

Liberty Traditional School

Douglas MARCH MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
				1
Paid Lunch Price - \$2.85 Reduced Price Lunch - NO CHARGE! Breakfast is FREE for all!				<i>Mini Donuts</i> <i>Sweet & Sour Apples</i> <i>Blueberry Yogurt</i> Pepperoni Pizza Mixed Vegetables Sweet Strawberries
4	5	6	7	8
<i>Strawberry Pop-tart</i> <i>100% Fruit Juice</i> <i>Honey Bun Goldfish</i> Beefy Nacho Supreme! Refried Beans Mixed Fruit	<i>Breakfast Bites</i> <i>Fresh Grapes</i> <i>Cheese Cubes</i> Beef Soft Taco Garlic Green Beans Sweet Orange Slices	<i>Cinnamon UBR</i> <i>Applesauce</i> <i>Honey Grahams</i> Crispy Chicken Sandwich Baked Potato Wedges Sweet Strawberries	<i>Mini Cinnis</i> <i>Sweet Orange Slices</i> <i>String Cheese</i> Chicken Alfredo & Toast Zucchini Slices Golden Bananas	<i>Confetti Pancakes</i> <i>Rainbow Gala Apple</i> <i>Strawberry Go-Gurt</i> EARLY RELEASE ! No Lunch Today!
11	12	13	14	15
18	19	20	21	22
<i>Lemon Chip Crunch</i> <i>100% Fruit Juice</i> <i>Honey Belly Bears</i> BBQ Chicken & Roll Baked Potato Wedges Sliced Peaches	<i>Wild berry Waffles</i> <i>Fresh Grapes</i> <i>Cheese Cubes</i> Hot Diggity Dog Mixed Vegetables Sweet Orange Slices	<i>Banana Bread</i> <i>Fruit Cup</i> <i>Giant Vanilla Goldfish</i> Cheesy Beef Burger Baby Carrots & Ranch Sweet Strawberries	<i>Strawberry Bagel Bar</i> <i>Fresh Fruit Variety</i> <i>String Cheese</i> Chicken Quesadilla Refried Beans Gala Apple Slices	<i>Cinnamon Bun</i> <i>Red Delicious Apple</i> <i>Vanilla Yogurt</i> Pepperoni Pizza Mixed Salad Greens Fresh Grapes
25	26	27	28	29
<i>Trix Cereal Bar</i> <i>100% Fruit Juice</i> <i>Bunny Friends Grahams</i> Mini Corn Dogs Baked Potato Wedges Diced Pears	<i>Apple Frudel</i> <i>Fresh Grapes</i> <i>Cheese Cubes</i> Beef Soft Taco Zesty Green Beans Golden Bananas	<i>Mini Donuts</i> <i>Applesauce</i> <i>Honey Bun Goldfish</i> Spaghetti & Meat Sauce Baby Carrots & Ranch Cinnamon Apple Slices	<i>Sweet Pancake Poffitz</i> <i>Mixed Fruit</i> <i>String Cheese</i> Mandarin Chicken Bowl Broccoli Bites Sweet Orange Slices	
<p>Apply For FREE or REDUCED Lunches at www.Myschoolapps.com This Institution Is An Equal Opportunity Provider - This Menu Is Subject To Change</p>				

Liberty Traditional School

March Snack Menu

Monday



Baked
BBQ Crisps

4

100 % Fruit Juice

Tuesday

WG Graham
Crackers &
String Cheese

5

100 % Fruit Juice

Wednesday

Cheex Mix

Apple Slices
&
Cherry Craisins

6

Thursday

WG Cinnamon
Roll Crackers

7

100 % Fruit Juice

Friday

Rainbow
Goldfish
Crackers

1

100 % Fruit Juice

No After-Care
Today

8

No School Today

11

No School Today

12

No School Today

13

No School Today

14

No School Today

15

WG Baked
Cheetos

18

100 % Fruit Juice

WG Nacho
Cheese
Doritos

19

100 % Fruit Juice

Cheez-Its

Apple Slices
&
Cherry Craisins

20

WG White
Cheddar
Popcorn

21

100 % Fruit Juice

Baked
BBQ Crisps

22

100 % Fruit Juice

Pretzel
Goldfish
Crackers

25

100 % Fruit Juice

WG Graham
Crackers &
String Cheese

26

100 % Fruit Juice

Cheex Mix

Apple Slices
&
Cherry Craisins

27

Munchie Mix

28

100 % Fruit Juice

No School Today

29

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