## Liberty Traditional School

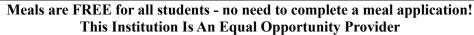
## **Phoenix**

## September Menu

1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Red Apple Slices Hash Brown Patties  Chicken Tenders / Roll Tater Smiles Mixed Fruit Crispy Bacon  Walking Taco Mexicali Corn Sweet Orange Slices Searth Grapes Steamed Broccoli Steaded Watermelon Sticed Waterme	L . 2.11221	September Menu							
Teres and Lunch for all students!    Cinnamon Rolls   Red Apple Slices   Hash Brown Patties	Monday	Tuesday	Wednesday	Thursday	Friday				
Tree Breakfast and Lunch for all students!    Cinnamon Rolls   Red Apple Slices   Hash Brown Patties									
Tree Breakfast and Lunch for all students!    Cinnamon Rolls   Red Apple Slices   Hash Brown Patties		Dainy							
Lunch for all students!  Suman and students!  Biscuits / Gravy Sliced Pears Sausage Links  Scrambled Eggs  Chicken Peaches / Roll Tater Smiles Mixed Fruit Crismiles Mixed Fruit Crismy Bacon  Mixed Fruit Crismy Bacon  Walking Taco  Walking Taco  Walking Taco  Walking Taco  Mexicali Corn Steamed Broccoli Steamed Broccoli Baby Carrots / Ranch Sausage Links  Mexicali Corn Sweet Orange Slices  Fresh Grapes  Strawberry Yogurt  Boneless Wings / Roll Baby Carrots / Ranch Berry Kiwi Sidekick  Beef Taco Crism Up's Beg Refried Beans Siliced Watermelons  Scrambled Eggs  Chicken Posole Refried Beans Siliced Watermelons  Sliced Watermelons  Scrambled Eggs  Chicken Posole Refried Beans  Siliced Watermelons	Fruits Grains France Report and								
Cinnamon Rolls Red Apple Slices Hash Brown Patties  Chicken Tenders / Roll Tater Smiles Mixed Fruit Crispy Bacon  Walking Taco Mexicali Corn Sweet Orange Slices Fresh Grapes  Strawberry Yogurt  Walking Taco Mexicali Corn Sweet Orange Slices Fresh Grapes  Total Total Steamed Broccoli Beef Teriyaki Bowl Steamed Broccoli Baby Carrots / Ranch Berry Kiwi Sidekick  Total Super Pumpkin Bread Fresh Fruit Variety Cheese Cubes Sausage Links  Golden Apple Slices Golden Bananas Fresh Fruit Variety Cheese Cubes Sausage Links  Golden Apple Slices Fresh Grapes Strawberry Bagel Bar Fresh Fruit Variety Cheese Cubes Sausage Links  Golden Apple Slices Hash Brown Patties Beef Taco Stick Baby Carrots / Ranch Broccoli Bites Suisage Links  Golden Bananas Cinn Vanilla Y Super Pudel Backyard Grill Burger Baby Carrots / Ranch Broccoli Bites Sweet Orange Slices Fresh Grapes Fresh Gr									
Cinnamon Rolls Red Apple Slices Hash Brown Patties  Chicken Tenders / Roll Tater Smiles Mixed Fruit Crispy Bacon  Walking Taco Mexicali Corn Sweet Orange Slices Fresh Grapes  Strawberry Yogurt  Walking Taco Mexicali Corn Sweet Orange Slices Fresh Grapes  Total Total Steamed Broccoli Baby Carrots / Ranch Brent Kiwal Fruit Crispy Bacon  Walking Taco Mexicali Corn Sweet Orange Slices Fresh Grapes  Strawberry Kiwai Sideklick Fresh Grapes  Total  Apple Cinnamon Oatmeal Fresh Fruit Variety Cheese Cubes Sausage Links  Apple Cinnamon Oatmeal Fresh Fruit Variety Cheese Cubes Sausage Links  Apple Cinnamon Oatmeal Fresh Grapes Golden Bananas Scrambled Eggs  Antini D Susasage Bagels Fresh Grapes F	getables Protein	n lunc	h for all stud	entsl =					
Cinnamon Rolls Red Apple Slices Hash Brown Patties  Chicken Tenders / Roll Tater Smiles Mixed Fruit Crispy Bacon  Walking Taco Walking Taco Walking Taco Waset Orange Slices Steamed Broccoli Steamed Broccoli Steamed Broccoli Fresh Grapes  Boneless Wings / Roll Body Carrots / Ranch Strawberry Yogurt  Boneless Wings / Roll Body Carrots / Ranch Strawberry Kiwi Sidekick Boneless Wings / Roll Body Carrots / Ranch Fresh Grapes Sausage Links  Breakfast Bureto Sliced Pears Sweet Orange Slices  Mini D Sausage Bagels Fresh Grapes Potato Baby Cakes Scrambled Sliced Watermelon Suiced Strawb Scramble Corresponded Sliced Strawb Scramble Corresponded Scramble Corresponded Strawberry Yogurt  Mani D Sausage Bagels Fresh Grapes Sausage Bagels Fresh Grapes Potato Baby Cakes Scrambled Scrawberry Sliced Watermelon Sliced Strawb Scrambled Scrawberry Sliced Watermelon Sliced Strawb Scrambled Scrawberry Sliced Pears Sausage Bagels Fresh Grapes Potato Baby Cakes Scrambled Scrawberry Sliced Matermelon Slices Potato Baby Cakes Scrambled Scrawberry Sliced Watermelon Slices Presh Grapes Scrambled Eggs  Chicken Posole Refried Beans Sliced Watermelon Sliced Strawb Scrambled Eggs Chicken Posole Refried Beans Sliced Watermelon Sliced Strawb Refried Beans Sliced Watermelon	Lunch for all students:								
Cinnamon Rolls Red Apple Slices Hash Brown Patties  Chicken Tenders / Roll Tater Smiles Mixed Fruit Crispy Bacon  Walking Taco Walking Taco Walking Taco Waset Orange Slices Steamed Broccoli Steamed Broccoli Steamed Broccoli Fresh Grapes  Boneless Wings / Roll Body Carrots / Ranch Strawberry Yogurt  Boneless Wings / Roll Body Carrots / Ranch Strawberry Kiwi Sidekick Boneless Wings / Roll Body Carrots / Ranch Fresh Grapes Sausage Links  Breakfast Bureto Sliced Pears Sweet Orange Slices  Mini D Sausage Bagels Fresh Grapes Potato Baby Cakes Scrambled Sliced Watermelon Suiced Strawb Scramble Corresponded Sliced Strawb Scramble Corresponded Scramble Corresponded Strawberry Yogurt  Mani D Sausage Bagels Fresh Grapes Sausage Bagels Fresh Grapes Potato Baby Cakes Scrambled Scrawberry Sliced Watermelon Sliced Strawb Scrambled Scrawberry Sliced Watermelon Sliced Strawb Scrambled Scrawberry Sliced Pears Sausage Bagels Fresh Grapes Potato Baby Cakes Scrambled Scrawberry Sliced Matermelon Slices Potato Baby Cakes Scrambled Scrawberry Sliced Watermelon Slices Presh Grapes Scrambled Eggs  Chicken Posole Refried Beans Sliced Watermelon Sliced Strawb Scrambled Eggs Chicken Posole Refried Beans Sliced Watermelon Sliced Strawb Refried Beans Sliced Watermelon									
Cinnamon Rolls Red Apple Slices Hash Brown Patties  Chicken Tenders / Roll Tater Smiles Mixed Fruit Crispy Bacon  Walking Taco Walking Taco Walking Taco Waset Orange Slices Strawberry Yogurt  Walking Taco Sweet Orange Slices Fresh Grapes  Boneless Wings / Roll Body Carrots / Ranch Fresh Grapes Boneless Wings / Roll Body Carrots / Ranch Fresh Grapes Sausage Links  Breakfast Burrito Sliced Pears Sweet Orange Slices Sweet Orange Slices Siced Watermelon: Strawberry Yogurt  Walking Taco Walking Taco Walking Taco Walking Taco Beef Teriyaki Bowl Steamed Broccoli Fresh Grapes Boneless Wings / Roll Body Carrots / Ranch Boneless Wings / Roll Body Carrots / Ranch	1	2	3	4	5				
