

LIBERTY TRADITIONAL SCHOOL

January Menu



Free Breakfast Daily! In addition to menu items, we offer Fat Free or 1% FF Milk, Cheese Sticks, Yogurt, craisins or raisins!

Apply Funds to your child's lunch Account at www.myschoolbucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
7	8	9	10	11
Cinnamon Bun Sausage Patties Nacho Supreme Tony's Pizza Baked Potato Wedges	Breakfast Burrito Potato Baby Cakes Orange Chicken Bowl Beef Quesadilla Refried Beans	Raisin Swirl Bagel Scrambled Eggs Baked Mozzarella Green Beans Diced Peaches	Powdered Produnker Roasted Ham Spaghetti Meatballs Teriyaki Burger Sweet Potato Fries	Breakfast Bun Turkey Bacon Philly Cheese Steak Fish Tacos Steamed Broccoli
14	15	16	17	18
Donut Fritters Scrambled Eggs Chili & Cornbread Grilled Cheese Curly Taters	Cinnamon Bun Roasted Ham Crunchy Beef Tacos General Tso's Chicken Fiesta Beans	Breakfast Sandwich Potato Baby Cakes Crispy Baked Chicken Mixed Veggies Fresh Grapes	Cherry Muffin Turkey Bacon Sausage Calzone Meatball Sub Carrot Coins	Breakfast Burrito Sausage Patties Filet O' Fish Sandwich Beefy Goulash Steamed Broccoli
21	22	23	24	25
	Cinnamon Bagel Scrambled Eggs Teriyaki Chicken Bowl Chicken Fajitas Cheesy Refried Beans	Mini Donuts Roasted Ham Big Daddy's Pizza Vegetable Medley Diced Peaches	Apple Churro Sausage Patties BLT Club Sandwich Lasagna Roll Up Sweet Potato Fries	Strawberry Bagel Turkey Bacon Crispy Fish Sticks Pulled Pork on a Bun Steamed Broccoli
28	29	30	31	
Breakfast Sandwich Hash Brown Crispy Clucker Baked Mozzarella Baked Potato Wedges	Blueberry Muffin Roasted Ham Orange Chicken Bowl Cheesy Burger BBQ Baked Beans	Cinnamon UBR Sausage Patties Mini Chicken Tacos Green Beans Fresh Red Grapes	Chorizo & Eggs Potato Baby Cakes Big Cheese Ravioli Tasty Enchiladas Steamed Broccoli	

Happy New Year!



This Institution Is An Equal Opportunity Provider

FREE Breakfast in the CAFETERIA DAILY From 7:15 a.m - 7:50 a.m EVERY DAY !!

JANUARY SNACK MENU

LIBERTY TRADITIONAL SCHOOL



Monday

Tuesday

Wednesday

Thursday

Friday

2019

NO SCHOOL ¹
WINTER BREAK!

NO SCHOOL ²
WINTER BREAK!

NO SCHOOL ³
WINTER BREAK!

NO SCHOOL ⁴
WINTER BREAK!

Reduced Fat WG ⁷
Nacho Cheese Doritos

100% Fruit Juice

Cinnamon Elf ⁸
Grahams

100% Fruit Juice

WG CHEEZ ITS ⁹

100% Fruit Juice

Carrot Sticks & ¹⁰
Low Fat Ranch

Fat Free Milk

Baked Pretzel ¹¹
Goldfish Crackers

100% Fruit Juice

String Cheese & ¹⁴
Graham Crackers

100% Fruit Juice

Celery Sticks & ¹⁵
Low Fat Ranch

Fat Free Milk

WG Baked Cheetos ¹⁶
TRAX Snack Crackers

100% Fruit Juice

Yogurt & Cinnamon ¹⁷
Gripzzzz

100% Fruit Juice

WG FUNYUNS ¹⁸

100% Fruit Juice

²¹
NO SCHOOL!

Fresh Grapes ²²

Fat Free Milk

Strawberry Pop ²³
Tart

100% Fruit Juice

Reduced Fat WG ²⁴
Nacho Cheese Doritos

100% Fruit Juice

Cinnamon Elf ²⁵
Grahams

100% Fruit Juice

WG CHEEZ ITS ²⁸

100% Fruit Juice

Sliced Apples ²⁹

Fat Free Milk

WG Baked Cheetos ³⁰

100% Fruit Juice

Yogurt & Cinnamon ³¹
Gripzzzz

100% Fruit Juice

This Institution is an Equal Opportunity Provider

