

# Liberty Traditional School Douglas Campus



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

## January Menu

Monday	Tuesday	Wednesday	Thursday	Friday
9	10	11	12	13
Wildberry Waffle 100% Fruit Juice Cherry Craisins <b>Cheese or Pepperoni Pizza</b> Baked Potato Wedges Sliced Pears	Bagel & Cream Cheese Applesauce Raspberry Raisins <b>Chicken Quesadilla</b> Steamed Broccoli Sweet Orange Slices	Mini Pancakes Fresh Grapes Apple Chips <b>Soft Pretzel w/Cheese</b> Mixed Vegetables Cinnamon Apples	Apple Frudel 100% Fruit Juice Orange Craisins <b>Sloppy Joes</b> Refried Beans Melon Medley	French Toast Sticks Gala Apple Grins Raisins <b>Crispy Fish Sticks / Roll</b> Sweet Potato Fries Mixed Berries
16	17	18	19	20
	Strawberry Bagel Bar Fruit Cup Strawberry Raisins <b>Sausage Calzone</b> BBQ Baked Beans Fresh Grapes	Breakfast Bites Fresh Grapes Apple Chips <b>Beefy Taco Stick</b> Carrot Coins Mixed Berries	Super Banana Bread 100% Fruit Juice Blueberry Craisins <b>Chicken Alfredo / Roll</b> Mixed Vegetables Sweet Orange Slices	Creamy Carrot Bun Red Delicious Apple Watermelon Raisins <b>Baked Chicken / Roll</b> Steamed Broccoli Golden Bananas
23	24	25	26	27
Lemon Chip Crunch 100% Fruit Juice Cherry Craisins <b>Corn Dog On A Stick</b> Vegetable Medley Fruit Cocktail	Blueberry Muffin Applesauce Raspberry Raisins <b>BBQ Rib Sandwich</b> Steamed Broccoli Melon Medley	Super Donut Fresh Grapes Apple Chips <b>Bosco Pepperoni Stick</b> Carrot Sticks / Ranch Mixed Berries	Cinnamon Bagel 100% Fruit Juice Orange Craisins <b>Cheeseburger</b> Shoestring Potatoes Sweet Orange Slices	Co Co Dot Muffin Apple Slices Raisins <b>Rotini &amp; Meat Sauce</b> Refried Beans Fresh Grapes
30	31			
Cinnamon UBR 100% Fruit Juice Cranberry Craisins <b>Cheese or Pepperoni Pizza</b> Curly Q Potatoes Apple Slices	Mini Donuts Fruit Cup Strawberry Raisins <b>Spaghetti &amp; Meat</b> Steamed Broccoli Sweet Orange Slices			

**Paid Lunch Price - \$2.85**  
**Reduced Price Lunch - \$0.40**  
**Breakfast is FREE for all!**

**This Institution Is An Equal Opportunity Provider**  
**\*\* We Are Experiencing Supply Chain Disruptions\*\***  
**This Menu Is Subject To Change**

# JANUARY SNACK MENU 2023

## Liberty Traditional School

Monday

Tuesday

Wednesday

Thursday

Friday

2

3

4

5

6

WG Baked  
Funyuns

9

Graham Crackers  
String Cheese

10

Cheddar  
Goldfish Crackers

11

Cinnamon  
Apple Loaf

12

WG Cheddar  
Cheez-Its

13

100% Fruit Juice

100% Fruit Juice

100% Fruit Juice

100% Fruit Juice

100% Fruit Juice

16

No School Today

WG Baked  
Cheetos

17

Banana  
Muffin

18

Chili Cheese  
Fantastix

19

Scooby-Doo  
Grahams

20

100% Fruit Juice

100% Fruit Juice

100% Fruit Juice

100% Fruit Juice

Goldfish Pretzel  
Crackers

23

Strawberry  
Pop-Tart

24

WG Baked  
Doritos

25

WG Strawberry  
Chex Mix

26

Graham Crackers  
String Cheese

27

100% Fruit Juice

100% Fruit Juice

100% Fruit Juice

100% Fruit Juice

100% Fruit Juice

WG Baked  
Cheetos

30

WG Baked  
Funyuns

31

100% Fruit Juice

100% Fruit Juice

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MY  
SCHOOL  
BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com