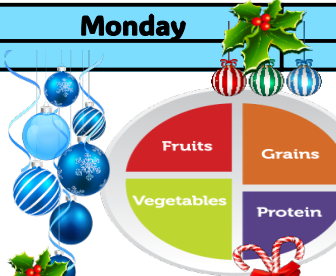


Liberty Traditional School Douglas

DECEMBER MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
				
1	2	3	4	5
French Toast Sticks 100% Fruit Juice Mini Honey Grahams	Mini Caramel Cinnis Fresh Grapes Cheese Cubes	Cereal Bar or Cereal Fruit Cocktail Vanilla Chat Snacks	Blueberry Muffin Top Sliced Apples String Cheese	Super Donut Sliced Strawberries Strawberry Go-Gurt
Chili Frito Bowl Emoji Smile Potatoes Applesauce	Spaghetti & Meat Sauce Broccoli Bites Sweet Orange Slices	Cheese Quesadilla Baby Carrots / Ranch Pineapple Fruit Cup	Grilled Cheese BBQ Baked Beans Fresh Grapes	Taco Crisp Ups Mixed Salad Greens Cinnamon Apples
8	9	10	11	12
Cinnamon UBR 100% Fruit Juice Bunny Friends Grahams	Wildberry Pancakes Golden Bananas Cheese Cubes	Cereal Bar or Cereal Sliced Apples Scooby Grahams	Strawberry Bagel Bar Applesauce String Cheese	Breakfast Bites Sliced Peaches Peach Yogurt
Chicken Tenders / Roll Baked Potato Wedges Mixed Berries	Mesquite Chicken / Roll Broccoli Bites Sliced Pears	Deli Sub Sandwich Baby Carrots / Ranch Fresh Grapes	Bonelsee Wings / Roll Fiesta Beans Sweet Oranges Slices	Pepperoni Pizza Mixed Salad Greens Applesauce
15	16	17	18	19
Apple Frudel 100% Fruit Juice Honey Bun Goldfish	Confetti Pancakes Fresh Grapes Cheese Cubes	Cereal Bar or Cereal Diced Pears Mini Honey	Cinnamon Bun Sliced Peaches String Cheese	Christmas Program & Assembly
Nacho Supreme Curly Q Potatoes Applesauce	Chicken Alfredo / Roll Broccoli Bites Sweet Orange Slices	Backyard Grill Burger Baby Carrots / Ranch Cherry Fruit Cup	Wonder Nuggets / Roll Vegetable Medley Baked Cinnamon Apples Christmas Tree Cookie	



**Free Breakfast and
Lunch for all
students!**



**Friendly Reminder - Liberty Traditional
School will be serving breakfast daily in the
cafeteria!**

Meals are FREE for all students - no need to complete a meal application!
USDA is an Equal Opportunity Provider, Employer and Lender

Liberty Traditional School

DECEMBER SNACK MENU

Monday

Rainbow Goldfish Crackers & Cheese Cubes **1**

WG White Nacho Cheese Doritos **8**
100 % Fruit Juice

WG Vanilla Chat Snacks Grahams & Cheese Cubes **15**

22
NO SCHOOL Today

29
NO SCHOOL Today

Tuesday

WG Cinnamon Crisp Crackers **2**
100 % Fruit Juice

WG Cheddar Sun Chips **9**
100 % Fruit Juice

Pretzel Goldfish Crackers & 100 % Fruit Juice **16**

23
NO SCHOOL Today

30
NO SCHOOL Today

Wednesday

Cheez – Its **3**
Fresh Fruit & Lemonade Craisins

Chex Mix **10**
Apple Slices & Orange Craisins

Chex Mix **17**
Apple Slices & Strawberry Craisins

24
NO SCHOOL Today

31
NO SCHOOL Today

Thursday

WG White Cheddar Popcorn **4**
100 % Fruit Juice

WG Bunny Friends Graham & String Cheese **11**

WG Chocolate Chip Oatmeal Bar & 100 % Fruit Juice **18**

25
NO SCHOOL Today

Friday

WG Rice Krispie Treat **5**
Cheese Cubes

WG Fudge Pop-Tart & 100 % Fruit Juice **12**

19
NO Aftercare Today

26
NO SCHOOL Today

