












Liberty Traditional School January Menu



ALL MEALS ARE FREE FOR ALL STUDENTS AND CHILDREN 18 AND UNDER

Grab-and-GO Meals for pick up on site !
Available Daily in the Cafeteria!
From 7:00 Am - 8:30 AM

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Strawberry Pop-Tart Razz/Lemon Craisins Mini Corn Dogs Mixed Vegetables Fruit Cocktail	Lemon Chip Crunch Golden Bananas Chicken Fajitas Refried Beans Peach Slices	 Honey Bun Apple Sauce Cheesy Beef Burger Potato Wedges Cinnamon Apples	Mini Fritters Rainbow Gala Apple Chicken Alfredo Steamed Broccoli Mixed Berries	 Cherry Frudel Fresh Grapes Crunchy Fish Sticks Sweet Potato Fries Sweet Orange Slices
11	12	13	14	15
Cheerios Cereal Bar Strawberry Apple Chips Stuffed-Crust Pizza Baked Tater Tots Mixed Fruit	Cinnamon Churro Fresh Fruit Variety Orange Chicken Bowl Green Beans Fresh Grapes	 Maple Waffles Fresh Grapes Grilled Cheese Carrot Sticks & Ranch Golden Bananas	Mini Donuts Sweet and Sour Apple Chicken Posole Fiesta Beans Fresh Fruit Variety	 Banana Muffin Fruit Cup Meatball Sub Steamed Broccoli Juicy Red Plums
18	19	20	21	22
 <i>I Have A Dream</i>  <i>Martin Luther King, Jr. Day</i>	Cinnamon Pop -Tart Cherry Craisins Chicken Tenders Roasted Corn Sweet Orange Slices	 Coco Dot Muffin Apple Sauce Pepperoni Pocket Mixed Vegetables Fresh Fruit Variety	Strawberry Bagel Red Delicious Apple Breakfast 4 Lunch! Potato Baby Cakes Mixed Berries	 Cinnamon UBR Fresh Grapes Filet O' Fish Sandwich BBQ Baked Beans Apple Slices
25	26	27	28	29
Coco Puffs Cereal Bar Strawberry Apple Chips Stuffed-Crust Pizza Crinkle Cut Potatoes Fruit Cocktail	 Apple Frudel Apple Sauce Taco Tuesday! Cheesy Refried Beans Peach Slices	 Mini Donuts Fresh Grapes Crispy Clucker Celery Sticks & Ranch Golden Bananas	Cherry Apple Crunch Rainbow Gala Apple Spaghetti / Meatballs Steamed Broccoli Diced Pears	 Breakfast Bun Fruit Cup Nacho Supreme Green Beans Sweet Orange Slices



This Institution Is An Equal Opportunity Provider
THIS MENU IS SUBJECT TO CHANGE



JANUARY 2021 SNACK MENU

LIBERTY TRADITIONAL SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday



1

No School Today!

8

Strawberry
Nutri-Grain Bar
Bar

100 % Fruit Juice

15

Cinnamon Gripzz

100 % Fruit Juice

22

Blueberry
Nutri-Grain Bar
Bar

29

WG Nacho Cheese
Doritos

100 % Fruit Juice

4

Cheddar Chex
Mix

100 % Fruit Juice

11

WG Nacho Cheese
Doritos

100 % Fruit Juice

18

No School Today!

25

Rainbow
Goldfish Crackers

100 % Fruit Juice

5

Apple Slices

Fat Free Milk

12

WG Baked Cheetos

100 % Fruit Juice

19

Chocolate Elf
Grahams

100 % Fruit Juice

6

Graham Crackers
String Cheese

100 % Fruit Juice

13

Goldfish Pretzels

100 % Fruit Juice

20

Graham Crackers
String Cheese

100 % Fruit Juice

7

Chocolate Elf
Grahams

100 % Fruit Juice

14

WG Cheez ITZ

100 % Fruit Juice

21

Cheddar Chex
Mix

100 % Fruit Juice

27

Apple Slices

Fat Free Milk

28

WG Cheez ITZ

100 % Fruit Juice

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PAY FOR MEALS ONLINE
MySchoolBucks.com