

LIBERTY TRADITIONAL

SCHOOL



May Menu

ALL MEALS ARE FREE FOR ALL STUDENTS AND CHILDREN 18 AND UNDER

Grab-and-GO Meals for pick up on site!
Available Monday - Friday
From 7:00 AM - 8:30 AM

Monday	Tuesday	Wednesday	Thursday	FIESTA FRIDAY!
3	4	5	6	7
 No School! French Toast Sticks  Crispy Bacon Sliced Peaches Chicken Quesadilla Potato Wedges Fresh Fruit Variety	French Toast Sticks Crispy Bacon Sliced Peaches Chicken Quesadilla Potato Wedges Fresh Fruit Variety	Blueberry Muffin Top  String Cheese Golden Bananas BBQ Pulled Pork Mixed Vegetables Melon Medley	 Cinnamon Rolls Scrambled Eggs Fresh Grapes Chicken Posole Refried Beans Fresh Fruit Variety	 Apple Churro Sausage Patties Mango Slices Walking Taco Fresh Veggies Frozen Fruit Treat
10	11	12	13	14
 Fudge Pop -Tart Crispy Bacon Apple Sauce Stuffed Crust Pizza Vegetable Medley Fruit Cocktail	Breakfast Sandwich Hash Brown 100% Fruit Juice Sloppy Joes BBQ Baked Beans Sweet Orange Slices	 Pancakes String Cheese Golden Bananas Grilled Cheese Broccoli Bites Fresh Fruit Variety	 Banana Bread Sausage Patties Fresh Grapes Beefy Cheeseburger Roasted Corn Mixed Berries	 Cinnamon UBR Potato Baby Cakes Sliced Peaches Baked Chicken Drum Crispy Salad Mix Diced Pears
17	18	19	20	21
Cinnamon Pretzel Stick Scrambled Eggs Apple Slices Chicken Tenders Roasted Corn Peach Slices	Sausage / Egg Burrito Potato Baby Cakes Fresh Grapes Orange Chicken Bowl Broccoli Bites Melon Medley	 Super Donut Crispy Bacon Golden Bananas Baked Mozzarella Carrot Sticks / Ranch Mixed Berries	 Mini Cinni's Sausage Patties Diced Pears Beefy Goulash Green Beans Sweet Orange Slices	 Maple Waffles Hash Brown Apple Sauce Steak Quesadilla Creamy Cole Slaw Fresh Fruit Variety
24	25	26	27	28
 Blueberry Apple Loaf Crispy Bacon Orange Slices Breakfast 4 Lunch! Curly Q Potatoes Sliced Pears	Coco Dot Muffin String Cheese 100% Fruit Juice Corn Dog On A Stick Baked Beans Fresh Fruit Variety	 French Toast Sticks Sausage Patties Golden Bananas Crispy Clucker Mixed Vegetables Melon Medley	 Mini Donuts Potato Baby Cakes Fresh Grapes Stuffed Crust Pizza Celery Sticks Frozen Fruit Cup	 Have a GREAT Summer!

Did You Know: May and June are the best months to harvest **strawberries** in the Southern United States. On average, a single **strawberry** has 200 seeds. One acre of land planted with **strawberry** plants will produce about 50,000 pounds of **strawberries**. **Strawberries** are eaten in 90% of U.S households each year. A centuries old custom states that if you break a double **strawberry** in half and share it with some one - they will fall in love!



MAY 2021 SNACK MENU

Liberty Traditional School

Monday	Tuesday	Wednesday	Thursday	Friday
<p>No School Today!</p> <p>3</p>	<p>Cheddar Chex Mix</p> <p>100 % Fruit Juice</p> <p>4</p>	<p>Rainbow Goldfish Crackers</p> <p>100 % Fruit Juice</p> <p>5</p>	<p>Apple Cinnamon Nutri-Grain Bar</p> <p>100 % Fruit Juice</p> <p>6</p>	<p>Baked BBQ Crisps</p> <p>100 % Fruit Juice</p> <p>7</p>
<p>Strawberry Cream Chex Mix</p> <p>100 % Fruit Juice</p> <p>10</p>	<p>Graham Crackers String Cheese</p> <p>100 % Fruit Juice</p> <p>11</p>	<p>WG Nacho Cheese Doritos</p> <p>100 % Fruit Juice</p> <p>12</p>	<p>WG Baked Cheetos</p> <p>100 % Fruit Juice</p> <p>13</p>	<p>WG Cheez-Its</p> <p>100 % Fruit Juice</p> <p>14</p>
<p>Chocolate Elf Grahams</p> <p>100 % Fruit Juice</p> <p>17</p>	<p>Baked BBQ Crisps</p> <p>100 % Fruit Juice</p> <p>18</p>	<p>Rainbow Goldfish Crackers</p> <p>100 % Fruit Juice</p> <p>19</p>	<p>Cheddar Chex Mix</p> <p>100 % Fruit Juice</p> <p>20</p>	<p>Strawberry Cream Chex Mix</p> <p>100 % Fruit Juice</p> <p>21</p>
<p>Graham Crackers String Cheese</p> <p>100 % Fruit Juice</p> <p>24</p>	<p>Blueberry Nutri-Grain Bar</p> <p>100 % Fruit Juice</p> <p>25</p>	<p>WG Baked Cheetos</p> <p>100 % Fruit Juice</p> <p>26</p>	<p></p> <p>27</p>	<p></p> <p>28</p>
<p></p> <p>31</p>				

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