

Liberty Traditional School August Menu



1% milk, fat free flavored & skim milk are available for breakfast and lunch. A variety of cereal, cereal bars, and fresh fruit items on our salad bar will be available daily in addition to menu items!

Monday	Tuesday	Wednesday	Thursday	Friday
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Welcome Back!

Meet Your

TEACHERS

Open House From - 4:00 pm - 6:00 pm ! Don't forget to apply for FREE or Reduced priced lunches!

1	2	3	4	5
Coco Puffs Cereal Bar Apple Sauce Crispy Bacon Strips Chicken Tenders/Roll Vegetable Medley Fruit Cocktail	Cherry Frudel Sweet Orange Slices Potato Baby Cakes Cheesy Enchiladas Steamed Broccoli Fresh Strawberries	French Toast Sticks Red Grapes Cheesy Scrambled Eggs Grilled Cheese Carrot Coins Melon Medley	Mini Donuts Dice Peaches String Cheese Chicken Quesadilla Roasted Corn Mixed Berries	Breakfast Pizza Apple Slices Yogurt variety Nacho Supreme BBQ Baked Beans Sweet Orange Slices

8	9	10	11	12
Lemon Chip Crunch Fruit Cocktail Sausage Links Pepperoni Pizza Mexicali Corn Peach Slices	Breakfast Burrito Mixed Berries String Cheese Beef Soft Taco Refried Beans Apple Slices	Glazed Breakfast Bites Red Grapes Crispy Bacon Taco Stick Carrot Sticks / Ranch Mixed Berries	Super Donut Apple Slices Cheesy Scrambled Eggs Spaghetti & Meatballs Green Beans Sweet Orange Slices	Egg & Cheese Wrap Diced Pears Potato Baby Cakes Crispy Fish Sticks Steamed Broccoli Fuzzy Peaches

15	16	17	18	19
Strawberry Pop -Tart Sliced Peaches Yogurt variety Bean / Cheese Burrito Curly Q Potatoes Sliced Pears	Apple Cinnamon Loaf Red Grapes Sausage Links Baked Chicken Drum Mixed Vegetables Fresh Strawberries	French Toast Sticks Mixed Berries Hash Brown Patty Baked Mozzarella Steamed Broccoli Mixed Fruit Cup	Co Co Dot Muffin Apple Slices String Cheese Sloppy Joes Carrot Coins Mixed Berries	Breakfast Pizza Melon Medley Scrambled Eggs Beefy Goulash/Roll BBQ Baked Beans Sweet Orange Slices

22	23	24	25	26
Trix Cereal Bar Diced Pears Potato Baby Cakes Pepperoni Pizza Green Beans Fruit Cocktail	Apple Frudel Sweet Orange Slices Cheesy Scrambled Eggs Orange Chicken Bowl Refried Beans Apple Slices	Breakfast Burrito Golden Apple Grins Yogurt Variety Cheeseburger Carrot Sticks / Ranch Mixed Berries	Banana Muffin Fresh Strawberries Sausage Links Philly Cheese Sandwich Steamed Broccoli Melon Medley	Egg & Cheese Wrap Red Grapes Crispy Bacon Crispy Fish Sticks Roasted Corn Niblets Fuzzy Peaches

29	30	31	
Cherry Apple Crunch Fruit Cocktail Sausage Links Breakfast 4 Lunch! Potato Wedges Peach Slices	Cinnamon Pancakes Apple Sauce Hash Brown Patty Crispy Clucker BBQ Baked Beans Fresh Strawberries	Mini Cinni's Mixed Berries String Cheese French Bread Pizza Celery Sticks / Ranch Sweet Orange Slices	<p> Paid Lunch Price - \$2.85 Reduced Lunch Price - \$0.40 Breakfast is FREE for all ! </p>

This Institution Is An Equal Opportunity Provider

WE ARE EXPERIENCING SUPPLY CHAIN ISSUES - THIS MENU IS SUBJECT TO CHANGE



AUGUST SNACK MENU 2022

Liberty Traditional School

Monday

WG Cheddar
Chex Mix **1**

100 % Fruit Juice

WG Cheez-Its **8**

100 % Fruit Juice

WG Nacho Cheese
Doritos **15**

100 % Fruit Juice

Cinnamon Elf
Grahams **22**

100 % Fruit Juice

WG Goldfish
Pretzels **29**

100 % Fruit Juice

Tuesday

WG Goldfish
Pretzels **2**

100 % Fruit Juice

Graham Crackers
String Cheese **9**

100 % Fruit Juice

Strawberry
Nutri-Grain Bar **16**

100 % Fruit Juice

Cheddar
Goldfish Crackers **23**

100 % Fruit Juice

WG Strawberry
Chex Mix **30**

100 % Fruit Juice

Wednesday

Apple Cinnamon
Nutri-Grain Bar **3**

100 % Fruit Juice

WG Baked
Funyuns **10**

100 % Fruit Juice

WG Hartzel
Pretzels **17**

100 % Fruit Juice

WG Baked
Funyuns **24**

100 % Fruit Juice

WG Nacho Cheese
Doritos **31**

100 % Fruit Juice

Thursday

WG Baked
Cheetos **4**

100 % Fruit Juice

WG Strawberry
Chex Mix **11**

100 % Fruit Juice

WG Cheddar
Chex Mix **18**

100 % Fruit Juice

Blueberry
Nutri-Grain Bar **25**

100 % Fruit Juice

Friday

Cinnamon Elf
Grahams **5**

100 % Fruit Juice

Rainbow
Goldfish Crackers **12**

100 % Fruit Juice

WG Baked
Cheetos **19**

100 % Fruit Juice

Graham Crackers
String Cheese **26**

100 % Fruit Juice

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