

Liberty Traditional School Douglas



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and veggie options available daily for breakfast and lunch!

March Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	Early Release 6
Blueberry Pancakes Mixed Fruit Mini Honey Grahams Hop on Pop-Corn Chicken Baked Potato Wedges Sliced Strawberries	 Strawberry Bagel Mixed Berres Cheese Cubes Backyard Grill Burger BBQ Baked Beans Fresh Grapes	Coco Puff's Cereal Orange Slices Vanilla Chat Snacks Cheese Quesadilla Baby Carrots / Ranch Applesauce	 Super Donut Sliced Pears String Cheese Pepperoni Pizza Broccoli Bites Sweet Orange Slices	Carrot Muffin Sliced Strawberries Strawberrv Go-Gurt Early Release No Lunch Today!
9	10	11	12	13
				
16	17	18	19	20
Team Cheerios Bar Fruit Cocktail Bunny Friends Grahams Beefy Nacho Supreme Roasted Corn Fresh Grapes	 Apple Loaf Melon Medley Cheese Cubes Deli Sub Sandwich Broccoli Bites Mixed Fruit	 Trix Cereal Sliced Pears Scooby Grahams Grilled Cheese Baby Carrots / Ranch Apple Slices	Confetti Pancakes Fresh Grapes String Cheese Early Release No Lunch Today! Teacher Conferences	 Carrot Muffin Sliced Strawberries Vanilla Yogurt Early Release No Lunch Today! Teacher Conferences
23	24	25	26	27
 Cinnamon UBR Sliced Peaches Sausage Links Bean & Cheese Burrito Curly Q Potatoes Sliced Apples	French Toast Sticks Applesauce Cheese Cubes Chicken Sandwich BBQ Baked Beans Fresh Grapes	Cinnmamon Bun Mixed Berries Mini Honey Grahams Cheese Quesadilla Baby Carrots / Ranch Applesauce	 Pumpkin Bread Fresh Grapes String Cheese Hot Diggity Dog Broccoli Bites Sweet Orange Slices	Mini Donuts Sliced Apples Peach Yogurt Pepperoni Pizza Mixed Salad Greens Melon Medley
30	31			
Mini Donuts Mixed Fruit Vanilla Chat Snacks Walking Taco Mexicali Corn Fresh Grapes	Maple Pancakes Sliced Apples Cheese Cubes Mandarin Chicken / Rice Mixed Vegetables Sweet Orange Slices			

Free Breakfast And Lunch For All Students!

Friendly Reminder - Liberty Traditional will be providing breakfast with many additional offerings in the cafeteria daily!



Meals are FREE for all students - no need to complete a meal application!
 USDA Is an Equal Opportunity Provider, Employer and Lender



Liberty Traditional School Douglas

MARCH SNACK MENU

Monday

Vanilla Blueberry **2**
Bites
Crackers

100 % Fruit Juice

9
NO SCHOOL
Today

WG Cheddar **16**
Sun chips

100 % Fruit Juice

WG White **23**
Nacho Cheese
Doritos

100 % Fruit Juice

WG Garden Salsa **30**
Sun Chips

100 % Fruit Juice

Tuesday

Rainbow **3**
Goldfish
Crackers
&
String Cheese

10
NO SCHOOL
Today

WG Bunny Friends **17**
Graham
&
String Cheese

WG Honeybun **24**
Grahams
&
String Cheese

Vanilla Blueberry **31**
Bites
Crackers
&
String Cheese

Wednesday

Cheez – Its **4**

Apple Slices
&
Lemonade Craisins

11
NO SCHOOL
Today

Chex Mix **18**

Apple Slices
&
Watermelon Raisins

Cheez – Its **25**

Apple Slices
&
Orange Craisins

Thursday

WG White **5**
Nacho Cheese
Doritos

100 % Fruit Juice

12
NO SCHOOL
Today

Cheddar **19**
Goldfish
Crackers

100 % Fruit Juice

Goldfish Pretzel **26**
Crackers
&
Cheese Cubes

Friday

Strawberry **6**
Chex Mix
&
Cheese Cubes

13
NO SCHOOL
Today

WG Scooby Doo **20**
Grahams
&
Cheese Cubes

Chocolate **27**
Chex Mix
&
100 % Fruit Juice

