



Liberty Traditional Saddleback December Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
12/4	12/5	12/6	12/7	12/8
Select 2 items: Trix Cereal Apple Frudel Milk and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese Bug Bites Graham Cracker Milk and Sliced Apples	Select 2 items: Apple Jacks Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce String Cheese Stick Milk and Very Strawberry Applesauce	Select 2 items: Whole-Grain Banana Muffin Go-Gurt Milk and a 100% Orange Juice
12/11	12/12	12/13	12/14	12/15
Select 2 items: Cheerios Cereal Apple Nurti-Grain Milk and a 100% Grape Juice	Select 2 items: Bagel with Cream Cheese French Toast Crackers Milk and an Applesauce Cup	Select 2 items: Mini-Wheats Cereal Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
12/18	12/19	12/20	12/21	12/22
Select 2 items: Cocoa Puffs Cereal Cherry Frudel Milk and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese Zoo Animal Crackers Milk and an Applesauce Cup	Select 2 items: Cinnamon Toast Cereal Whole-Grain Cinnamon Pop-Tart Milk and Orange 100% Juice	Select 2 items: Whole-Wheat Pan Dulce String Cheese Stick Milk and a Very Strawberry Applesauce	Winter Holiday No School



Choice of Fat-Free or 1% White Milk is available for breakfast.
 Choice of Fat-Free or 1% White Milk and Fat-Free Chocolate Milk is available for lunch.
 Menus are subject to change without notice.
 Applications for FREE and REDUCED lunches are available at the front desk.
 "This institution is an equal opportunity employer and provider."





Liberty Traditional Saddleback December Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
12/4 Rib-B-Q Sandwich Sweet Potato Tots Chilled Diced Peaches Milk	12/5 Whole-Grain Chicken Nuggets Whipped Potatoes Banana Whole-Grain Biscuit Milk	12/6 Bean & Cheese Nacho Bites Carrot/Celery Sticks Mixed Fruit Salsa Milk	12/7 Orange Chicken with Rice Steamed Broccoli Florets Mandarin Oranges Milk	12/8 Whole-Grain Pepperoni Pizza Bites Green Beans Applesauce Milk
12/11 Sloppy Joes Whipped Potatoes Chilled Diced Peaches Milk	12/12 Barbecue Chicken Drumstick Green Beans Apple Whole-Grain Biscuit Milk	12/13 Lit'l Smokies Ranchero Beans Mixed Fruit Whole-Grain Tortilla Milk	12/14 Chicken Fajitas Whole-Grain Tortilla Carrot Sticks Fresh Grapes Salsa Milk	12/15 Whole-Grain Spaghetti with Meat Sauce Garden Salad with Italian Dressing Diced Pears Wheat Breadstick Milk
12/18 Cheeseburger Smile Potatoes Chilled Diced Peaches Milk	12/19 Turkey-Cheese Deli Sub Sweet Potato Fries Diced Pears Milk	12/20 Beef Taco Bowl Celery Sticks Mixed Fruit Salsa Milk	12/21 Mini Corn Dogs Ranchero Beans Applesauce Milk	12/22 Cheese Stick with Marinara Mozzarella Cheese Sticks with Dipping Sauce Garden Salad with Italian Dressing Applesauce Milk



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Liberty Traditional Saddleback December Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
12/4	12/5	12/6	12/7	12/8
Cheese Ritz Bits Applesauce Cups	Mini Cinnamon Graham Cracker Cheddar Cheese Stick	Quaker Snack Mix Apple	Cheddar Chex Mix Celery Sticks	Whole-Wheat Pan Dulce String Cheese Stick
12/11	12/12	12/13	12/14	12/15
Cheez-It Crackers Applesauce Cups	Animal Crackers Cheddar Cheese Stick	Rice Krispies Treat Apple	Chex Traditional Snack Mix Carrotteenies	Elf Chocolate Graham Crackers String Cheese Stick
12/18	12/19	12/20	12/21	12/22
Cheez-It Crackers Apple	Bug Bites Graham Cracker Cheddar Cheese Stick	Chex Traditional Snack Mix String Cheese Stick	Heartzels Pretzels Applesauce Cups	Winter Holiday No School



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