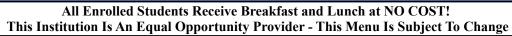
## **Liberty Traditional School Douglas**



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

## V APRIL MENU

| Monday  1  No School  8  Team Cheerios Bar | Tuesday  2  Sweet Pancake Poffitz Fresh Grapes Cheese Cubes  Chicken Quesadilla Roasted Corn | Wednesday  3  Cinnamon Bun Fruit Cup Giant Vanilla Goldfish | Thursday  4  Strawberry Bagel Bar  100% Fruit Juice | Friday  5  Mini Donuts    |  |  |  |
|--|--|---|---|---------------------------|--|--|--|
| No<br>School<br>8                          | Sweet Pancake Poffitz Fresh Grapes Cheese Cubes Chicken Quesadilla                           | Cinnamon Bun<br>Fruit Cup<br>Giant Vanilla Goldfish         | Strawberry Bagel Bar<br>100% Fruit Juice            | Mini Donuts               |  |  |  |
| 8  | Fresh Grapes Cheese Cubes Chicken Quesadilla   | Fruit Cup<br>Giant Vanilla Goldfish                         | 100% Fruit Juice                                    |                           |  |  |  |
| 8  | Cheese Cubes Chicken Quesadilla  | Giant Vanilla Goldfish                                      |   | Dainhau Cala An I         |  |  |  |
| 8  | Chicken Quesadilla   | ,   |   | Rainbow Gala Apple        |  |  |  |
| 8  | -  |   | String Cheese                                       | Blueberry Yogurt          |  |  |  |
|  | Roasted Corn   | Chicken Sandwich  | Hot Diggity Dog                                     | Crispy Fish Sticks / Roll |  |  |  |
|  | autou corn   | Broccoli Bites  | Sweet Potato Fries                                  | Mixed Vegetables          |  |  |  |
| _  | Sweet Orange Slices  | Sweet Strawberries  | Golden Bananas                                      | Melon Medley              |  |  |  |
| Team Cheerios Bar                          | 9  | 10  | 11  | 12                        |  |  |  |
|  | Breakfast Bites  | Maple Waffles   | Mini Cinnis   | Carrot Cake Muffin        |  |  |  |
| 100% Fruit Juice                           | Golden Apple Slices  | Applesauce Applesauce                                       | 100% Fruit Juice                                    | Red Delicious Apple       |  |  |  |
| Bunny Friends Crackers                     | Cheese Cubes   | Honey Grahams   | String Cheese                                       | Strawberry Go-Gurt        |  |  |  |
| Baked Chicken Drum                         |  |   |   |                           |  |  |  |
| & Roll                                     | Chicken Tenders / Roll   | Cheesy Meatloaf Burger                                      | Spaghetti & Meat Sauce                              | Galaxy Cheese Pizza       |  |  |  |
| Shoestring Potatoes                        | BBQ Baked Beans  | Baby Carrots / Ranch  | Broccoli Bites                                      | Mixed Salad Greens        |  |  |  |
| Sliced Peaches                             | Mixed Berries  | Fresh Fruit Variety   | Fuzzy Kiwi  | Fresh Grapes              |  |  |  |
| 15   | 16   | 17  | <b>1</b> 8  | 19                        |  |  |  |
| Lemon Chip Crunch                          | French Toast Sticks  | Coco Dot Muffin   | Apple Frudel  | Cinnamon UBR              |  |  |  |
| 100% Fruit Juice                           | Fresh Grapes   | Fruit Cup   | 100% Fruit Juice                                    | Golden Apple Slices       |  |  |  |
| Honeybun Goldfish                          | Cheese Cubes   | Giant Vanilla Goldfish                                      | String Cheese                                       | Vanilla Yogurt            |  |  |  |
|  |  |   | 3   |                           |  |  |  |
| Popcorn Chicken / Roll                     | Baked Mozzarella   | <b>Grilled Cheese Sandwich</b>                              | Mandarin Chicken Bowl                               | Beefy Nacho Supreme!      |  |  |  |
| Roasted Corn                               | Sweet Potato Cross Tracks  | Vegetable Medley  | Broccoli Bites                                      | Refried Beans             |  |  |  |
| Diced Pears                                | Sweet Orange Slices  | Sweet Strawberries  | Golden Bananas                                      | Melon Medley              |  |  |  |
| 22   | 23   | 24  | 25  | 26                        |  |  |  |
| Strawberry Pop-tart                        | Confetti Pancakes  | Bagel & Cream Cheese  | Blueberry Muffin Top                                | Mini Donuts               |  |  |  |
| 100% Fruit Juice                           | Red Apple Slices   | Applesauce  | 100% Fruit Juice                                    | Sweet & Sour Apples       |  |  |  |
| Honey Belly Bears                          | Cheese Cubes   | Honey Grahams   | String Cheese                                       | Blueberry Yogurt          |  |  |  |
| BBQ Chicken & Roll                         | Beef Soft Taco   | Boneless Wings / Roll                                       | Beefy Cheese Burger                                 | Galaxy Cheese Pizza       |  |  |  |
| Curly Q Potatoes                           | Broccoli Bites   | Baby Carrots / Ranch  | BBQ Baked Beans                                     | Mixed Salad Greens        |  |  |  |
| Fruit Cocktail                             | Mixed Berries  | Fresh Fruit Variety   | Sliced Mangoes                                      | Fresh Grapes              |  |  |  |
| 29   | 30   |   |   | 6.0                       |  |  |  |
| 🧥 Trix Cereal Bar                          | Wild berry Waffles   | A 48000000  |   |                           |  |  |  |
| 100% Fruit Juice                           | Fresh Grapes   |   | FREE BREAKF   | AST AND                   |  |  |  |
| Bunny Friends Crackers                     | Cheese Cubes   |   | UNCH FOR ALL  | ENROLLED                  |  |  |  |
| Bosco Pepperoni Stick                      | Deli Sub Sandwich  |   | STUDEN  |                           |  |  |  |
| Zesty Green Beans                          | Broccoli Bites   |   |   |                           |  |  |  |
| Sliced Peaches                             | Sweet Orange Slices  |   |   |                           |  |  |  |
| Succu reactics   Sweet Of ange Succes      |  |   |   |                           |  |  |  |
|  |  |   |   |                           |  |  |  |



