

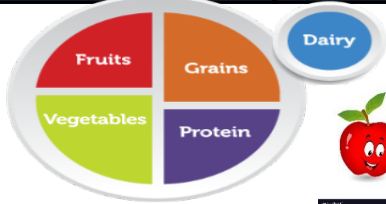
# Liberty Traditional School Phoenix

## September Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
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### Free Breakfast and Lunch for all students!



1	2	3	4	5
 Breakfast Bites Mixed Fruit Crispy Bacon  Walking Taco Mexicali Corn Sweet Orange Slices	Cinnamon Rolls Red Apple Slices Hash Brown Patties  Chicken Tenders / Roll Tater Smiles Mixed Fruit	 Biscuits / Gravy Sliced Pears Sausage Links  Backyard Grill Burger Baby Carrots / Ranch Fresh Grapes	 Blueberry Oatmeal Golden Bananas Scrambled Eggs  Rotini & Meat Sauce Broccoli Bites Sweet Orange Slices	Breakfast Sandwich Cinnamon Vanilla Yogurt  Chicken Posole Refried Beans Sliced Watermelons
8	9	10	11	12
 Breakfast Bites Mixed Fruit Crispy Bacon  Walking Taco Mexicali Corn Sweet Orange Slices	 Breakfast Burrito Sliced Pears Strawberry Yogurt  Beef Teriyaki Bowl Steamed Broccoli Fresh Grapes	 Apple Frudel Fuzzy Peaches Sausage Links  Boneless Wings / Roll Baby Carrots / Ranch Berry Kiwi Sidekick	 Sausage Bagels Fresh Grapes Potato Baby Cakes  Beef Taco Crisp Up's BBQ Baked Beans Cinnamon Apple Slices	Mini Donuts Sliced Strawberries Scrambled Eggs  Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
15	16	17	18	19
Super Pumpkin Bread Fresh Fruit Variety Cheese Cubes  Beefy Nacho Supreme Curly Q Potatoes Sliced Peaches	Homestyle Waffles Golden Apple Slices Sausage Links  Mandarin Chicken Bowl Broccoli Bites Sweet Orange Slices	Apple Cinnamon Oatmeal Golden Bananas Hash Brown Patties  Beef Taco Stick Baby Carrots / Ranch Fresh Grapes	 Strawberry Bagel Bar Purple Plums Crispy Bacon  Sloppy Joe BBQ Baked Beans Sliced Watermelons	 Egg / Cheese Flatbread Nectarines Strawberry Go-Gurt  Crispy Fish Tacos Zesty Green Beans Sweet & Sour Apples
22	23	24	25	26
Mini Caramel Cinnis Red Apple Slices Sausage Links  Baked Chicken Drum Roasted Corn Fruit Cocktail	French Toast Sticks Diced Pears Potato Baby Cakes  Beef Quesadilla Refried Beans Mixed Berries	 Double Chocolate Muffin Fuzzy Peaches Crispy Bacon  Chicken Poppers / Roll Baby Carrots / Ranch Sour Cherry Sidekick	Chicken Waffle Sandwich Sliced Strawberries Peach Yogurt  Chicken Alfredo Steamed Broccoli Sweet Orange Slices	 Mini Donuts Purple Plums Scrambled Eggs  Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
29	30	<div> <p><b>Friendly Reminder - Liberty Traditional will be providing <u>HOT</u> Breakfast with many additional offerings on the fruit bar in the cafeteria daily!</b></p> </div>		
Blueberry Pancakes Mixed Fruit Cheese Cubes  Mini Corn Dogs Baked Potato Wedges Cinnamon Apple Slices	 Breakfast Sandwich Golden Bananas Vanilla Yogurt  Chicken Eggroll / Rice Broccoli Bites Fresh Grapes			



Meals are FREE for all students - no need to complete a meal application!  
This Institution Is An Equal Opportunity Provider



# Liberty Traditional School

## September Snack Menu 2025



### Monday

NO SCHOOL  
TODAY

1

### Tuesday

WG Cinnamon  
Roll Crackers

2

100 % Fruit Juice

### Wednesday

Cheex Mix

3

Apple Slices  
&  
Orange Craisins

### Thursday

WG White  
Nacho Cheese  
Doritos

4

100 % Fruit Juice

### Friday

WG Chocolate  
Chip Oatmeal  
Bar  
&  
String Cheese

5

WG Graham  
Crackers  
&  
String Cheese

8

WG Scooby –  
Doo Crackers

9

100 % Fruit Juice

Cheez – Its

10

Fresh Fruit  
&  
Lemonade Craisins

WG Maple  
Waffle Crackers

11

100 % Fruit Juice

WG Rice  
Krispie  
Treat

12

Cheese Cubes

Rainbow  
Goldfish  
Crackers  
&  
String Cheese

15

NO SCHOOL  
TODAY

16

Cheex Mix

17

Apple Slices  
&  
Strawberry Craisins

WG Cheddar  
Sun chips

18

100 % Fruit Juice

WG Double  
Chocolate Oatmeal  
Bar

19

String Cheese

WG Graham  
Crackers  
&  
String Cheese

22

WG Cinnamon  
Roll Crackers

23

100 % Fruit Juice

Cheez – Its

24

Fresh Fruit  
&  
Watermelon Craisins

Goldfish Pretzel  
Crackers

25

100 % Fruit Juice

WG Rice  
Krispie  
Treat

26

Cheese Cubes

WG White  
Nacho Cheese  
Doritos

29

100 % Fruit Juice

WG White  
Cheddar  
Popcorn

30

Cheese Cubes

