## **Liberty Traditional**

## School



ALL MEALS ARE FREE FOR ALL STUDENTS AND CHILDREN 18 AND **UNDER** 

Grab-and-GO Meals for pick up on site! Available Monday - Friday

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
	cholesterol intake, eg benefits! Eggs are a protein, contain cholin	spite controversy over gs offer great nutrient rich source of quality ne, every B vitamin and nge of amino acids!	Strawberry Cream Bagel Potato Baby Cakes Delicious Grapes Pork Carnitas Green Beans Fresh Fruit Variety	Eoster Houday
5	<u> </u>	7	8	9
Strawberry Pop-Tart Sausage Patties Raisins	Apple Sauce	Golden Bananas	Sweet & Sour Apples	Potato Baby Cakes Delicious Grapes
	Beef Soft Tacos	Pulled Pork Sandwich	Sloppy Joe's	Mini Cheese Ravioli
	Roasted Corn	Green Beans	Fiesta Bean Medley	Broccoli Bites
	Diced Peaches	Fresh Fruit Variety	Berry Fruit Cup	Melon Medley
Dechary Churre	13	14	15	16
Rasberry Churro	French Toast Sticks	Banana Bread	Pancakes	Cinnamon UBR
Scrambled Eggs	' '	Hash Browns	String Cheese	Sausage Patties
Diced Peaches	,	Golden Bananas	1 1	Apple Sauce
_	Beefy Cheeseburger	Crispy Clucker	Spaghetti / Meatballs	Filet O' Fish Sandwich
0 0	Sweet Potato Tracks	Roasted Corn	Baked Tater Tots	Refried Beans
Fruit Cocktail	Fresh Fruit Variety	Sweet Oranges	Mixed Berries	Diced Peaches
19	20	21	22	23
Cinnamon Pretzel Stick	Cherry Frudel	Breakfast Sandwich	Donut Dunkin Stix	Maple Waffles
Sausage Patties	Hash Browns	String Cheese	Crispy Bacon	Potato Baby Cakes
Sliced Pears	Fruit Cocktail	Golden Bananas	1 1	Mixed Berries
Stuffed Crust Pizza	Chili Cheese Dogs	Crispy Grilled Cheese	Porky Mac & Cheese	Seafood Platter
Baked Beans	Broccoli Bites	Green Beans	Sweet Potato Fries	Mixed Vegetables
Delicious Grapes	Fresh Fruit Variety	Diced Peaches	Melon Medley	Sweet Oranges
26	27	28	29	30
Coco Puffs Cereal Bar	Chorizo Burrito	Mini Donuts	Cinanmon Rolls	
Scrambled Eggs	String Cheese	Hash Browns	Crispy Bacon	
Sweet Oranges	Melon Medley	Golden Bananas		
Chicken Nuggets	Chicken Fajitas	Baked Mozzarella	BBQ Chicken Drum	SCH00L
Roasted Corn	Curly Q Potatoes	Vegetable Medley	Broccoli Bites	
Fruit Cocktail	Mixed Berries	Fresh Fruit Variety	Golden Bananas	BALAN MA S
SALE SALE SALES				
This Institution Is An Equal Opportunity Provider THIS MENU IS SUBJECT TO CHANGE				





Meal Applications Available in Front Office and Cafeteria



