

Liberty Traditional School

September 2019

SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL! 2	STRING CHEESE & CRACKERS 3 100 % FRUIT JUICE	HONEY GRAHAM CRACKERS 4 100 % FRUIT JUICE	FUDGE POP TART 5 FAT FREE MILK	WG GOLDFISH PRETZELS 6 100 % FRUIT JUICE
STRAWBERRY NUTRI-GRAIN BAR 9 100 % FRUIT JUICE	WG BAKED CHEETOS 10 100 % FRUIT JUICE	WG CHEEZ IT CRACKERS 11 100 % FRUIT JUICE	CINNAMON ELF GRAHAM CRACKERS 12 100 % FRUIT JUICE	WG BAKED FUNYUNS 13 100 % FRUIT JUICE
REDUCED FAT COOL RANCH DORITOS 16 100 % FRUIT JUICE	STRING CHEESE & CRACKERS 17 100 % FRUIT JUICE	STRAWBERRY CHEX MIX 18 100 % FRUIT JUICE	CARROT STICKS & FAT FREE RANCH 19 FAT FREE MILK	WG CHEDDAR GOLDFISH 20 100 % FRUIT JUICE
HONEY GRAHAM CRACKERS 23 100 % FRUIT JUICE	WG CHEEZ IT CRACKERS 24 100 % FRUIT JUICE	WG BAKED CHEETOS 25 100 % FRUIT JUICE	STRAWBERRY POP TART 26 FAT FREE MILK	WG GOLDFISH PRETZELS 27 100 % FRUIT JUICE
REDUCED FAT CHEESY NACHO DORITOS 30 100 % FRUIT JUICE				



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