Liberty Traditional School



Free Breakfast Daily! In addition to menu items, we offer Fat Free or 1% FF Milk, and a full variety Fruit Bar!

Apply Funds to your child's lunch

MAKCH	MŁNU	TRADITIONAL	Account at www.myschoolbucks.com			
Monday	Tuesday	Wednesday	Thursday	Friday		
National	1					
		,		Cherry Apple Crunch		
SCH BREAK	PAL		فِي فِي	Potato Baby Cakes		
	D		· · · ·	Pulled Pork		
START YOUR E	NGINES!	I SCHO	OOL BREAKFAST	Beefy Tacos		
4	5 2	N 6	7	Steamed Broccoli		
Raison Bagel	French Toast	Apple Churro	Powdered ProDunker	Breakfast Burrito		
Sausage Patty	Turkey Bacon	Roasted Ham	Scrambled Eggs	Hash Brown		
Nacho Supreme	Green Eggs & Ham	Boneless Wings	Bosco Stick	Fish Sticks		
Mini Chicken Tacos	Gold Fish Sandwich	Green Beans	Steak Burrito	Philly Cheesesteak		
Cheesy Refried Beans	Tater Tots	Diced Peaches	Sweet Potato Fries	Steamed Broccoli		
11	12	13	14	15		
Donut Fritters	Breakfast Sandwich	Cinnamon Rolls	Blueberry Muffin	• MO SANIT		
Roasted Ham	Potato Baby Cakes	Sausage Patties	Chorizo / Eggs	DON'T		
Oven Baked Chicken	Beef /Bean Tostadas	Big Daddy's Pizza	Baked Mozzarella	FORGET!		
Spaghetti & Meat sauce	Chicken Nuggets	Vegetable Medley	Fresh Celery	NO SCHOOL!!!!		
Baked Potato Wedges	BBQ Baked Beans	Mixed Fruit	Fruit Cup	110 00 1002		
18	19	20	21	22		
	SP					
25	26	27	28	29		
Breakfast Bun	Pancake Sandwich	Mini Donuts	Lemon Chip Crunch	Breakfast Burrito		
Roasted Ham	Cheesy Scrambled Eggs	Turkey Bacon	Sausage Patties	Potato Baby Cakes		
Grilled Chicken Sandwich	Orange Chicken Bowl	Nacho Pockets	Sausage Calzone	Seafood Platter		
Ravioli & Meat sauce	Chicken Fajitas	Green Beans	Cheesy Enchiladas	Ham & Pretzel Melt		
Tater Tots	Cheesy Refried Beans	Fresh Red Grapes	Sweet Potato Fries	Steamed Broccoli		
Meal Price - \$2.85						
Reduced Price - \$0.40 HEALTHY						
Ala Carte Milk - \$0.50						
Side Fruit/Vegetable \$0.75 Adult Meal - \$3.50 EATING						
Adult Meal - \$5.50 This Institution Is An Equal Opportunity Provider						
Apply for FREE or REDUCED Lunches! Forms provided in the school office or cafeteria!						

MARCH 2019 SNACK MENU Liberty Traditional School



	Monday	Tuesday	Wednesday	Thursday	Friday
					String Cheese & 1 Graham Crackers
					100% Fruit Juice
	WG Baked Cheetos 4 TRAX Snack Crackers	Fresh Grapes 5	Heartzel Pretzels 100% Fruit Juice	Chocolate Elf Grahams	Reduced Fat WG Nacho Cheese Doritos
	100% Fruit Juice	Fat Free Milk		100% Fruit Juice	100% Fruit Juice
	Baked Cheddar 11 Goldfish	Yogurt & Gripzz 12	NO AFTER 13 CARE	NO AFTER 14 CARE	NO SCHOOL! 15
	100% Fruit Juice	100% Fruit Juice	Conferences	Conferences	SPRING BREAK!
H	NO SCHOOL! 18	NO SCHOOL! 19	NO SCHOOL! 20	NO SCHOOL! 21	NO SCHOOL! 22
	SPRING BREAK!	SPRING BREAK!	SPRING BREAK!	SPRING BREAK!	SPRING BREAK!
	String Cheese & 25 Graham Crackers	Fresh Grapes 26	Reduced Fat WG 27 Nacho Cheese Doritos	WG Baked Cheetos 28 TRAX Snack Crackers	Yogurt & Gripzz 29
	100% Fruit Juice	Fat Free Milk	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice