



Liberty Traditional Saddleback February Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| 4-Feb | 5-Feb | 6-Feb | 7-Feb | 8-Feb |
| Select 2 items: Trix Cereal Cherry Frudel Milk and 100% Grape Juice | Select 2 items: Bagel with Cream Cheese Bug Bites Graham Cracker Milk and a Sliced Apple | Select 2 items: Apple Jacks Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes | Select 2 items: Whole-Wheat Pan Dulce String Cheese Stick Milk and a Very Strawberry Applesauce | Select 2 items: Banana Whole-Grain Muffin Go-Gurt Milk and 100% Orange Juice |
| 11-Feb | 12-Feb | 13-Feb | 14-Feb | 15-Feb |
| Select 2 items: Cheerios Cereal Strawberry Nutri-Grain Milk and 100% Grape Juice | Select 2 items: Mini Cinnamon Bagel French Toast Crackers Milk and an Applesauce Cup | Select 2 items: Mini Wheats Cereal Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes | Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and a Sliced Apple | Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice |
| 18-Feb | 19-Feb | 20-Feb | 21-Feb | 22-Feb |
| President's Day No School | Select 2 items: Bagel with Cream Cheese Bug Bites Graham Cracker Milk and a Sliced Apple | Select 2 items: Cinnamon Toast Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes | Select 2 items: Whole-Wheat Pan Dulce String Cheese Stick Milk and a Very Strawberry Applesauce | Select 2 items: Choc. Chip Whole-Grain Muffin Go-Gurt Milk and 100% Orange Juice |
| 25-Feb | 26-Feb | 27-Feb | 28-Feb | 1-Mar |
| Select 2 items: Froot Loops Cereal Strawberry Nutri-Grain Milk and 100% Grape Juice | Select 2 items: Mini Cinnamon Bagel Scooby Doo Graham Sticks Milk and an Applesauce Cup | Select 2 items: Lucky Charms Cereal Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes | Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and a Sliced Apple | Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice |



Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Applications for FREE and REDUCED lunches are available at the front desk.





Liberty Traditional Saddleback February Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| 4-Feb | 5-Feb | 6-Feb | 7-Feb | 8-Feb |
| Cheeseburger Smile Potatoes Chilled Diced Peaches Milk | Crispy Drumstick Steamed Broccoli Florets Banana Milk | Bean & Cheese Chalupa Carrot Sticks Mixed Fruit Salsa Milk | Chicken Strips Ranchero Beans Orange Slices Whole-Grain Biscuit Milk | Whole-Grain Spaghetti w/Meatsauce Mixed Vegetables Applesauce Milk |
| 11-Feb | 12-Feb | 13-Feb | 14-Feb | 15-Feb |
| Chicken Pattie Sandwich Sweet Potato Fries Chilled Diced Peaches Milk | Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk | Whole-Grain Grilled Cheese Sandwich Green Beans Mixed Fruit Milk | Beef Taco Bowl Refried Beans Fresh Grapes Salsa Milk | Pepperoni Pizza on a Whole-Grain crust Garden Salad with Dressing Diced Pears Milk |
| 18-Feb | 19-Feb | 20-Feb | 21-Feb | 22-Feb |
| President's Day No School | Whole-Grain Chicken Nuggets Whipped Potatoes Banana Whole-Grain Biscuit Milk | Mini Chicken Tacos Carrots/Celery Sticks Mixed Fruit Salsa Milk | Teriyaki Chicken with Rice Steamed Broccoli Florets Mandarin Oranges Milk | Pretzel and Cheese Green Beans Applesauce Milk |
| 25-Feb | 26-Feb | 27-Feb | 28-Feb | 1-Mar |
| Hamburger Whipped Potatoes Chilled Diced Peaches Milk | Grilled Chicken Breast Green Beans Apple Whole-Grain Biscuit Milk | Lit'l Smokies Ranchero Beans Mixed Fruit Whole-Grain Tortilla Milk | Chicken Fajitas with Tortilla Carrot Sticks Fresh Grapes Milk Salsa | Mozzarella Cheese Sticks with Dipping Sauce Garden Salad with Dressing Diced Pears Wheat Breadstick Milk |



Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Applications for FREE and REDUCED lunches are available at the front desk.

