

Liberty Traditional School

Douglas

FEBRUARY MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p>Mini Donuts 100% Fruit Juice Mini Honey Grahams</p> <p>Mini Corn Dogs Roasted Corn Fresh Grapes</p>	<p>French Toast Sticks Orange Slices Cheese Cubes</p> <p>Breaded Baked Chicken Garlic Green Beans Sweet Orange Slices</p>	<p>Cereal Bar or Cereal Fruit Cocktail Vanilla Chat Snacks</p> <p>Chicken Quesadilla Refried Beans Sweet & Sour Apples</p>	<p>Blueberry Muffin Top Golden Bananas String Cheese</p> <p>Deli Sub Sandwich Baby Carrots / Ranch Cinnamon Applesauce</p>	<p>Cinnamon Bun Mixed Melons Strawberry Go-Gurt</p> <p>Cheese or Pepperoni Pizza Mixed Salad Greens Sliced Strawberries</p>
9	10	11	12	13
<p>Cinnamon UBR 100% Fruit Juice Bunny Friends Grahams</p> <p>Nacho Supreme w/Beef Crinkle Cut Potatoes Sweet Orange Slices</p>	<p>Honey Bun Fresh Grapes Cheese Cubes</p> <p>Cheeseburger Sliders Cali Blend Veggies Gala Apple Slices</p>	<p>Cereal Bar or Cereal Applesauce Scooby Grahams</p> <p>Heart Nuggets / Roll Broccoli Bites Cherry Fruit Cup</p>	<p>Wild berry Pancakes Sliced Pears String Cheese</p> <p>Walking Taco BBQ Baked Beans Fresh Grapes</p>	<p>Banana Muffin Cinnamon Apples Vanilla Yogurt</p> <p>Grilled Cheese Baby Carrots / Ranch Melon Medley</p>
16	17	18	19	20
<p>HAPPY PRESIDENTS DAY</p>	<p>Trix Cereal Bar 100% Fruit Juice Cheese Cubes</p> <p>Backyard Grill Burger Zesty Green Beans Sliced Peaches</p>	<p>Blueberry Pancakes Golden Bananas Mini Honey Grahams</p> <p>Croissant Sandwich Baby Carrots / Ranch Cinnamon Apple Slices</p>	<p>Strawberry Bagel Sliced Pears String Cheese</p> <p>Pretzel Hot Dog Roasted Corn Melon Medley</p>	<p>Cinnamon Bun Fresh Grapes Peach Yogurt</p> <p>Cheese or Pepperoni Pizza Mixed Salad Greens Sliced Strawberries</p>
23	24	25	26	27
<p>Apple Frudel 100% Fruit Juice Bunny Friends Grahams</p> <p>Baked Mozzarella Baked Potato Wedges Sweet Orange Slices</p>	<p>Super Banan Bread Mixed Fruit Cheese Cubes</p> <p>Corn Dog on a Stick Roasted Corn Fresh Grapes</p>	<p>Cereal Bar or Cereal Strawberry Applesauce Scooby Grahams</p> <p>Chicken Quesadilla Celery Sticks / Ranch Sweet & Sour Apples</p>	<p>Double Coco Muffin Apple Slices String Cheese</p> <p>Mandarin Chicken / Rice Steamed Broccoli Sliced Pears</p>	<p>Mini Donut Mixed Berries Vanilla Yogurt</p> <p>Crispy Fish Sticks / Roll Carrot Coins Melon Medley</p>

Free Breakfast and Lunch for all students!

Friendly Reminder - Liberty Traditional will be providing HOT Breakfast with many additional offerings on the fruit bar in the cafeteria daily!



Meals are FREE for all students - no need to complete a meal application!
USDA is an Equal Opportunity Provider Employer and Lender



Liberty Traditional School

FEBRUARY SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Vanilla Blueberry Bites Crackers 100 % Fruit Juice	Rainbow Goldfish Crackers & String Cheese	Cheez – Its Apple Slices & Lemonade Craisins	WG White Nacho Cheese Doritos 100 % Fruit Juice	Strawberry Chex Mix & Cheese Cubes
WG Cheddar Sun Chips 100 % Fruit Juice	WG Bunny Friends Graham & String Cheese	Chex Mix Apple Slices & Watermelon Raisins	Cheddar Goldfish Crackers 100 % Fruit Juice	Super Banana Bread 100 % Fruit Juice
NO SCHOOL Today	Vanilla Blueberry Bites Crackers & String Cheese	Cheez – Its Apple Slices & Orange Craisins	Goldfish Pretzel Crackers & Cheese Cubes	Chocolate Chex Mix & Cheese Cubes
WG Salsa Sun Chips 100 % Fruit Juice	WG Honeybun Grahams & String Cheese	Chex Mix Apple Slices & Raspberry Raisins	WG White Nacho Cheese Doritos 100 % Fruit Juice	Super Pumpkin Bread 100 % Fruit Juice