

Liberty Traditional Saddleback

October



All households should still apply for free & reduced meals in order to qualify for P-EBT benefits, and other school funding opportunities!

Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	1
Froot Loops Cereal 100% Juice & Milk Chicken Taco Bowl Refried Beans Diced Peaches	Bagel w/Cream Cheese Apple & Milk Brunch for Lunch Sweet Potato Wedges Banana	Cinn Toast Cereal Bar Fruitocracy & Milk Turkey Deli Sub Carrots & Celery Mixed Fruit	French Toast Graham Applesauce & Milk Cheese Pizza Broccoli Grapes	Crunchmania 100% Juice & Milk Hamburger Tator Tots Diced Pers
4	5	6	7	8
Apple Jacks Cereal 100% Juice & Milk Chicken Fajitas Refried Beans Tortilla & Peaches	Muffin Banana & Milk Chicken Nuggets Mashed Potatoes Banana	Pop-Tart Fruitocracy & Milk Grilled Cheese Green Beans Mixed Fruit	Scooby Doo Sticks Applesauce & Milk Spaghetti & Meatballs Broccoli Grapes	Cheerio and Crackers 100% Juice & Milk Half Day No Lunch
11	12	13	14	15
18	19	20	21	22
Froot Loops Cereal 100% Juice & Milk Bean & Chs Burrito Diced Peaches	Bagel w/Cream Cheese Apple & Milk Teriyaki Chicken & Rice Broccoli Banana	Strawberry cereal bar Fruitocracy & Milk Corn Dog Sweet Potatoes Mixed Fruit	Nutri-Grain Bar Applesauce & Milk Pizza Stick & Sauce Green Beans Grapes	Frosted Flakes Cereal 100% Juice & Milk Bacon Cheese Burger French Fries Diced Pears
25	26	27	28	29
Apple Jacks Cereal 100% Juice & Milk Beef Taco Bowl Refried Beans Diced Peaches	Muffin Banana & Milk Porky Mac & Cheese Mixed Veggies Banana	Pop-Tart Fruitocracy & Milk Ham & Cheese Sub Sweet Potatoes Mixed Fruit	Scooby Doo Sticks Applesauce & Milk Cheese Pizza Broccoli Grapes	Cheerio Cereal Bar 100% Juice & Milk Sloppy Joes Mashed Potatoes Diced Pears



1% Milk, Fat Free Flavored & Skim available for Breakfast and Lunch
Craisin, Raisins or Dried Apple Crisp will be served with Breakfast.



WE ARE EXPERIENCING LAST MINUTE MENU CHANGES AS A RESULT OF THE
NATIONWIDE FOOD SUPPLY CHAIN ISSUES. MENUS MAY NOT REFLECT THESE
CHANGES AND ARE SUBJECT TO CHANGE AT ANY TIME.



WE THANK YOU FOR YOUR PATIENCE AS WE NAVIGATE THROUGH THESE CHALLENGES.

This Institution Is An Equal Opportunity Employer & Provider