



HIGH-SCHOOL CHECKLIST READY

Use this checklist to track skills, habits, and resources to be ready for high-school success!

ACADEMIC SKILLS

- Read and understand textbooks and articles
- Write multi-paragraph essays with clear structure
- Solve pre-algebra and algebra problems
- Conduct basic research and cite sources
- Use effective study habits

RESOURCES

- Khan Academy - Math, ELA, Science
- ReadTheory Reading comprehension
- Purdue OWL - Writing & citations

ORGANIZATION & TIME MANAGEMENT

- Keep a planner or digital calendar
- Break large projects into smaller steps
- Complete homework on time

RESOURCES

- MyStudyLife - Digital planner
- Printable Planners

SOCIAL & COMMUNICATION SKILLS

- Ask teachers for help when needed
- Work well in groups
- Resolve conflicts respectfully
- Listen actively

RESOURCES

- Common Sense Media Teen Resources
- CASEL SEL Strategies

SELF-ADVOCACY & INDEPENDENCE

- Check grades and assignments online
- Know graduation requirements
- Set personal goals
- Understand strengths and areas to improve

RESOURCES

- BigFuture - College & Career Readiness
- SMART Goal Worksheets

EXTRACURRICULAR & CAREER EXPLORATION

- Try at least one club, sport, or activity
- Explore careers and future options
- Volunteer or take leadership opportunities

RESOURCES

- CareerOneStop
- DoSomething.org - Volunteer Ideas

PRACTICAL READINESS

- Organize backpack and school materials
- Know school schedule and map
- Attend school consistently
- Understand importance of GPA starting freshman year

RESOURCES

- High School Prep Tips - GreatSchools
- Study Skills & Success Videos - YouTube



The most important thing is to provide a nurturing and supportive environment that encourages their growth and learning.