Red Apple Slices Hash Brown Patties  Red Apple Slices Hash Brown Patties  Chicken Tenders / Roll Tater Smiles Mixed Fruit Crispy Bacon  Walking Taco Mexicali Corn Sweet Orange Slices Fresh Grapes Steamed Broccoli Steawet Crisp Up's Beef Taco Crisp Up's Beef Taco Crisp Bagel Bar Strawberry Bagel Bar Strawberry Bagel Bar Crispy Bacon Strawberry Go		Cinnamon Rolls	-	Blueherry Oatmeal	Breakfast Sandwich				
Hash Brown Patties    Chicken Tenders / Roll   Tater Smiles   Mixed Fruit   Tater Smiles   Tater Smiles   Mixed Fruit   Tater Smiles   Tate				-	Cinnamon				
Chicken Tenders / Roll Tater Smiles Mixed Fruit  Breakfast Bites Mixed Fruit Crispy Bacon  Walking Taco Mexicali Corn Sweet Orange Slices  Beef Teriyaki Bowl Steamed Broccoli Strawberry Bagel Bar Crispy Bagel Bar Strawberry Bagel Bar Crispy Bacon Strawberry Go Strawberry Go Strawberry Go Strawberry Go Strawberry Go Crispy Fish Tacos Strawberry Go	OP*	• • •			Vanilla Yogurt				
Tater Smiles Mixed Fruit Presh Grapes  8  9  10  Breakfast Bites Mixed Fruit Crispy Bacon  Walking Taco  Beef Teriyaki Bowl Steemed Broccoli Sweet Orange Slices  Strawberry Yogurt  Walking Taco  Mexicali Corn Sweet Orange Slices  Strawberry Yogurt  Mexicali Corn Sweet Orange Slices  Fresh Grapes  Strawberry Yogurt  Mexicali Corn Sweet Orange Slices  Fresh Grapes  Steamed Broccoli Baby Carrots / Ranch Broccoli Bites Sweet Orange Slices  Fresh Grapes  Sausage Links  Beef Taco Crisp Up's Beef Taco Crisp Up's BBQ Baked Beans Mixed Salad Green Melon Medley  Mixed Salad Green Melon Medley  Mixed Salad Green Melon Medley  Mixed Salad Green M	daer.	Trush Brown Tuttles	Suisage Links						
Tater Smiles Mixed Fruit    Baby Carrots / Ranch Fresh Grapes   Broccoli Bites Sweet Orange Slices   Sliced Watermelons	DAY	Chicken Tendens / Poll	Rockyand Gnill Rungan	Potini & Maat Sauca	Chicken Posele				
Mixed Fruit   Fresh Grapes   Sweet Orange Slices   Sliced Watermelons   Susage Bagels   Fresh Grapes   Susage Bagels   Fresh Grapes   Susage Bagels   Fresh Grapes   Susage Bagels   Fresh Grapes   Strawberry Yogurt   Steamed Broccoli   Steamed Broccoli   Steamed Broccoli   Fresh Grapes   Strawberry Kiwi Sidekick   Susage Bagels   Fresh Grapes   Susage Links   Susage Links   Susage Bagels   Fresh Grapes   Susage Links   Susage Bagels   Fresh Grapes   Susage Bagels   Fresh Grapes   Susage Links   Susage Links   Susage Bagels   Fresh Grapes   Susage Links   Susage Links   Susage Links   Susage Bagels   Fresh Grapes	^		1 '						
Breakfast Bites Mixed Fruit Crispy Bacon Walking Taco Wexicali Corn Sweet Orange Slices Fresh Grapes Fresh Fruit Variety Cheese Cubes  Beef Yaco Orange Slices Fresh Fruit Variety Cheese Cubes  Beef Yaco Orange Slices Fresh Grapes Sausage Links  Boneless Wings / Roll Boneless Wings / Ro	350		'		·				
