> <b>Mandarin Chicken Bowl</b> <b>Refried Beans</b> <b>Cinnamon Apples</b>	French Toast Sticks Gala Apple Grins Sausage Links <b>Corn Dog on a Stick</b> <b>Diced Carrots</b> <b>Mixed Berries</b>	 Biscuits & Gravy 100% Fruit Juice Crispy Bacon <b>Boneless Wings</b> <b>Carrot Sticks / Ranch</b> <b>Mixed Fruit Cup</b>	Belgian Waffles Red Delicious Apple Hash Brown Patty  <b>Thanksgiving FEAST!!!</b>
				
Blueberry Muffin 100% Fruit Juice Potato Baby Cakes <b>Cheese Or Pepperoni Pizza</b> <b>Mixed Vegetables</b> <b>Sliced Pears</b>	 Sausage Bagels Mixed Fruit Yogurt Variety <b>Beefy Mac &amp; Cheese</b> <b>Oven Baked Chicken</b> <b>Steamed Broccoli</b> <b>Mixed Berries</b>	 Apple Churros Fresh Grapes Crispy Bacon <b>Hot Diggity Dog</b> <b>Carrot Sticks / Ranch</b> <b>Melon Medley</b>		

**Paid Lunch Price - \$2.85**  
**Reduced Price Lunch -\$0.40**  
**Breakfast is FREE for all!**

**This Institution Is An Equal Opportunity Provider**

**\*\* We Are Experiencing Supply Chain Disruptions\*\***  
**This Menu Is Subject To Change**

# NOVEMBER SNACK MENU 2022

## Liberty Traditional School Phoenix

Monday

Tuesday

Wednesday

Thursday

Friday

HAPPY  
THANKSGIVING

WG Nacho Cheese  
Doritos **7**  
100 % Fruit Juice

Blueberry  
Muffin **14**  
100 % Fruit Juice

**21**  
No School Today

WG Nacho Cheese  
Doritos **28**  
100 % Fruit Juice

WG Baked  
Cheetos **1**  
100 % Fruit Juice

WG Hartzel  
Pretzels **8**  
100 % Fruit Juice

Cheddar  
Goldfish Crackers **15**  
100 % Fruit Juice

**22**  
No School Today

WG Baked  
Cheetos **29**  
100 % Fruit Juice

Graham Crackers  
String Cheese **2**  
100 % Fruit Juice

WG Cheddar  
Chex Mix **9**  
100 % Fruit Juice

WG Cheddar  
Chex Mix **16**  
100 % Fruit Juice

**23**  
No School Today

Banana Muffin **30**  
100 % Fruit Juice

WG Baked  
Funyuns **3**  
100 % Fruit Juice

Strawberry  
Nutri-Grain Bar **10**  
100 % Fruit Juice

Graham Crackers  
String Cheese **17**  
100 % Fruit Juice

**24**  
No School Today

WG Chocolate  
Chex Mix **4**  
100 % Fruit Juice

**11**  
No School Today

WG Baked  
Cheetos **18**  
100 % Fruit Juice

**25**  
No School Today

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