

Liberty Traditional School



**Fresh Fruit & Veggie Bar
Daily in the Cafeteria!**

January Menu

Coming Soon - Apply Funds to your
Child's lunch Account at
www.myschoolbucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
8	9	10	11	12
Bagel & Cream Cheese Hash Brown Patty MAX Pizza Chicken Nuggets Roasted Corn	Breakfast Sandwich Sausage Links Hot Diggity Dog Chili Cheese Frito Bowl Barbecue Baked Beans	Raspberry Churro Potato Baby Cakes BBQ Pulled Pork Mixed Fruit Veggie Medley	Apple Loaf Ham /Egg Scrambler Spaghetti & Meat sauce Deli Sub Sandwich Sweet Potato Tots	Cinnamon Swirls Roasted Ham Fish Stix Cheeseburger Steamed Broccoli
15	16	17	18	19
NO SCHOOL! 	French Toast Turkey Bacon Meatball Sub Chicken Fajitas Refried Beans	Maple Oatmeal Potato Baby Cakes PopCorn Chicken Grapes Mixed Veggies	Mini Donut Fritters Sausage Links Oven Baked Chicken Chick'n Eggroll & Rice Carrot Sticks	Breakfast Burrito Hash Brown Patty Filet O'Fish Chili Bowl / Crackers Steamed Broccoli
22	23	24	25	26
Blueberry Muffin Hash Brown Patty Crispy Clucker Beefy Quesadilla Potato Smiles	Breakfast Sandwich Potato Baby Cakes Taco Tuesday Stuffed Cheeseburger BBQ Baked Beans	Lemon Crunch Bar Sausage Links Tony's Pizza Diced Peaches Celery Sticks	Cinnamon Bagel Roasted Ham Taco Salad Bowl Beefy Goulash Sweet Potato Fries	Pancake Sandwich Ham /Egg Scrambler Shrimp Poppers BBQ Chicken & Roll Steamed Broccoli
29	30	31		
Cherry Frudel Potato Baby Cakes Chicken & Waffles Baked Mozzarella Baked Wedges	Mini Donuts Turkey Bacon Orange Chicken Bowl Grilled Cheese Refried Beans	Coco Dot Muffin Roasted Ham Pepperoni Calzone Mixed Fruit Veggie Medley		

FREE HOT BREAKFAST EVERY DAY IN THE CAFETERIA FROM 7:15 until

7:50 !!

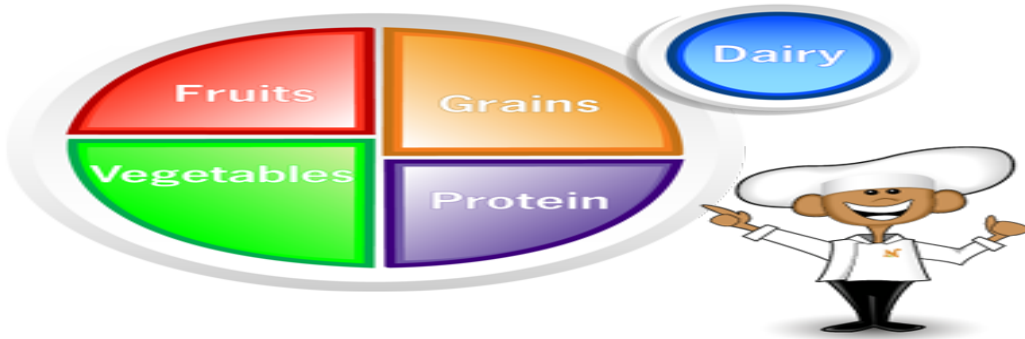


This Institution Is An Equal Opportunity Employer and Provider



LTS JANUARY SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			4	5
			Whole Grain Fun Yuns 100% Fruit Juice	Apple Sauce Fat-Free Milk
8	9	10	11	12
Baked BBQ Chips 100% Fruit Juice	String Cheese & Gripz 100% Fruit Juice	Carrots & Lo-Fat Ranch Fat-Free Milk	Cinnamon Pop-Tart 100% Fruit Juice	Cheez -Its 100% Fruit Juice
15	16	17	18	19
Harvest Cheddar Sun Chips 100% Fruit Juice	Goldfish Pretzels 100% Fruit Juice	Chocolate Elf Graham 100% Fruit Juice	Strawberry Chex Mix 100% Fruit Juice	Celery Sticks & Lo-Fat Ranch Fat-Free Milk
22	23	24	25	26
Baked BBQ Chips 100% Fruit Juice	String Cheese & Gripz 100% Fruit Juice	Cheddar Chex Mix 100% Fruit Juice	Vanilla Graham Crackers 100% Fruit Juice	Apple Slices Fat-Free Milk
29	30	31		
Whole-Grain Funyuns 100% Fruit Juice	Strawberry Pop-Tart 100% Fruit Juice	Carrots & Lofat Ranch Fat-Free Milk		



MENU SUBJECT TO CHANGE

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