Liberty Traditional School Phoenix

MAY MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	
Free Breakfa	et and		Egg / Cheese Flatbread Sliced Strawberries	Breakfast Bites	
Free Breakfast and		Fruits Grains Dairy	Peach Yogurt	Applesauce Potato Baby Cakes	
Lunch fo	r all	Vegetables	reach Fogurt	 	
student 🎒	el			Fiesta Lunch!	
Students:		MyPlate.gov	Cheesy Beef Burger	Walking Taco	
			BBQ Baked Beans	Curly Q Potatoes	
			Sliced Peaches	Cool Tropics Fruit Slush	
5	6	7	8	9	
Apple Frudel	Cinnamon Rolls	Pancake Bites	Sausage Bagels	Mini Donut	
Sliced Peaches	Sliced Strawberries	Fresh Grapes	Mixed Fruit	Fuzzy Kiwi	
String Cheese	Hash Brown Patties	Sausage Links	Scrambled Eggs	Vanilla Yogurt	
	M I · CI· I	M: · C D		Stuffed Crust Cheese	
Beefy Nacho Supreme	Mandarin Chicken	Mini Corn Dogs	Chef's Choice	Or Pepperoni Pizza	
Baked Potato Wedges	Garlic Green Beans	Baby Carrots / Ranch	Mixed Vegetables	Mixed Salad Greens	
Fresh Fruit Variety	Sweet Orange Slices	Gala Apple Slices	Golden Bananas	Melon Medley	
12	13	14	15	16	
Homestyle Waffles Sliced Pears	Raspberry Churro Apple Slices	Pancake On a Stick Golden Bananas	Cinnamon UBR Fresh Grapes	Breakfast Sandwich Fresh Fruit Variety	
Crispy Bacon	Strawberry Yogurt	Sausage Links	Hash Brown Patty	Peach Yogurt	
		Regular or Spicy			
Baked Mozzarella	Rotini & Meat Sauce	Beef Taco Stick	Chicken Posole	Chef's Choice	
Roasted Corn	Mixed Vegetables	Celery Sticks / Ranch	Refried Beans	Broccoli Bites	
Cinnamon Applesauce	Fresh Grapes	Sour Apple Slices	Sweet Orange Slices		
10	20	21	22	23	
Strawberry Bagel Bar	Egg / Cheese Flatbread	Mini Donuts	22		
Sliced Peaches	Sliced Strawberries	Fresh Fruit Variety			
Vanilla Yogurt	Potato Baby Cakes	String Cheese		-00	
	Stuffed Crust Cheese	No Lunch Todayl	Sur		
Chef's Choice	Or Pepperoni Pizza	No Lunch Today!		MANUEL :	
Mixed Vegetables	Baby Carrots / Ranch	Early Release!			
Watermelon Slices	Lemon Berry Sidekick				
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	Meals are FREE for all st			n!	
This Institution Is An Equal Opportunity Provider					

Liberty Traditional School Phoenix May Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			WG Graham Crackers & String Cheese	WG Nacho Cheese Doritos
			100 % Fruit Juice	100 % Fruit Juice
Strawberry Nutri-Grain Bar	WG Baked BBQ Crisps	Cheez-Its 7 Fresh Fruit Variety	WG Baked Cheetos	WG Rice Krispie Treat
100 % Fruit Juice	100 % Fruit Juice	Orange Craisins	100 % Fruit Juice	100 % Fruit Juice
WG Baked Sun Chips	WG White 13 Cheddar Popcorn	Chex Mix 14 Apple Slices	WG Graham Crackers & String Cheese	WG Chocolate 16 Oatmeal Bar
100 % Fruit Juice	100 % Fruit Juice	Watermelon Raisins	100 % Fruit Juice	100 % Fruit Juice
WG Nacho Cheese Doritos	WG Baked BBQ Crisps	NO AFTERCARE TODAY	22	23
100 % Fruit Juice	100 % Fruit Juice	TODAT		
26	27	28	29	30