

# Liberty Traditional School

## Douglas

### April Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Cinnamon Cheerios Golden Bananas Strawberry Go-Gurt  <b>Deli Sub Sandwich</b> <b>Baby Carrots / Ranch</b> <b>Cinnamon Apple Slices</b>	<b>2</b> Banana Bread Apple Grins String Cheese  <b>Cheeseburger</b> <b>Vegetable Medley</b> <b>Sliced Pears</b>	<b>3</b> 
		<b>6</b> 	<b>7</b> Apple Loaf Golden Bananas Cheese Cubes  <b>Baked Chicken / Roll</b> <b>Roasted Corn</b> <b>Applesauce Cups</b>	<b>8</b> Trix Cereal Sliced Pears Peach Yogurt  <b>Cheese Quesadilla</b> <b>Baby Carrots / Ranch</b> <b>Gala Apple Slices</b>
<b>13</b> Lemon Chip Crunch Applesauce 100% Fruit Juice  <b>Rib B-Q Sandwich</b> <b>Mexicali Corn</b> <b>Fresh Grapes</b>	<b>14</b> French Toast Sticks Golden Bananas Cheese Cubes  <b>Spaghetti &amp; Meat Sauce</b> <b>Broccoli Bites</b> <b>Sweet Orange Slices</b>	<b>15</b> Cinnamon Toast Cereal Sliced Strawberries Apple Crisps  <b>Deli Sub Sandwich</b> <b>Baby Carrots / Ranch</b> <b>Cinnamon Apple Slices</b>	<b>16</b> Honey Bun Apple Grins String Cheese  <b>Beef Taco Stick</b> <b>Refried Beans</b> <b>Cherry Lemon Sidekick</b>	<b>17</b> Super Pumpkin Bread Sweet Orange Slices Strawberry Raisins  <b>Boneless Wings / Roll</b> <b>Mixed Salad Greens</b> <b>Sliced Strawberries</b>
<b>20</b> Mini Donuts Golden Bananas 100% Fruit Juice  <b>Mini Corn Dogs</b> <b>Roasted Corn</b> <b>Fresh Fruit Variety</b>	<b>21</b> Strawberry Bagel Applesauce Cheese Cubes  <b>Mesquite Chicken / Roll</b> <b>BBQ Baked Beans</b> <b>Sliced Strawberries</b>	<b>22</b> Coco Puff's Cereal Fresh Grapes Vanilla Yogurt  <b>Cheese Quesadilla</b> <b>Baby Carrots / Ranch</b> <b>Gala Apple Slices</b>	<b>23</b> French Toast Sticks Sliced Peaches String Cheese  <b>Mandarin Chicken</b> <b>Broccoli Bites</b> <b>Sweet Orange Slices</b>	<b>24</b> Cinnamon Rolls Apple Grins Golden Bananas  <b>Pepperoni Pizza</b> <b>Mixed Salad Greens</b> <b>Melon Medley</b>
<b>27</b> Mini Cinnis Fruit Cocktail 100% Fruit Juice  <b>Chicken Tenders / Roll</b> <b>Crinkle Cut Fries</b> <b>Sweet Orange Slices</b>	<b>28</b> Maple Pancakes Grape Escapes Cheese Cubes  <b>Chicken Fajitas</b> <b>Mixed Vegetables</b> <b>Cinnamon Applesauce</b>	<b>29</b> Honey Cheerios Sliced Pears Strawberry Yogurt  <b>Deli Sub Sandwich</b> <b>Baby Carrots / Ranch</b> <b>Frozen Fruit Cup</b>	<b>30</b> Carrot Muffin Apple Grins String Cheese  <b>Chicken Alfredo</b> <b>Mixed Salad Greens</b> <b>Fresh Grapes</b>	

**Free Breakfast and Lunch for all students!**

**Friendly Reminder - Liberty Traditional will be providing Breakfast DAILY with many additional offerings on the fruit bar in the cafeteria!**

**Meals are FREE for all students - no need to complete a meal application!**  
**USDA Is an Equal Opportunity Provider, Employer and Lender**



# Liberty Traditional School

## APRIL SNACK MENU

Monday

Tuesday

Wednesday

Thursday

Friday



**NO AFTERCARE**  
Today

6

WG Cheddar  
Sun Chips

7

100 % Fruit Juice

WG Salsa  
Sun chips

13

100 % Fruit Juice

Chocolate  
Chex Mix  
&

20

100 % Fruit Juice

WG Cheddar  
Sun chips

27

100 % Fruit Juice

Chex Mix  
Apple Slices  
&  
Watermelon Raisins

1

Cheez – Its  
Apple Slices  
&  
Lemonade Craisins

8

Chex Mix  
Apple Slices  
&  
Watermelon Raisins

15

Cheez – Its  
Apple Slices  
&  
Orange Craisins

22

Chex Mix  
Apple Slices  
&  
Watermelon Raisins

29

Rainbow  
Goldfish  
Crackers  
&  
String Cheese

2

WG Bunny Friends  
Graham  
&  
String Cheese

9

Vanilla Blueberry  
Bites  
Crackers  
100 % Fruit Juice

16

Goldfish Pretzel  
Crackers  
&  
Cheese Cubes

23

WG White  
Nacho Cheese  
Doritos  
100 % Fruit Juice

30

**NO AFTERCARE**  
Today

3

Cheddar  
Goldfish  
Crackers

10

100 % Fruit Juice

WG White  
Nacho Cheese  
Doritos

17

100 % Fruit Juice

WG Bunny Friends  
Graham  
&

24

String Cheese