









Liberty Traditional School

February Menu



Free Breakfast In the Classroom Daily! In addition to menu items, we offer Fat Free or 1% FF Milk, Fresh Fruit and Juice Variety !

Apply Funds to your child's lunch Account at www.myschoolbucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Banana Muffin Sweet & Sour Apple Crispy Chicken Mini Corn Dogs Shoe String Fries	Strawberry Pop tart Apple Chips / Fruit Juice Chicken Quesadilla Beefy Mac & Cheese Cheesy Refried Beans	 Apple Frudel Fresh Pears Oven Roasted Chicken Sliced Strawberries Vegetable Medley	Apple Chip Crunch Bar Craisins / Fruit Juice Beef Stew Bowl Teriyaki Burger Steamed Broccoli	Strawberry Cream Bagel Sliced Apples / Fruit Juice Fish Sticks Spaghetti & Meat sauce Carrot Coins
10	11	12	13	14
Cheerios Cereal Bar Craisins / Fruit Juice Tony's Pizza Nacho Supreme Roasted Corn 	Blueberry Vanilla Bites Apple Sauce / Fruit Juice Orange Chicken Bowl Crispy Clucker BBQ Baked Beans	Mini Donuts Fresh Banana Walking Taco Sliced Sweet Pears Green Beans	Cinnamon UBR Rainbow Gala Apple Pulled Pork Sandwich Chicken Alfredo Sweet Potato Fries	 Cherry Muffin Fresh Grapes / Fruit Juice Pozole' Shrimp Poppers Steamed Broccoli
17	18	19	20	21
 HAPPY PRESIDENTS DAY!	Cinnamon Cream Bagel Apple Chips / Fruit Juice Bosco Stick Breakfast For Lunch! Baked Potato Wedges	 Blueberry Muffin Fresh Pears Cheesy Burger Fruit Cocktail Mixed Vegetables	Cherry Frudel Sliced Apples / Fruit Juice Mesquite Chicken Big Cheese Ravioli Carrot Coins	Donut Fritters Mini Oranges / Fruit Juice Filet O' Fish Sandwich Pork Carnitas  Cheesy Refried Beans
24	25	26	27	28
 Fudge Pop Tart Craisins / Fruit Juice Stuffed Crust Pizza Soft Pretzel & Cheese Roasted Corn	Breakfast Honey Bun Apple Sauce / Fruit Juice Chili Frito Bowl Beefy Goulash Sweet Potato Tots	Mini Cinni's Fresh Banana Baked Mozzarella Diced Peaches Green Beans 	Coco Dot Muffin Red Delicious Apple Philly Cheesesteak Chicken Fajitas Steamed Broccoli	Cinnamon Apple Loaf Fresh Grapes / Fruit Juice Seafood Platter Deli Sub Sandwich BBQ Baked Beans



February is the only month to have a length of fewer than 30 days! Though it's usually 28 days, February is 29 days long in leap years such as 2020. February is National Cherry Month- Cherries are drupes, or stone fruits, related to plums and more distantly to peaches and nectarines. Michigan has almost 4 million cherry trees, producing about 150-200 pounds of tart cherries on each tree.

Meal Price - \$2.85
 Reduced Meal Price- \$0.40
 Ala Carte Milk - \$0.50
 Side Fruit/Vegetable \$0.75
 Adult Meal Lunch - \$3.65



This Institution Is An Equal Opportunity Provider
FREE BREAKFAST DAILY IN THE CLASSROOM !



FEBRUARY 2020

LIBERTY TRADITIONAL SCHOOL

SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Elf Grahams 3 100 % Fruit Juice	Strawberry Nurtigrain Bar 4 100 % Fruit Juice	WG Funyuns 5 100 % Fruit Juice	Reduce Fat Nacho Nacho Cheese Doritos 6 100 % Fruit Juice	String Cheese & Crackers 7 100 % Fruit Juice
Strawberry Chex Mix 10 100 % Fruit Juice	WG Cheez -IT Crackers 11 100 % Fruit Juice	Cinnamon Elf Grahams 12 100 % Fruit Juice	WG Cheddar Goldfish 13 100 % Fruit Juice	Strawberry Pop tart 14 100 % Fruit Juice
NO SCHOOL 17	Blueberry Nurtigrain Bar 18 100 % Fruit Juice	WG Munchies Mix 19 100 % Fruit Juice	String Cheese & Crackers 20 100 % Fruit Juice	WG Baked Cheetos 21 100 % Fruit Juice
WG Baked Pretzel Goldfish 24 100 % Fruit Juice	Reduce Fat Nacho Nacho Cheese Doritos 25 100 % Fruit Juice	Strawberry Chex Mix 26 100 % Fruit Juice	WG Cheez -IT Crackers 27 100 % Fruit Juice	Chocolate Elf Grahams 28 100 % Fruit Juice

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