Mixed Fruit Crispy Bacon  Strawberry Yogurt  Sliced Pears Strawberry Yogurt  Walking Taco  Beef Teriyaki Bowl Steamed Broccoli Sweet Orange Slices  Tersh Grapes Strawberry Yogurt  Beaby Carrots / Ranch Sweet Orange Slices  Tersh Grapes Strawberry Yogurt  Beef Taco Crisp Up's Beef T				_ 11					
Mixed Fruit Crispy Bacon  Strawberry Yogurt  Sliced Pears Strawberry Yogurt  Walking Taco  Beef Teriyaki Bowl Steamed Broccoli Sweet Orange Slices  Tersh Grapes Strawberry Yogurt  Beaby Carrots / Ranch Sweet Orange Slices  Tersh Grapes Strawberry Yogurt  Beef Taco Crisp Up's Beef T	Breakfast Bites	es - Breakfast Burrita	Annle Frudel	Sausage Ragels	Mini Donuts				
Crispy Bacon  Strawberry Yogurt  Sausage Links  Potato Baby Cakes  Scramble at Cheese Or  Pepperoni Pizza  Mexicali Corn Sweet Orange Slices  Fresh Grapes  Beef Teriyaki Bowl Steamed Broccoli Sweet Orange Slices  Fresh Grapes  Beerry Kiwi Sidekick  Cinnamon Apple Slices  Fresh Fruit Variety Cheese Cubes  Curly Q Potatoes Sliced Peaches  Strawberry Yogurt  Sausage Links  Beef Taco Crisp Up's Beef Taco Crisp Beans Sloph Malorin Chicken Bowl Beef Taco Crisp Been Solices Slophy Joe Crispy Fish Tacos Seet & Sour Apple Crisp Fish Grapes Sliced Watermelons Sweet & Sour Apple Connamon Apple Slices Scrambled Cheese Or Pepperoni Pizza Mixed Salad Green Melon Melev  Erg/Connamon Apple Slices Cinnamon Apple Sli					Sliced Strawberries				
Walking Taco  Mexicali Corn Steamed Broccoli Sweet Orange Slices  Tresh Grapes  The super Pumpkin Bread Fresh Fruit Variety Cheese Cubes  Beef Taco Crisp Up's Beef Taco Crisp Up			* · · · · · · · · · · · · · · · · · · ·		Scrambled Eggs				
Mexicali Corn Sweet Orange Slices Fresh Grapes Fresh Grapes Fresh Grapes Berry Kiwi Sidekick Cinnamon Apple Slices Cinnamon Apple Slices Melon Medley  15  16  17  Super Pumpkin Bread Fresh Fruit Variety Cheese Cubes Curly Q Potatoes Sliced Peaches Steamed Broccoli Baby Carrots / Ranch Berry Kiwi Sidekick Cinnamon Apple Slices Strawberry Bagel Bar Fegy / Crispy Bacon Crispy Bacon Strawberry Good Strawberry Good Crispy Fish Tacos Baby Carrots / Ranch Baby Carrots / Ranch Baby Baked Beans Sliced Watermelons Sweet & Sour Apple Condition Apple Slices Sloppy Joe Crispy Fish Tacos Set Green Beans Sliced Watermelons Sweet & Sour Apple Condition Apple Slices Sloppy Joe Crispy Fish Tacos Set Green Beans Sliced Watermelons Sweet & Sour Apple Condition Apple Slices Sloppy Joe Crispy Fish Tacos Set Green Beans Sliced Watermelons Sweet & Sour Apple Condition Apple Slices Sloppy Joe Crispy Fish Tacos Set Green Beans Sliced Watermelons Sweet & Sour Apple Condition Apple Slices Sloppy Joe Crispy Fish Tacos Set Green Beans Sliced Watermelons Sweet & Sour Apple Condition Apple Slices Sloppy Joe Crispy Fish Tacos Set Green Beans Sliced Watermelons Sweet & Sour Apple Condition Apple Slices Sloppy Joe Crispy Fish Tacos Set Green Beans Sliced Watermelons Sweet & Sour Apple Condition Apple Slices Sloppy Joe Crispy Fish Tacos Set Green Beans Sloppy Joe Crispy	c. uspy 2 uco				Į į				
