

Liberty Traditional School

Phoenix

FEBRUARY MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Mini Donuts Fruit Cocktail Vanilla Yogurt Mini Corn Dogs Roasted Corn Fresh Grapes	Egg/Cheese Flatbread Fuzzy Kiwi Potato Baby Cakes Breaded Baked Chicken Garlic Green Beans Sweet Orange Slices	Confetti Pancakes Sliced Peaches Cheese Cubes Backyard Grill Burger BBQ Baked Beans Sweet & Sour Apples	Homestyle Waffles Golden Bananas Scrambled Eggs Chicken Posole Baby Carrots / Ranch Cinnamon Applesauce	Biscuits / Gravy Melon Medley Crispy Bacon Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Sliced Strawberries
9	10	11	12	13
Cinnamon UBR Sliced Peaches String Cheese Nacho Supreme w/Beef Crinkle Cut Potatoes Sweet Orange Slices	Breakfast Burrito Fresh Grapes Potato Baby Cakes Chicken Fried Rice Bowl Cali Blend Veggies Gala Apple Slices	French Toast Sticks Sliced Pears Sausage Links Heart Nuggets / Roll Broccoli Bites Cherry Fruit Cup	Breakfast Sandwich Fuzzy Kiwi Strawberry Yogurt Walking Taco BBQ Baked Beans Fresh Grapes	Blueberry Muffin Top Mixed Berries Scrambled Eggs Crispy Fish Tacos Baby Carrots / Ranch Melon Medley
16	17	18	19	20
	Trix Cereal Bar Apple Slices Cheese Cubes Bean & Cheese Burrito Zesty Green Beans Sliced Peaches	Blueberry Pancakes Golden Bananas Hash Brown Patties Regular or Spicy Beef Taco Stick Baby Carrots / Ranch Cinnamon Apple Slices	Sausage Bagels Sliced Pears Strawberry Go-Gurt Pretzel Hot Dog Roasted Corn Melon Medley	Cinnamon Rolls Fresh Grapes Sausage Patties Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Sliced Strawberries
23	24	25	26	27
Apple Frudel Sliced Peaches String Cheese Baked Mozzarella Baked Potato Wedges Sweet Orange Slices	Pancake Poffitz Golden Bananas Hash Brown Patties Chicken Eggroll & Rice Roasted Corn Fresh Grapes	Breakfast Pizza Sliced Strawberries Peach Yogurt Regular or Spicy Chicken Sandwich Celery Sticks / Ranch Sweet & Sour Apples	Double Coco Muffin Cinnamon Applesauce Sausage Links Mandarin Chicken / Rice Steamed Broccoli Sliced Pears	Breakfast Sandwich Mixed Berries Vanilla Yogurt Crispy Fish Sticks / Roll Carrot Coins Melon Medley

Free Breakfast and Lunch for all students!

Friendly Reminder - Liberty Traditional will be providing HOT Breakfast with many additional offerings on the fruit bar in the cafeteria daily!



Meals are FREE for all students - no need to complete a meal application!
USDA is an Equal Opportunity Provider Employer and Lender



Liberty Traditional School

FEBRUARY SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Vanilla Blueberry Bites Crackers 100 % Fruit Juice 2	Rainbow Goldfish Crackers & String Cheese 3	Cheez – Its Apple Slices & Lemonade Craisins 4	WG White Nacho Cheese Doritos 100 % Fruit Juice 5	Strawberry Chex Mix & Cheese Cubes 6
WG Cheddar Sun Chips 100 % Fruit Juice 9	WG Bunny Friends Graham & String Cheese 10	Chex Mix Apple Slices & Watermelon Raisins 11	Cheddar Goldfish Crackers 100 % Fruit Juice 12	Super Banana Bread 100 % Fruit Juice 13
NO SCHOOL Today 16	Vanilla Blueberry Bites Crackers & String Cheese 17	Cheez – Its Apple Slices & Orange Craisins 18	Goldfish Pretzel Crackers & Cheese Cubes 19	Chocolate Chex Mix & Cheese Cubes 20
WG Salsa Sun Chips 100 % Fruit Juice 23	WG Honeybun Grahams & String Cheese 24	Chex Mix Apple Slices & Raspberry Raisins 25	WG White Nacho Cheese Doritos 100 % Fruit Juice 26	Super Pumpkin Bread 100 % Fruit Juice 27