

# Liberty Traditional Saddleback

## August Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			2  Select 2 items: Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	3  Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
6  Select 2 items: Trix Cereal Apple Frudel Milk and 100% Grape Juice	7  Select 2 items: Bagel with Cream Cheese Bug Bites Graham Cracker Milk and Sliced Apples	8  Select 2 items: Apple Jacks Cereal Cinnamon Pop-Tart Milk and Fresh Grapes	9  Select 2 items: Pan Dulce String Cheese Stick Milk and Very Strawberry Applesauce	10  Select 2 items: Choc. Chip WG Muffin Go-Gurt Milk and 100% Orange Juice
13  Select 2 items: Cheerios Cereal Apple Nutri-Grain Milk and a 100% Grape Juice	14  Select 2 items: Mini Strawberry Bagel French Toast Crackers Milk and Applesauce Cups	15  Select 2 items: Mini Wheats Cereal Strawberry Pop-Tart Milk and Fresh Grapes	16  Select 2 items: Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	17  Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
20  Select 2 items: Cocoas Puffs Cereal Apple Frudel Milk and 100% Grape Juice	21  Select 2 items: Mini Cinnamon Bagel Bug Bites Graham Cracker Milk and Sliced Apples	22  Select 2 items: Cinnamon Toast Cereal Cinnamon Pop-Tart Milk and Fresh Grapes	23  Select 2 items: Pan Dulce String Cheese Stick Milk and Very Strawberry Applesauce	24  Select 2 items: Choc. Chip WG Muffin Go-Gurt Milk and 100% Orange Juice
27  Select 2 items: Froot Loop Cereal Apple Nutri-Grain Milk and 100% Grape Juice	28  Select 2 items: Bagel with Cream Cheese Mini Cinnamon Bagel Scooby Doo Graham Sticks Milk and Applesauce Cups	29  Select 2 items: Lucky Charms Cereal Strawberry Pop-Tart Milk and Fresh Grapes	30  Select 2 items: Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	31  Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice

Choice of FF, 1% white milk is available for breakfast. Raisins or Cranraisins are also available.  
Choice of FF, 1% white milk and FF chocolate milk is available for lunch

Menu are subject to change without notice.

Applications for FREE and REDUCED Lunches are available at the Front Desk.

***"This institution is an equal opportunity provider."***

# Liberty Traditional Saddleback August Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			2  Whole-Grain Turkey Corn Dog Ranchero Beans Orange Slices Milk	3  Cheese Stick with Marinara Garden Salad with Italian Dressing Applesauce Milk
6  Hamburger Crinkle Cut French Fries Chilled Diced Peaches Milk	7  BBQ Chicken Drumstick Steamed Broccoli Florets Apple Whole-Grain Biscuit Milk	8  Hot Diggity Dog Sweet Potato Tots Mixed Fruit Milk	9  Cheese Quesadilla Refried Beans Fresh Grapes Milk Salsa	10  Pepperoni Pizza Green Beans Diced Pears Milk
13  Chicken Pattie Sandwich Smile Potatoes Chilled Diced Peaches Milk	14  Teriyaki Chicken with Rice Steamed Broccoli Florets Banana Milk	15  Bean & Cheese Burrito Carrot Sticks Mixed Fruit Salsa Milk	16  Chicken Strips Ranchero Beans Orange Slices Whole-Grain Biscuit Milk	17  Spaghetti w/Meat Sauce Mixed Vegetables Applesauce Milk
20  BBQ Chicken Sandwich Sweet Potato Fries Chilled Diced Peaches Milk	21  Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk	22  Grilled Cheesewich Green Beans Mixed Fruit Milk	23  Beef Taco Bowl Chicken Taco Bowl Refried Beans Fresh Grapes Salsa Milk	24  Pretzel and Cheese Garden Salad with Italian Dressing Diced Pears Wheat Breadstick Milk
27  Hamwich Sweet Potato Tots Chilled Diced Peaches Milk	28  Whole-Grain Chicken Nuggets Whipped Potatoes Banana Whole-Grain Biscuit Milk	29  Mini Chicken Tacos Bean & Cheese Nacho Bites Carrots/Celery Sticks Mixed Fruit Salsa Milk	30  Teriyaki Chicken with Rice Steamed Broccoli Florets Diced Pears Milk	31  Cheese Ravioli Green Beans Applesauce Wheat Breadstick Milk

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