## **Liberty Traditional School – Douglas**

APRIL SNACK MENU

|        |                                    |                                | FIR                      |                          | A CA                    |
|--------|------------------------------------|--------------------------------|--------------------------|--------------------------|-------------------------|
|        | Monday                             | Tuesday                        | Wednesday                | Thursday                 | Friday                  |
|        |                                    | WG Cinnamon<br>Roll Crackers   | Cheez – Its 3            | WG Nacho<br>Cheese       | WG Rice<br>Krispie      |
|        | No School Today!                   |                                | Apple Slices<br>&        | Doritos                  | Treat                   |
| 6      |                                    | 100 % Fruit Juice              | Cherry Craisins          | 100 % Fruit Juice        | 100 % Fruit Juice       |
|        | WG Graham Crackers & String Cheese | Harvest Cheddar 9<br>Sun Chips | Chex Mix 10 Apple Slices | WG White Cheddar Popcorn | WG Fudge 12<br>Pop-Tart |
| y<br>6 | 100 % Fruit Juice                  | 100 % Fruit Juice              | & Cherry Craisins        | 100 % Fruit Juice        | 100 % Fruit Juice       |
| F      |                                    | Cinnaman Crian TV              |                          | Baked BBQ 18             |                         |
|        | Pretzel 15<br>Goldfish             | Cinnamon Crisp 16 Crackers     | Cheez – Its 17           | Baked BBQ 18<br>Crisps   | Rainbow 19<br>Goldfish  |
| )      | Crackers                           | Cruckers                       | Apple Slices<br>&        | Crisps                   | Crackers                |
|        | 100 % Fruit Juice                  | 100 % Fruit Juice              | Cherry Craisins          | 100 % Fruit Juice        | 100 % Fruit Juice       |
|        | WG Cinnamon Roll Crackers          | Harvest Cheddar 23 Sun Chips   | Chex Mix 24              | WG Graham<br>Crackers &  | WG Rice<br>Krispie      |
| •      |                                    |                                | Apple Slices<br>&        | String Cheese            | Treat                   |
| À      | 100 % Fruit Juice                  | 100 % Fruit Juice              | Cherry Craisins          | 100 % Fruit Juice        | 100 % Fruit Juice       |
| ÿ      | WG Nacho Cheese                    | WG White<br>Cheddar            |                          |                          |                         |
| Ģ      | Doritos                            | Popcorn                        |                          |                          |                         |
| λ      | 100 % Fruit Juice                  | 100 % Fruit Juice              |                          |                          | 800000                  |
| Δ      |                                    |                                |                          |                          | NI COO                  |