Liberty Traditional School Douglas

March Manu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Iviarch Ivienu							
	Monday	Tuesday	Wednesday	Thursday	Friday		
	3	4	5	6	7		
11	Mini Donuts	Carrot Top Muffin	Wild berry Pancakes	Cinnamon Bun	Bagel & Cream Cheese		
	100% Fruit Juice	Golden Bananas	Grape Escapes	100% Fruit Juice	Applesauce		
	Honeybun Goldfish	Cheese Cubes	Vanilla Chat Snacks	String Cheese	Peach Yogurt		
Green	Eggs & Ham						
Crispy	Fish Sandwich	Mandarin Chicken	Deli Sub Sandwich	Pepperoni Pizza	Early Release!		
Baked	Potato Wedges	Steamed Broccoli	Baby Carrots / Ranch	Zesty Green Beans	No Lunch Today!		
Raspbe	erry Sidekick	Fresh Grapes	Cinnamon Apple Slices	Fresh Grapes	No Afterschool Care!		
	10	11	12	13	14		
		Epioy BRE	Your		a _r		
	17	18	19	20	21		
	Cherry Apple Crunch	Strawberrv Bagel Bar	French Toast Sticks	Cinnamon Apple Loaf	Blueberrv Muffin Top		

	BRE	EAK		
17	18	19	20	21
Cherrv Apple Crunch 100% Fruit Juice	Strawberrv Bagel Bar Fresh Grapes	French Toast Sticks Golden Bananas	Cinnamon Apole Loaf 100% Fruit Juice	Blueberrv Muffin Top Apple Grins
Mini Honey Grahams	Cheese Cubes	Vanilla Tiger Grahams	String Cheese	Vanilla Yogurt
Beefy Nacho Supreme	Sloppy Joe's	Chicken Quesadilla	Early Release!	Early Release!
Curly Q Potatoes	Garlic Green Beans	Celery Sticks/ Ranch	No Lunch Today!	No Lunch Today!
Fresh Fruit Variety	Sweet Orange Slices	Gala Apple Slices	No Afterschool Care!	No Afterschool Care!
24	25	26	27	28
24 Apple Frudel		26 Strawberry Bagel Bar	27	28 Double Chocolate Muffin
24	25	26	27 Froot Loop Waffles	28 Double Chocolate Muffin Fresh Grapes
24 Apple Frudel	25 Confetti Pancakes	26 Strawberry Bagel Bar	27 Froot Loop Waffles	
24 Apple Frudel 100% Fruit Juice	25 Confetti Pancakes Apple Grins	26 Strawberry Bagel Bar Pineapple Fruit Cup	Froot Loop Waffles 100% Fruit Juice	Fresh Grapes
24 Apple Frudel 100% Fruit Juice Honey Bun Goldfish	Confetti Pancakes Apple Grins Cheese Cubes	26 Strawberry Bagel Bar Pineapple Fruit Cup Vanilla Chat Snacks	Froot Loop Waffles 100% Fruit Juice String Cheese	Fresh Grapes Strawberry Go-Gurt
24 Apple Frudel 100% Fruit Juice Honey Bun Goldfish Chicken Poppers / Roll	Confetti Pancakes Apple Grins Cheese Cubes Spaghetti & Meat Sauce	26 Strawberry Bagel Bar Pineapple Fruit Cup Vanilla Chat Snacks Croissant Sandwich Baby Carrots / Ranch	Froot Loop Waffles 100% Fruit Juice String Cheese Cheesy Beef Burger	Fresh Grapes Strawberry Go-Gurt Pepperoni Pizza

Mini Cinnis 100% Fruit Juice Co Co Tiger Grahams

Grilled Cheese Vegetable Medley **Sweet Orange Slices**



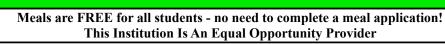






Free Breakfast and Lunch for all students!







Liberty Traditional School Douglas MARCH SNACK MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
	WG White 3 Cheddar Popcorn	WG Baked Cheetos	Cheez-Its 5 Fresh Fruit Variety	WG Chocolate Oatmeal Bar	No 7 Aftercare
1	100 % Fruit Juice	100 % Fruit Juice	Orange Craisins	100 % Fruit Juice	Today
	10	11	12	13	14
	No School Today	No School Today	No School Today	No School Today	No School Today
	WG Nacho Cheese Doritos	Fudge 18 Pop-Tart	Chex Mix 19 Apple Slices	No 20 Aftercare	No 21 Aftercare
	100 % Fruit Juice	100 % Fruit Juice	Watermelon Raisins	Today	Today
	WG Baked BBQ Chips	WG White 25 Cheddar Popcorn	Cheez-Its 26 Fresh Fruit Variety	WG Baked Cheetos	WG Chocolate 28 Chip Oatmeal Bar
	100 % Fruit Juice	100 % Fruit Juice	& Orange Craisins	100 % Fruit Juice	100 % Fruit Juice
	WG Graham Crackers & String Cheese				
	100 % Fruit Juice				