

Liberty Traditional School

Douglas

FEBRUARY MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
2 XOXO Mini Donuts 100% Fruit Juice Mini Honey Grahams	3 Breaded Baked Chicken Garlic Green Beans Sweet Orange Slices	4 French Toast Sticks Orange Slices Cheese Cubes	5 Cereal Bar or Cereal Fruit Cocktail Vanilla Chat Snacks	6 Blueberry Muffin Top Golden Bananas String Cheese
Mini Corn Dogs Roasted Corn Fresh Grapes		Chicken Quesadilla Refried Beans Sweet & Sour Apples	Deli Sub Sandwich Baby Carrots / Ranch Cinnamon Applesauce	Cinnamon Bun Mixed Melons Strawberry Go-Gurt Cheese or Pepperoni Pizza Mixed Salad Greens Sliced Strawberries
9 Bunny Friends Grahams	10 Nacho Supreme w/Beef Crinkle Cut Potatoes Sweet Orange Slices	11 Honey Bun Fresh Grapes Cheese Cubes	12 Cereal Bar or Cereal Applesauce Scooby Grahams	13 Wild berry Pancakes Sliced Pears String Cheese
		Heart Nuggets / Roll Broccoli Bites Cherry Fruit Cup	Walking Taco BBQ Baked Beans Fresh Grapes	Banana Muffin Cinnamon Apples Vanilla Yogurt Grilled Cheese Baby Carrots / Ranch Melon Medley
16 	17 Backyard Grill Burger Zesty Green Beans Sliced Peaches	18 Trix Cereal Bar 100% Fruit Juice Cheese Cubes	19 Blueberry Pancakes Golden Bananas Mini Honey Grahams	20 Strawberry Bagel Sliced Pears String Cheese
		Croissant Sandwich Baby Carrots / Ranch Cinnamon Apple Slices	Pretzel Hot Dog Roasted Corn Melon Medley	Cinnamon Bun Fresh Grapes Peach Yogurt Cheese or Pepperoni Pizza Mixed Salad Greens Sliced Strawberries
23 XOXO Apple Frudel 100% Fruit Juice Bunny Friends Grahams	24 Baked Mozzarella Baked Potato Wedges Sweet Orange Slices	25 Super Banan Bread Mixed Fruit Cheese Cubes	26 Cereal Bar or Cereal Strawberry Applesauce Scooby Grahams	27 Double Coco Muffin Apple Slices String Cheese
		Chicken Quesadilla Celery Sticks / Ranch Sweet & Sour Apples	Mandarin Chicken / Rice Steamed Broccoli Sliced Pears	Mini Donut Mixed Berries Vanilla Yogurt Crispy Fish Sticks / Roll Carrot Coins Melon Medley

Free Breakfast and
Lunch for all students!

Friendly Reminder - Liberty Traditional will be providing **HOT** Breakfast with many additional offerings on the fruit bar in the cafeteria daily!



Meals are FREE for all students - no need to complete a meal application!
USDA is an Equal Opportunity Provider Employer and Lender

Liberty Traditional School

FEBRUARY SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Vanilla Blueberry Bites Crackers 2 100 % Fruit Juice	Rainbow Goldfish Crackers & String Cheese 3	Cheez - Its Apple Slices & Lemonade Craisins 4	WG White Nacho Cheese Doritos 5 100 % Fruit Juice	Strawberry Chex Mix & Cheese Cubes 6
WG Cheddar Sun Chips 9 100 % Fruit Juice	WG Bunny Friends Graham & String Cheese 10	Chex Mix Apple Slices & Watermelon Raisins 11	Cheddar Goldfish Crackers 12 100 % Fruit Juice	Super Banana Bread 13 100 % Fruit Juice
NO SCHOOL Today 16	Vanilla Blueberry Bites Crackers & String Cheese 17	Cheez - Its Apple Slices & Orange Craisins 18	Goldfish Pretzel Crackers & Cheese Cubes 19	Chocolate Chex Mix & Cheese Cubes 20
WG Salsa Sun Chips 23 100 % Fruit Juice	WG Honeybun Grahams & String Cheese 24	Chex Mix Apple Slices & Raspberry Raisins 25	WG White Nacho Cheese Doritos 26 100 % Fruit Juice	Super Pumpkin Bread 27 100 % Fruit Juice