

Liberty Traditional School Phoenix



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

DECEMBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<i>French Toast Sticks</i> <i>Peach Slices</i> <i>Strawberry Go-Gurt</i> Chili Frito Bowl Emoji Smile Potatoes Applesauce	<i>Breakfast Pizza</i> <i>Applesauce</i> <i>Hashbrown Patties</i> Spaghetti & Meat Sauce Broccoli Bites Sweet Orange Slices	<i>Mini Caramel Cinnis</i> <i>Fruit Cocktail</i> <i>Sausage Links</i> Beef Taco Stick Baby Carrots / Ranch Pineapple Fruit Cup	<i>Blueberry Muffin Top</i> <i>Fuzzy Kiwi</i> <i>Scrambled Eggs</i> Grilled Cheese BBQ Baked Beans Fresh Grapes	<i>Breakfast Burrito</i> <i>Sliced Strawberries</i> <i>Crispy Bacon</i> Chicken Tater Bowl Mixed Salad Greens Cinnamon Apples
8	9	10	11	12
<i>Cinnamon UBR</i> <i>Fresh Grapes</i> <i>Vanilla Yogurt</i> Chicken Tenders / Roll Baked Potato Wedges Mixed Berries	<i>Blueberry Pancakes</i> <i>Sliced Strawberries</i> <i>Sausage Links</i> Chili & Cornbread Bowl Steamed Broccoli Sliced Pears	<i>Egg & Cheese Flatbread</i> <i>Golden Bananas</i> <i>Potato Baby Cakes</i> Boneless Wings / Roll Baby Carrots / Ranch Fresh Grapes	<i>Strawberry Bagel Bar</i> <i>Applesauce</i> <i>Crispy Bacon</i> Chicken Posole Fiesta Beans Sweet Oranges Slices	<i>Breakfast Bites</i> <i>Sliced Peaches</i> <i>Peach Yogurt</i> Cheese Or Pepperoni Pizza Mixed Salad Greens Applesauce
15	16	17	18	19
<i>Apple Frudel</i> <i>Mixed Berries</i> <i>String Cheese</i> Nacho Supreme Curly Q Potatoes Applesauce	<i>Breakfast Sandwich</i> <i>Fuzzy Kiwi</i> <i>Peach Yogurt</i> Chicken Alfredo / Roll Broccoli Bites Sweet Orange Slices	<i>Carrot Muffin</i> <i>Diced Pears</i> <i>Crispy Bacon</i> Backyard Grill Burger Baby Carrots / Ranch Cherry Fruit Cup	<i>Baked Cinnamon Rolls</i> <i>Sliced Peaches</i> <i>Sausage Links</i> Wonder Nuggets / Roll Vegetable Medley Baked Cinnamon Apples Christmas Tree Cookie	<i>Mini Donuts</i> <i>Sliced Strawberries</i> <i>Scrambled Eggs</i> Cheese Quesadilla Punch Vegetable Juice Strawberry Applesauce



**Free Breakfast and
Lunch for all
students!**



**Friendly Reminder - Liberty Traditional
School will be serving breakfast daily in the
cafeteria!**

Meals are FREE for all students - no need to complete a meal application!
USDA is an Equal Opportunity Provider, Employer and Lender

Liberty Traditional School

DECEMBER SNACK MENU

Monday

1
Rainbow
Goldfish
Crackers
&
Cheese Cubes

8
WG White
Nacho Cheese
Doritos

100 % Fruit Juice

15
WG
Vanilla Chat Snacks
Grahams
&
Cheese Cubes

22
NO SCHOOL
Today

29
NO SCHOOL
Today

Tuesday

2
WG Cinnamon
Crisp
Crackers

100 % Fruit Juice

9
WG Cheddar
Sun Chips

100 % Fruit Juice

16
Pretzel
Goldfish
Crackers
&
100 % Fruit Juice

23
NO SCHOOL
Today

30
NO SCHOOL
Today

Wednesday

3
Cheez – Its

Fresh Fruit
&
Lemonade Craisins

10
Chex Mix

Apple Slices
&
Orange Craisins

17
Chex Mix

Apple Slices
&
Strawberry Craisins

24
NO SCHOOL
Today

31
NO SCHOOL
Today

Thursday

4
WG White
Cheddar
Popcorn

100 % Fruit Juice

11
WG Bunny Friends
Graham
& String Cheese

18
WG Chocolate
Chip Oatmeal
Bar
&
100 % Fruit Juice

25
NO SCHOOL
Today

Friday

5
WG Rice
Krispie
Treat

Cheese Cubes

12
WG Fudge
Pop-Tart
&
100 % Fruit Juice

19
NO Aftercare
Today

26
NO SCHOOL
Today

