LIBERTY TRADITIONAL

SCHOOL MARCH MENU



ALL MEALS ARE <u>FREE</u> FOR ALL STUDENTS AND CHILDREN 18 AND UNDER

Grab-and-GO Meals for pick up on site ! Available Monday - Friday

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Strawberry Pop-Tart	French Toast Sticks	Blueberry Muffin Top	Cinnamon Rolls	Chorizo Burrito
Sausage Patties	1.0	_	Scrambled Eggs	Sausage Patties
Raisins	Sliced Peaches	Golden Bananas	Fresh Grapes	Apple Slices
Stuffed Crust Pizza	Green Eggs / Ham	BBQ Pork Sandwich	Chicken Alfredo	Cheesy Quesadilla
Sweet Peas	Potato Baby Cakes	Roasted Corn	Diced Carrots	Mixed Vegetables
Fruit Cocktail	Fresh Fruit Variety	Diced Pears	Cantaloupe Slices	Kiwi / Strawberries
8	9	10	11	12
Cereal Variety	Breakfast Sandwich	1 2	Banana Bread	
Crispy Bacon		8	-	Miller NIO
Apple Sauce	100% Fruit Juice	Golden Bananas	Fresh Grapes	NO NO
Chicken Nuggets	Pork Carnitas	Sloppy Joe's	Stuffed Crust Pizza	School
Green Beans	Fiesta Beans	Roasted Corn	Celery Sticks	
Fruit Cocktail	Fresh Fruit Variety	Sliced Peaches	Orange Slices	
15	16	17	18	19
Sp	rin	9 E	Bre	aR
22	23	24	25	26
Cinnamon Pretzel Stick	Sausage / Egg burrito	Super Donut	Mini Cinnis	Breakfast Sandwich

44	40	44	4 0	20
Cinnamon Pretzel Stick	Sausage / Egg burrito	Super Donut	Mini Cinnis	Breakfast Sandwich
Scrambled Eggs	Potato Baby Cakes	Crispy Bacon	Sausage Patties	Hash Brown
Apple Slices	Fresh Grapes	Golden Bananas	Diced Pears	Apple Sauce
Tony's Pizza	Orange Chicken Bowl	Boneless Wings	Spaghetti / Meat sauce	Seafood Platter
Curly Q Potatoes	Vegetable Medley	BBQ Baked Beans	Steamed Broccoli	Roasted Corn
Fruit Cocktail	Peach Slices	Cantaloupe Slices	Fresh Fruit Variety	Kiwi / Strawberries
29	30	31		
Cocoa Puffs Cereal Bar	Zucchini Bread	Mini Donuts	* Include Healthy Foods Fr	om All Food Groups
Crispy Bacon	Sausage Patties		* Hydrate often and hea	
Orange Slices	100% Fruit Juice	Golden Bananas	* Enjoy healthful eating	at school or home
Beef Quesadilla	Chili Cheese Dogs	Teriyaki Burger 🛛 🛕		
Crinkle-Cut Potatoes	Mixed Vegetables	Broccoli Bites 🛛 💛		
Fruit Cocktail	Peach Slices	Fresh Fruit Variety		
March Is Na	tional Nutritic	on Month!	PLATE H	ealthy Eating
		on Is An Equal Opportu 1ENU IS SUBJECT TO CH	-	

MARCH 2021 SNACK MENU

LIBERTY TRADITIONAL SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
Cheddar Chex 1 Mix	Apple Slices 2	Graham Crackers 3 String Cheese	Chocolate Elf 4 Grahams	Strawberry 5 Chex Mix
100 % Fruit Juice	Fat Free Milk	100 % Fruit Juice	100 % Fruit Juice	100 % Fruit Juice
COCO Goldfish 8 Grahams	WG Baked Cheetos 9	WG Nacho Cheese 10 Doritos	Rainbow 11 Goldfish Crackers	12 No School Today!
100 % Fruit Juice	100 % Fruit Juice	100 % Fruit Juice	100 % Fruit Juice	No School Today!
15 No School Today!	16 No School Today!	17 No School Today!	18 No School Today!	19 No School Today!
WG Cheez-Its 22	Vanilla Goldfish 23 Grahams	Goldfish Pretzels 24	Blueberry 25 Nutri-Grain Bar	Chocolate Elf 26 Grahams
100 % Fruit Juice	100 % Fruit Juice	100 % Fruit Juice	100 % Fruit Juice	100 % Fruit Juice
WG Baked Cheetos 29 100 % Fruit Juice	WG Nacho Cheese 30 Doritos	Graham Crackers 31 String Cheese		
	100 % Fruit Juice	100 % Fruit Juice		