

Liberty Traditional Phoenix

August Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			2 Select 2 items: Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	3 Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
6 Select 2 items: Trix Cereal Apple Frudel Milk and 100% Grape Juice	7 Select 2 items: Bagel with Cream Cheese Bug Bites Graham Cracker Milk and Sliced Apples	8 Select 2 items: Apple Jacks Cereal Cinnamon Pop-Tart Milk and Fresh Grapes	9 Select 2 items: Pan Dulce String Cheese Stick Milk and Very Strawberry Applesauce	10 Select 2 items: Choc. Chip WG Muffin Go-Gurt Milk and 100% Orange Juice
13 Select 2 items: Cheerios Cereal Apple Nutri-Grain Milk and 100% Grape Juice	14 Select 2 items: Mini Strawberry Bagel French Toast Crackers Milk and Applesauce Cups	15 Select 2 items: Mini Wheats Cereal Strawberry Pop-Tart Milk and Fresh Grapes	16 Select 2 items: Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	17 Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
20 Select 2 items: Cocoas Puffs Cereal Apple Frudel Milk and 100% Grape Juice	21 Select 2 items: Mini Cinnamon Bagel Bug Bites Graham Cracker Milk and Sliced Apples	22 Select 2 items: Cinnamon Toast Cereal Cinnamon Pop-Tart Milk and Fresh Grapes	23 Select 2 items: Pan Dulce String Cheese Stick Milk and Very Strawberry Applesauce	24 Select 2 items: Choc. Chip WG Muffin Go-Gurt Milk and 100% Orange Juice
27 Select 2 items: Froot Loop Cereal Apple Nutri-Grain Milk and 100% Grape Juice	28 Select 2 items: Bagel with Cream Cheese Mini Cinnamon Bagel Scooby Doo Graham Sticks Milk and Applesauce Cups	29 Select 2 items: Lucky Charms Cereal Strawberry Pop-Tart Milk and Fresh Grapes	30 Select 2 items: Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	31 Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice

Choice of FF, 1% white milk is available for breakfast. Raisins or Cranraisins are also available.
Choice of FF, 1% white milk and FF chocolate milk is available for lunch

Menu are subject to change without notice.

Applications for FREE and REDUCED Lunches are available at the Front Desk.

"This institution is an equal opportunity provider."

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August Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			2 Whole-Grain Turkey Corn Dog Ranchero Beans Orange Slices Milk	3 Cheese Stick with Marinara Garden Salad with Italian Dressing Applesauce Milk
6 Hamburger Crinkle Cut French Fries Chilled Diced Peaches Milk	7 BBQ Chicken Drumstick Steamed Broccoli Florets Apple Whole-Grain Biscuit Milk	8 Hot Diggity Dog Sweet Potato Tots Mixed Fruit Milk	9 Cheese Quesadilla Refried Beans Fresh Grapes Milk Salsa	10 Pepperoni Pizza Green Beans Diced Pears Milk
13 Chicken Pattie Sandwich Smile Potatoes Chilled Diced Peaches Milk	14 Teriyaki Chicken with Rice Steamed Broccoli Florets Banana Milk	15 Bean & Cheese Burrito Carrot Sticks Mixed Fruit Salsa Milk	16 Chicken Strips Ranchero Beans Orange Slices Whole-Grain Biscuit Milk	17 Spaghetti w/Meat Sauce Mixed Vegetables Applesauce Milk
20 BBQ Chicken Sandwich Sweet Potato Fries Chilled Diced Peaches Milk	21 Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk	22 Grilled Cheesewich Green Beans Mixed Fruit Milk	23 Beef Taco Bowl Chicken Taco Bowl Refried Beans Fresh Grapes Salsa Milk	24 Pretzel and Cheese Garden Salad with Italian Dressing Diced Pears Wheat Breadstick Milk
27 Hamwich Sweet Potato Tots Chilled Diced Peaches Milk	28 Whole-Grain Chicken Nuggets Whipped Potatoes Banana Whole-Grain Biscuit Milk	29 Mini Chicken Tacos Bean & Cheese Nacho Bites Carrots/Celery Sticks Mixed Fruit Salsa Milk	30 Teriyaki Chicken with Rice Steamed Broccoli Florets Diced Pears Milk	31 Cheese Ravioli Green Beans Applesauce Wheat Breadstick Milk

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