

# Liberty Traditional School

## Phoenix March Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday 2	Tuesday 3	Wednesday Early Release 4	Thursday Early Release 5	Friday Early Release 6
<i>Blueberry Pancakes</i> <i>Mixed Fruit</i> <i>Vanilla Yogurt</i>  Hop on Pop-Corn Chicken Baked Potato Wedges Sliced Strawberries	<i>Strawberry Bagel</i> <i>Mixed Berres</i> <i>Hash Brown Patties</i>  Cheesy Mac & Cheese BBQ Baked Beans Fresh Grapes	 <i>French Toast Sticks</i> <i>Orange Slices</i> <i>Sausage Links</i>  Back Yard Grill Burger Baby Carrots / Ranch Applesauce	 <i>Breakfast Flatbread</i> <i>Sliced Pears</i> <i>Strawberry Go-Gurt</i>  Taco Stick Celery Sticks Power Punch Juice Apple Slices	<i>Carrot Muffin</i> <i>Sliced Strawberries</i> <i>Crispy Bacon</i>  Deli Sub Sandwich Baby Carrots / Ranch Gold Rush Fruit Juice Sweet Oranges
9	10	11	12	13



16	17	18	19	20
 <i>Team Cheerios Bar</i> <i>Fruit Cocktail</i> <i>Cheese Cubes</i>  Beefy Nacho Supreme Roasted Corn Fresh Grapes	 <i>Breakfast Burrito</i> <i>Melon Medley</i> <i>Peach Yogurt</i>  Chicken Fajitas Broccoli Bites Mixed Fruit	 <i>Emoji Waffles</i> <i>Sliced Pears</i> <i>Scrambled Eggs</i>  Mini Corn Dogs Celery Sticks Power Punch Juice Apple Slices	 <i>Breakfast Pizza</i> <i>Fresh Grapes</i> <i>Potato Baby Cakes</i>  Chicken Posole Refried Beans Sweet Orange Slices	 <i>Carrot Muffin</i> <i>Sliced Strawberries</i> <i>Crispy Bacon</i>  Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Sliced Strawberries

23	24	25	26	27
 <i>Cinnamon UBR</i> <i>Sliced Peaches</i> <i>Sausage Links</i>  Bean & Cheese Burrito Curly Q Potatoes Sliced Apples	<i>Sausage Bagels</i> <i>Sliced Pears</i> <i>Peach Yogurt</i>  Spaghetti & Meat Sauce BBQ Baked Beans Fresh Grapes	<i>Cinnamon Rolls</i> <i>Mixed Berries</i> <i>Scrambled Eggs</i>  Regular or Spicy Chicken Sandwich Baby Carrots / Ranch Applesauce	 <i>Pancake Sandwich</i> <i>Fresh Grapes</i> <i>Strawberry Go-Gurt</i>  Mandarin Chicken / Rice Broccoli Bites Sweet Orange Slices	<i>Pumpkin Bread</i> <i>Sliced Apples</i> <i>Hash Brown Patties</i>  Grilled Cheese Mixed Salad Greens Melon Medley
30	31			

<i>Mini Donuts</i> <i>Sliced Peaches</i> <i>Scrambled Eggs</i>  Walking Taco Mexicali Corn Fresh Grapes	<i>Breakfast Pizza</i> <i>Sliced Apples</i> <i>Strawberrv Yogurt</i>  Hot Diggity Dog Mixed Vegetables Sweet Orange Slices	  
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**Free Breakfast And Lunch For All Students!**

**Friendly Reminder - Liberty Traditional will be providing HOT Breakfast with many additional offerings on the fruit bar in the cafeteria daily!**



Meals are FREE for all students - no need to complete a meal application!  
 USDA Is an Equal Opportunity Provider, Employer and Lender



# Liberty Traditional School Phoenix

## MARCH SNACK MENU

### Monday

Vanilla Blueberry **2**  
Bites  
Crackers  
  
100 % Fruit Juice

**9**  
NO SCHOOL  
Today

WG Cheddar **16**  
Sun Chips  
  
100 % Fruit Juice

WG White **23**  
Nacho Cheese  
Doritos  
  
100 % Fruit Juice

WG Garden Salsa **30**  
Sun chips  
  
100 % Fruit Juice

### Tuesday

Rainbow **3**  
Goldfish  
Crackers  
&  
String Cheese

**10**  
NO SCHOOL  
Today

WG Bunny Friends **17**  
Graham  
&  
String Cheese

WG Honeybun **24**  
Grahams  
&  
String Cheese

Vanilla Blueberry **31**  
Bites  
Crackers  
&  
String Cheese

### Wednesday

Cheez – Its **4**  
  
Apple Slices  
&  
Lemonade Craisins

**11**  
NO SCHOOL  
Today

Chex Mix **18**  
  
Apple Slices  
&  
Watermelon Raisins

Cheez – It's **25**  
  
Apple Slices  
&  
Orange Craisins

### Thursday

WG White **5**  
Nacho Cheese  
Doritos  
  
100 % Fruit Juice

**12**  
NO SCHOOL  
Today

Cheddar **19**  
Goldfish  
Crackers  
  
100 % Fruit Juice

Goldfish Pretzel **26**  
Crackers  
&  
Cheese Cubes

### Friday

Strawberry **6**  
Chex Mix  
&  
Cheese Cubes

**13**  
NO SCHOOL  
Today

WG Scooby Doo **20**  
Grahams  
&  
Cheese Cubes

Chocolate **27**  
Chex Mix  
&  
100 % Fruit Juice

