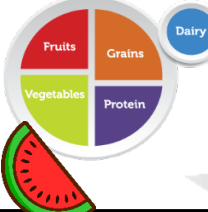


Liberty Traditional School Douglas AUGUST MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
			July 31st	August 1st
  			 Blueberry Muffin Top Golden Apple Slices String Cheese Hot Diggity Dog BBQ Baked Beans Sweet Orange Slices	 Mini Donuts Purple Plums Peach Yogurt Pepperoni Pizza Mixed Salad Greens Melon Medley
4 Double Chocolate Muffin 100% Fruit Juice Bunny Friends Grahams Beefy Walking Taco Steamed Broccoli Fresh Fruit Variety	5 Cinnamon Bun Golden Apple Slices Cheese Cubes Grilled Cheese Zesty Green Beans Sweet Orange Slices	6 Lemon Chip Crunch Diced Peaches Honeybun Goldfish Deli Sub Sandwich Baby Carrots / Ranch Nectarines	7 Cinnamon Apple Loaf Sweet Orange Slices String Cheese  Cheesy Beef Burger BBQ Baked Beans Melon Medley	8 Breakfast Bites Cinnamon Applesauce Vanilla Yogurt Beef Taco Stick Sweet Corn Niblett's Mixed Berries
11 Maple Burst Waffles 100% Fruit Juice Mini Honey Grahams Beefy Nacho Supreme Refried Beans Fuzzy Peaches	12  Apple Frudel Fresh Grapes Cheese Cubes Mandarin Chicken Steamed Carrot Coins Sweet Orange Slices	13  Honey Bun Purple Plums Scooby Grahams Chicken Quesadilla Celery Sticks /Ranch Sour Cherry Sidekick!	14  Carrot Muffin Fuzzy Peaches String Cheese Bean & Cheese Burrito Broccoli Bites Cinnamon Apple Slices	15 Mini Donuts Golden Bananas Strawberry Yogurt  Pepperoni Pizza Curly Q Potatoes Melon Medley
18 Super Banana Bread 100% Fruit Juice Vanilla Chat Snacks Rib-BQ Sandwich Potato Wedges Fruit Cocktail 	19 Confetti Pancakes Red Apple Slices Cheese Cubes Baked Chicken / Roll BBO Baked Beans Fresh Grapes	20  Cinnamon Buns Golden Bananas Bunny Friends Grahams Deli Sub Sandwich Baby Carrots / Ranch Fuzzy Peaches	21 Strawberry Bagel Bar Fresh Grapes String Cheese Spaghetti & Meat Sauce Steamed Broccoli Sweet Orange Slices	22  Chocolate Muffin Top Nectarines Peach Yogurt Chicken Poppers / Roll Mixed Vegetables Mixed Berries
25 Mini Cinnis 100% Fruit Juice Scooby Grahams Bosco Pizza Stick Roasted Corn Golden Apple Slices 	26  Strawberry Pop-Tart Fresh Grapes Cheese Cubes Sloppy Joes Sweet Potato Fries Fresh Grapes	27 Bagel & Cream cheese Fuzzy Peaches Honey Bun Goldfish Beef Quesadilla Celery Sticks /Ranch Mango Berry Sidekick!	28 Wild berry Pancakes Strawberry Applesauce String Cheese Chicken Alfredo  Broccoli Bites Melon Medley	29  Mini Donuts Purple Plums Strawberry Go-Gurt Pepperoni Pizza Mixed Salad Greens Golden Bananas

Friendly Reminder - Liberty Traditional School will be providing FREE BREAKFAST and LUNCH in the cafeteria daily!

Free Breakfast and Lunch for ALL students!

**Meals are FREE for all students - no need to complete a meal application!
This Institution Is An Equal Opportunity Provider**

Liberty Traditional School Douglas

July / August Snack Menu 2025

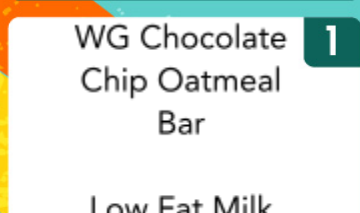
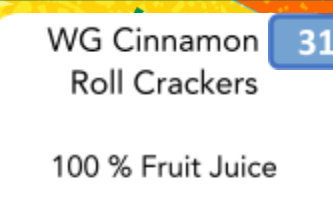
Monday

Tuesday

Wednesday

Thursday

Friday



WG White
Nacho Cheese
Doritos

4

100 % Fruit Juice

Rainbow
Goldfish
Crackers

11

100 % Fruit Juice

Baked BBQ
Crisps

18

100 % Fruit Juice

WG Cheddar
Sun chips

25

100 % Fruit Juice

WG Scooby –
Doo Crackers

5

100 % Fruit Juice

WG Cinnamon
Roll Crackers

12

100 % Fruit Juice

WG White
Nacho Cheese
Doritos

19

100 % Fruit Juice

WG White
Cheddar
Popcorn

26

100 % Fruit Juice

Chex Mix

6

Apple Slices
&
Orange Craisins

Cheez – Its

13

Fresh Fruit
&
Lemonade Craisins

Chex Mix

20

Apple Slices
&
Strawberry Craisins

Cheez – Its

27

Fresh Fruit
&
Watermelon Craisins

WG Cinnamon
Roll Crackers

31

100 % Fruit Juice

WG Graham
Crackers
&
Cheese Cubes

7

WG White
Cheddar
Popcorn

14

100 % Fruit Juice

WG Scooby –
Doo Crackers

21

100 % Fruit Juice

WG Graham
Crackers
&
Cheese Cubes

28

WG Chocolate
Chip Oatmeal
Bar

1

Low Fat Milk

WG Rice
Krispie
Treat

8

Low Fat Milk

Giant Vanilla
Goldfish
Crackers

15

Low Fat Milk

WG Double
Chocolate Oatmeal
Bar

22

Low Fat Milk

WG Rice
Krispie
Treat

29

Low Fat Milk

This Institution Is an Equal Opportunity Provider



PAY FOR MEALS ONLINE
MySchoolBucks.com