Sweet Orange Slices Fresh Grapes Berry Kiwi Sidekick Cinnamon Apple Slices Melon Medley  15 16 17 18 19  Super Pumpkin Bread Homestyle Waffles Golden Apple Cinnamon Oatmeal Fresh Fruit Variety Cheese Cubes Sausage Links Hash Brown Patties  Beefy Nacho Supreme Mandarin Chicken Bowl Slices Gurly Q Potatoes Sliced Peaches Sweet Orange Slices Fresh Grapes  Sweet Orange Slices Berry Kiwi Sidekick Cinnamon Apple Slices Apple Cinnamon Oatmeal Strawberry Bagel Bar Flat Nector Crispy Bacon Strawberry Golden Bananas Crispy Bacon Strawberry Bagel Bar Crispy Bacon Strawberry Bagel Bar Crispy Bacon Strawberry Bac	Taco	Beef Teriyaki Bowl	Boneless Wings / Roll	Beef Taco Crisp Up's	Pepperoni Pizza				
Super Pumpkin Bread Fresh Fruit Variety Cheese Cubes  Beefy Nacho Supreme Curly Q Potatoes Sliced Peaches Super Orange Slices Sweet Orange Slices Sweet Orange Slices Super Cinnamon Oatmeal Apple Cinnamon Oatmeal Strawberry Bagel Bar Purple Plums Crispy Bacon Strawberry Go Strawberry Bagel Bar Crispy Bacon Strawberry Bagel Bar Orispy Bacon Strawberry Go Strawberry Go Strawberry Go Strawberry Go		Steamed Broccoli	Baby Carrots / Ranch	BBQ Baked Beans	Mixed Salad Greens				
Super Pumpkin Bread Fresh Fruit Variety Cheese Cubes  Beefy Nacho Supreme Curly Q Potatoes Sliced Peaches Super Pumpkin Bread Homestyle Waffles Golden Apple Slices Sausage Links Hash Brown Patties  Golden Bananas Hash Brown Patties  Sloppy Joe Baby Carrots / Ranch Shiced Peaches Sweet Orange Slices Fresh Grapes  Crispy Bacon Strawberry Bagel Bar Purple Plums Crispy Bacon Strawberry Go	Orange Slices		Berry Kiwi Sidekick	Cinnamon Apple Slices					
Fresh Fruit Variety Cheese Cubes  Beefy Nacho Supreme Curly Q Potatoes Sliced Peaches  Curly Q Potatoes Sliced Peaches  Condense Cubes  Homestyle Wajjies  Apple Cumamon Outment  Golden Bananas Hash Brown Patties  Golden Bananas Hash Brown Patties  Crispy Bacon  Crispy Bacon  Crispy Fish Tacos  Baby Carrots / Ranch Sliced Watermelons  Sweet & Sour Apple  22  23  24  25  26	15	16	17	18					
Fresh Fruit Variety Cheese Cubes  Sausage Links  Hash Brown Patties  Fresh Fruit Variety Cheese Cubes  Sausage Links  Hash Brown Patties  Fresh Grapes  Sliced Peaches  Golden Bananas Crispy Bacon  Strawberry Golden Bananas Strawberry Golden Bananas Crispy Bacon  Crispy Fish Tacos Baby Carrots / Ranch Sweet Orange Slices  Fresh Grapes  Sweet & Sour Apple  22  23  24  25  26	· Pumpkin Bread	ad Homestyle Waffles	Apple Cinnamon Oatmeal	Strawberry Bagel Bar	Egg / Cheese Flatbread				
Cheese Cubes  Sausage Links  Hash Brown Patties  Crispy Bacon  Strawberry Go  Beefy Nacho Supreme  Andarin Chicken Bowl  Broccoli Bites  Sliced Peaches  Sweet Orange Slices  Fresh Grapes  Sliced Watermelons  Sweet & Sour Apple  22  23  44  Crispy Bacon  Strawberry Go  Crispy Fish Tacos  Ranch  BBQ Baked Beans  Sweet & Sour Apple  Sweet & Sour Apple  24  25  26	ach Emit Variati	Golden Apple Slice	Goldon Rangnas	Dumla Dluma	Nectarines				
Beefy Nacho Supreme Curly Q Potatoes Sliced Peaches  Mandarin Chicken Bowl Broccoli Bites Sweet Orange Slices  Baby Carrots / Ranch Fresh Grapes  Sliced Watermelons  Sweet & Sour Appl  22  23  24  25  Crispy Fish Tacos  Zesty Green Beans Sliced Watermelons  Sweet & Sour Appl	-	- 1 × 11							
