




Liberty Traditional Saddleback

January

Breakfast & Lunch Menu

All households should still apply for free & reduced meals in order to qualify for P-EBT benefits, and other school funding opportunities!

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
			Choc. Chip Benefit Applesauce & Milk Spaghetti & Meatsauce Broccoli Grapes	Cheerio and Crackers 100% Juice & Milk Sloppy Joes Mixed Veggies Diced Pears
10	11	12	13	14
Froot Loops Cereal 100% Juice & Milk  Bean & Chs Burrito Corn Diced Peaches	Bagel w/Cream Cheese Apple & Milk Crispy Drumstick Sweet Potato Tots Banana	Cinn Toast Cereal Bar Fruitocracy & Milk Corn Dog Ranch Beans Mixed Fruit	French Toast Graham Applesauce & Milk Spaghetti & Meatsauce Broccoli Grapes	Frosted Flakes Cereal 100% Juice & Milk Sloppy Joes Mixed Veggies Diced Pears
17	18	19	20	21
 Martin Luther King Day	Muffin Banana & Milk Brunch for Lunch Sweet Potato Fries Apple	Pop-Tart Fruitocracy & Milk  Deli Turkey Sub Fresh Veggies Peaches	Choc. Chip Benefit Applesauce & Milk Corn Dog Mash Potatoes Orange Slices	Cheerio and Crackers 100% Juice & Milk  Bacon Hamburger Broccoli Diced Pears
24	25	26	27	28
Froot Loops Cereal 100% Juice & Milk  Walking Taco Refried Beans Diced Peaches	Bagel w/Cream Cheese Apple & Milk Chicken Nuggets Mashed Potatoes Orange Slices	Cinn Toast Cereal Bar Fruitocracy & Milk  Grilled Cheese Green Beans Mixed Fruit	French Toast Graham Applesauce & Milk Pepperoni Pizza Broccoli Grapes	Frosted Flakes Cereal 100% Juice & Milk Chicken Pattie Sandwich Sweet Potato Fries Diced Pears



1% Milk, Fat Free Flavored & Skim available for Breakfast and Lunch
Craisin, Raisins or Dried Apple Crisp will be served with Breakfast.

WE ARE EXPERIENCING LAST MINUTE MENU CHANGES AS A RESULT OF THE
NATIONWIDE FOOD SUPPLY CHAIN ISSUES. MENUS MAY NOT REFLECT THESE
CHANGES AND ARE SUBJECT TO CHANGE AT ANY TIME.

WE THANK YOU FOR YOUR PATIENCE AS WE NAVIGATE THROUGH THESE CHALLENGES.
This Institution Is An Equal Opportunity Provider

