

# LIBERTY TRADITIONAL SCHOOL NOVEMBER MENU



ALL MEALS ARE FREE FOR ALL  
STUDENTS AND CHILDREN 18 AND  
UNDER

Grab -and-go meals for pick up on site !  
Available Daily:  
From 7:30 AM - 9:00 AM

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Strawberry Pop-Tart Cherry Craisins Stuffed Crust Pizza Potatoes Smiles Fruit Cocktail	Mini Cinnamon Rolls Golden Bananas Taco Tuesday Refried Beans Fruit Salad	 Honey Bun Apple Sauce Grilled Cheese Mixed Vegetables Sweet Oranges	Mini Fritters Rainbow Gala Apple Beefy Meatballs Mashed Potatoes Mixed Fruit	Cherry Apple Crunch Fresh Grapes Chicken Posole Steamed Broccoli Golden Bananas
9	10	11	12	13
Cheerios Cereal Bar Strawberry Apple Chips Baked Mozzarella Green Beans Sweet Oranges	Blueberry Muffin Fresh Fruit Variety Pork Carnitas Fiesta Beans Fresh Grapes	 <b>THANK YOU VETERANS</b> <small>Veterans Day - November 11</small>	Mini Donuts Sweet and Sour Apple Crispy Baked Chicken Roasted Corn Fruit Salad	Cherry Frudel Fruit Cup Cheesy Beef Burger Steamed Broccoli Juicy Red Plums
16	17	18	19	20
Fudge Pop-Tart Cherry Craisins BBQ Chicken Drums Curly Q Potatoes Fruit Cup	Lemon Chip Crunch Golden Bananas Spaghetti & Meatballs Mixed Vegetables Sweet Oranges	Coco Dot Muffin Apple Sauce Pepperoni Stick Green Beans Juicy Red Plums	Strawberry Bagel Red Delicious Apple Pulled Pork Sweet Potato Fries Tangy Nectarines	Cinnamon UBR Fresh Grapes Hot Diggity Dog BBQ Baked Beans Fruit Salad
23	24	25	26	27
Trix Cereal Bar Strawberry Apple Chips Soft Pretzel & Cheese Mixed Vegetables Fresh Fruit Variety	Mini Donuts Apple Sauce Thanksgiving Feast 			
30				

Strawberry Pop-Tart  
Strawberry Craisins  
Chicken Tenders  
Green Beans   
Juicy Red Plums



All meals are served  
with fat-free or low-fat  
milk!  
All juice items are  
100% fruit juice!



This Institution Is An Equal Opportunity Provider  
THIS MENU IS SUBJECT TO CHANGE