Curly Q Potatoes Sliced Peaches  Broccoli Bites Sweet Orange Slices  Baby Carrots / Ranch Fresh Grapes  BBQ Baked Beans Sliced Watermelons  Sweet & Sour Appl  22  23  24  25  26	Cheese Cubes	es Sausage Links	Trash Brown Fames	Crispy Bacon	Sirawberry Go-Gart				
Curly Q Potatoes Sliced Peaches Broccoli Bites Sweet Orange Slices Baby Carrots / Ranch Fresh Grapes Sliced Watermelons Sweet & Sour Appl 22 23 24 25 26	Jacho Supreme	Mandarin Chicken Bowl	Beef Taco Stick	Sloppy Joe	Crispy Fish Tacos				
Sliced Peaches Sweet Orange Slices Fresh Grapes Sliced Watermelons Sweet & Sour Appl 22 23 24 25 26	• •		·		1 ''				
22 23 24 25 26			-		<b>■</b>				
			·	25					
	Caramel Cinnis	is French Toast Sticks	Double Chocolate Muffin	Chicken Waffle Sandwich	Mini Donuts				
					Purple Plums				
	* *	I			Scrambled Eggs				
Cheese Or									
Baked Chicken Drum Beef Quesadilla Chicken Poppers / Roll Chicken Alfredo Pepperoni Pizza	hicken Drum	Beef Quesadilla	Chicken Poppers / Roll	Chicken Alfredo					
		<b>-</b> 1			Mixed Salad Greens				
Fruit Cocktail Mixed Berries Sour Cherry Sidekick Sweet Orange Slices Melon Medley			Sour Cherry Sidekick	Sweet Orange Slices	Melon Medley				
29 30 No. 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1									
Blueberry Pancakes Breakfast Sandwich	-								
Mixed Fruit Golden Bananas									
directe dabes   Valitati Togali	Cheese Cubes	es   🍑 Vanilla Yogur	Friendly Reminder - Liberty Traditional will be						
providing <u>HOT</u> Breakfast with many additional									
Mini Corn Dogs Chicken Eggroll / Rice Offerings on the fruit bar in the cafeteria daily!	rn Dogs	Chicken Eggroll / Rice	offerings on th	ne truit bar in the cafe	teria daily!				
Baked Potato Wedges Broccoli Bites									
Cinnamon Apple Slices Fresh Grapes	n Apple Slices	Fresh Grapes							
Mode are EDEE for all students, no need to complete a meal ambigation!									







## Liberty Traditional School September Snack Menu 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
	NO SCHOOL	WG Cinnamon Roll Crackers	Chex Mix 3	WG White 4 Nacho Cheese	WG Chocolate Chip Oatmeal
	TODAY		Apple Slices &	Doritos	Bar &
		100 % Fruit Juice	Orange Craisins	100 % Fruit Juice	String Cheese
	WG Graham 8 Crackers	WG Scooby – 9 Doo Crackers	Cheez – Its 10	WG Maple Waffle Crackers	WG Rice Krispie
	& String Cheese		Fresh Fruit &		Treat
		100 % Fruit Juice	Lemonade Craisins	100 % Fruit Juice	Cheese Cubes
•	Rainbow 15	16	Chex Mix 17	WG Cheddar 18	WG Double 19
	Goldfish	NO SCHOOL	A 1 60	Sun chips	Chocolate Oatmeal
	Crackers &	TODAY	Apple Slices &		Bar
	String Cheese		Strawberry Craisins	100 % Fruit Juice	String Cheese
	WG Graham 22 Crackers	WG Cinnamon Roll Crackers	Cheez – Its 24	Goldfish Pretzel 25 Crackers	WG Rice 26 Krispie
	&	non oracion	Fresh Fruit	Gracitors	Treat
	String Cheese		&		
		100 % Fruit Juice	Watermelon Craisins	100 % Fruit Juice	Cheese Cubes
	WG White 29	WG White 30	<u> </u>	_	2+2
	Nacho Cheese	Cheddar		+	
	Doritos	Popcorn		X	+
	100 % Fruit Juice	Cheese Cubes		muni	