

Liberty Traditions Saddleback

Grab-and-Go Breakfast Menu September

Monday	Tuesday	Wednesday	Thursday	Friday
31 Cherry Frudel Fresh Grapes / Juice Milk	1 Cinnamon Bun Crackers Craisins / Juice Milk	2 Cinn Poptart Orange Slices / Juice Milk	3 Cheerios with a Cheese Stick Craisins / Juice Milk	4 Apple Cinnamon Muffin Fresh Banana / Juice Milk
7 No School Labor Day	8 Bagel Craisins / Juice Milk	9 Strawberry Poptart Orange Slices / Juice Milk	10 Trix Cereal with a Cheese Stick Craisins / Juice Milk	11 Choc. Chip WG Muffin Fresh Banana / Juice Milk
14 Apple Nurti-Grain Fresh Grapes / Juice Milk	15 Cinnamon Bun Crackers Craisins / Juice Milk	16 Cinn Poptart Orange Slices / Juice Milk	17 Lucky Charms with a Cheese Stick Craisins / Juice Milk	18 Choc. Chip WG Muffin Fresh Banana / Juice Milk
21 Cherry Frudel Fresh Grapes / Juice Milk	22 Bagel Craisins / Juice Milk	23 Strawberry Poptart Orange Slices / Juice Milk	24 Cheerios with a Cheese Stick Craisins / Juice Milk	25 Blueberry Muffin Fresh Banana / Juice Milk
28 Apple Nurti-Grain Fresh Grapes / Juice Milk	29 Bagel Craisins / Juice Milk	30 Cinn Poptart Orange Slices / Juice Milk	1 Trix Cereal with a Cheese Stick Craisins / Juice Milk	2 Apple Cinnamon Muffin Fresh Banana / Juice Milk

Choice of FF, 1% White milk is available for Breakfast. Raisins or Cranraisins are also available.



Choice of FF, 1% White milk and FF Chocolate milk is available for Lunch

Menu is subject to change without notice.

Make payments to your child's lunch account at www.myschoolbucks.com

Applications for FREE and REDUCED Lunches are available at the Front Desk.

"This institution is an equal opportunity provider."

LIBERTY TRADITIONAL SADDLEBACK

Grab-and-Go Menu Lunch SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
31 Turkey Corn Dog Barbecue Beans Red Delicious Apple Milk	1 WG Bean & Cheese Burrito Fiesta Corn Chips / Salsa Fresh Banana Milk	2 Chicken Strips Carrot Sticks / Ranch Fresh Banana Milk	3 Deli Sub Sandwich Celery Sticks Applesauce Cups Milk	4 Pepperoni Pizza Broccoli Bites / Ranch Applesauce Cups Milk
7 NO SCHOOL LABOR DAY	8 Taco Stick Refried Beans Red Delicious Apple Milk	9 Grilled Cheese Sandwich Carrot Sticks / Ranch Mixed Fruit Cups Milk	10 Deli Sub Sandwich Celery Sticks Applesauce Cups Milk	11 Soft Pretzels w/Cheese Broccoli Bites / Ranch Applesauce Cups Milk
14 Mini Corn Dogs Barbecue Beans Red Delicious Apple Milk	15 WG Bean & Cheese Burrito Fiesta Corn Chips / Salsa Fresh Banana Milk	16 Chicken Strips Carrot Sticks / Ranch Fresh Banana Milk	17 Deli Sub Sandwich Celery Sticks Applesauce Cups Milk	18 Cheese Pizza Broccoli Bites / Ranch Applesauce Cups Milk
21 Chicken Strips Fiesta Corn Fresh Banana Milk	22 Taco Stick Refried Beans Red Delicious Apple Milk	23 Grilled Cheese Sandwich Carrot Sticks / Ranch Mixed Fruit Cups Milk	24 Deli Sub Sandwich Celery Sticks Applesauce Cups Milk	25 Pepperoni Pizza Broccoli Bites / Ranch Applesauce Cups Milk
28 Turkey Corn Dog Barbecue Beans Red Delicious Apple Milk	29 WG Bean & Cheese Burrito Fiesta Corn Chips / Salsa Fresh Banana Milk	30 Chicken Strips Carrot Sticks / Ranch Fresh Banana Milk	1 Deli Sub Sandwich Celery Sticks Applesauce Cups Milk	2 Soft Pretzels w/Cheese Broccoli Bites / Ranch Applesauce Cups Milk

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