

Liberty Traditional School

August Menu

Free School Meals Rock!



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
 Fudge Pop-Tart Mixed Berries Sausage Patties Nacho Supreme Roasted Corn Fruit Cocktail	 Mini Cinni's Diced Peaches Scrambled Eggs Pork Carnitas Refried Beans Sweet Orange Slices	 Cherry Apple Crunch Golden Bananas String Cheese Bosco Stick Fresh Salad Mix Melon Medley	 Mini Donuts Rainbow Gala Apple Yogurt Deli Sub Sandwich Sweet Potato Fries Mixed Berries	 Cinnamon UBR Grape Escapes Hash Brown Patty Spaghetti / Meatballs Steamed Broccoli Fresh Fruit Variety
9	10	11	12	13
 Team Cheerios Bar Apple Sauce String Cheese French Bread Pizza Celery Sticks Peach Slices	Cinnamon Bagel Bar Grape Escapes Potato Baby Cakes Chicken Fajitas Mexicali Corn Melon Medley	 Celery Sticks Fresh Pears Bacon Crispy Clucker Baby Carrots Mixed Berries	Donut Fritters Sweet & Sour Apple Scrambled Eggs Beef Sliders Steamed Broccoli Sweet Orange Slices	Coco Dot Muffin Raspberry Craisins Sausage Patties Baked Chicken & Roll Baked Beans Fresh Fruit Variety
16	17	18	19	20
Strawberry Pop-Tart Strawberry Raisins Hash Brown Patty Breakfast 4 Lunch! Curly Q Potatoes Diced Pears 	 Blueberry Loaf Diced Peaches Bacon Orange Chicken Bowl Sweet Potato Fries Cinnamon Apples	Glazed Honey Bun Golden Bananas Yogurt Grilled Cheese Celery Sticks  Mixed Fruit Cup	Apple Frudel Red Delicious Apple Scrambled Eggs Chicken Tetrizzini Broccoli Bites Melon Medley	 DON'T FORGET! NO SCHOOL!!!!
23	24	25	26	27
Coco Puffs Cereal Bar Mixed Berries Potato Baby Cakes Stuffed Crust Pizza Roasted Corn Fruit Cocktail	Lemon Chip Crunch Sweet Orange Slices Sausage Patties Beef Taco Stick Refried Beans Fresh Grapes 	 Coco Muffin Top Fresh Pears String Cheese Soft Pretzel & Cheese Baby Carrots Mixed Berries	Cinnamon Apple Loaf Rainbow Gala Apple Bacon BBQ Chicken Drum Steamed Broccoli Melon Medley	 Cherry Frudel Strawberry Craisins Scrambled Eggs Baked Mozzarella Fresh Salad Mix Sweet Orange Slices
30	31	<p style="text-align: center;">All breakfasts include low-fat milk and a choice of string cheese, yogurt, sausage patties, bacon slices or scrambled eggs in addition to entrees and fruit selection!</p>		
 Cinnamon Pop-Tart Apple Sauce String Cheese Chicken Tenders Potato Wedges Peach Slices	Strawberry Bagel Mixed Berries Hash Brown Patty Porky Mac & Cheese Mixed Veggies Cinnamon Apples 			
 Welcome Back!		<p style="text-align: center;">ALL MEALS ARE FREE FOR ALL STUDENTS ALL YEAR !</p> <p style="text-align: center;">All households should still apply for free/reduced meals in order the qualify for P-EBT benefits, and other school funding opportunities!</p>		

This Institution Is An Equal Opportunity Provider

THIS MENU IS SUBJECT TO CHANGE



AUGUST 2021 SNACK MENU

Liberty Traditional School

Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Elf Grahams 2 100 % Fruit Juice	Cheddar Chex Mix 3 100 % Fruit Juice	Rainbow Goldfish Crackers 4 100 % Fruit Juice	Apple Cinnamon Nutri-Grain Bar 5 100 % Fruit Juice	Baked BBQ Crisps 6 100 % Fruit Juice
Strawberry Cream Chex Mix 9 100 % Fruit Juice	Graham Crackers String Cheese 10 100 % Fruit Juice	WG Nacho Cheese Doritos 11 100 % Fruit Juice	WG Baked Cheetos 12 100 % Fruit Juice	WG Cheez-Its 13 100 % Fruit Juice
Cinnamon Elf Grahams 16 100 % Fruit Juice	WG Goldfish Pretzels 17 100 % Fruit Juice	Blueberry Nutri-Grain Bar 18 100 % Fruit Juice	Cheez-Its 19 100 % Fruit Juice	20 No School Today!
Munchies Snack Mix 23 100 % Fruit Juice	Chocolate Gripz & String Cheese 24 100 % Fruit Juice	Baked BBQ Crisps 25 100 % Fruit Juice	Harvest Cheddar Sun Chips 26 100 % Fruit Juice	Strawberry Cream Chex Mix 27 100 % Fruit Juice
WG Nacho Cheese Doritos 30 100 % Fruit Juice	WG Baked Cheetos 31 100 % Fruit Juice			



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PAY FOR MEALS ONLINE
MySchoolBucks.com

