

Liberty Traditional Saddleback February Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3-Feb	4-Feb	5-Feb	6-Feb	7-Feb
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Cheerios Cereal	Bagel with Cream Cheese	Choc Chip Benefit Bar	Cinnamon Toast Cereal	Blueberry Muffin
Strawberry Yogurt	Scooby Doo Graham Sticks	Cinnamon Pop-Tart	Colby Jack Cheese Stick	Go-Gurt
Chex Mix	Milk, White Breakfast	Milk, White Breakfast	Milk, White Breakfast	Milk, White Breakfast
Milk, White Breakfast	and	and	and	and
and	100% Grape Juice	Applesauce Cups	100% Orange Juice	Applesauce Cups
Applesauce Cups				
10-Feb	11-Feb	12-Feb	13-Feb	14-Feb
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Lucky Charms Cereal	Cinnamon Raisin Bagel	French Toast Benefit Bar	Mini Donuts	Chocolate Chip
Lemon Chip Crisp Bar	with Cream Cheese	Chocolate Pop-Tart	Maple Brown Sugar	Whole-Grain Muffin
Milk, White Breakfast	Bug Bites Graham Cracker	Milk, White Breakfast	Granola Bar	Go-Gurt
and	Milk, White Breakfast	and	Milk, White Breakfast	Milk, White Breakfast
Applesauce Cups	and	Applesauce Cups	and	and
	100% Grape Juice		100% Orange Juice	Applesauce Cups
17-Feb	18-Feb	19-Feb	20-Feb	21-Feb
	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
	Bagel with Cream Cheese	Chocolate Chip Benefit Bar	Cheerios Cereal	Apple Cinnamon Muffin
Presidents Day	French Toast Crackers	Cinnamon Pop-Tart	Colby Jack Cheese Stick	Go-Gurt
No School	Milk, White Breakfast	Milk, White Breakfast	Milk, White Breakfast	Milk, White Breakfast
	and	and	and	and
	100% Grape Juice	Applesauce Cups	100% Orange Juice	Applesauce Cups
24-Feb	25-Feb	26-Feb	27-Feb	28-Feb
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Cinnamon Toast Cereal	Cinnamon Raisin Bagel	French Toast Benefit Bar	Mini Donuts	Whole-Grain
Cherry Frudel	with Cream Cheese	Strawberry Pop-Tart	Maple Brown Sugar	Banana Muffin
Milk, White Breakfast	Elf Graham Cracker	Milk, White Breakfast	Granola Bar	Go-Gurt
and	Milk, White Breakfast	and	Milk, White Breakfast	Milk, White Breakfast
Applesauce Cups	and	Applesauce Cups	and	and
	100% Grape Juice		100% Orange Juice	Applesauce Cups

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Applications for FREE and REDUCED lunches are available at the front desk.



Liberty Traditional Saddleback February Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3-Feb	4-Feb	5-Feb	6-Feb	7-Feb
Hot Diggity Dog	Nachos with Cheese	Ham & Cheese Croissant	Chicken Strips	Pepperoni Pizza
Smile Potatoes	Refried Beans	Green Beans	Honey Carrots	Garden Salad with Dressing
Peaches	Banana	Mixed Fruit	Orange Slices	Applesauce
Milk	Milk	Milk	Milk	Milk
10-Feb	11-Feb	12-Feb	13-Feb	14-Feb
Chicken Drumstick	Cheese Enchilada with	Grilled Cheese Sandwich	Brunch for Lunch	Pepperoni Calzone with
with Roll	Green Chile Sauce	Mixed Vegetables	Pancake & Bacon	Marinara Cup
Barbecue Beans	Fiesta Corn	Mixed Fruit	Sweet Potato Fries	Steamed Broccoli
Peaches	Apple	Milk	Fresh Grapes	Diced Pears
Milk	Milk		Milk	Milk
17-Feb	18-Feb	19-Feb	20-Feb	21-Feb
	Walking Taco	Chicken Pot Pie	Chicken Strips	Soft Pretzels w/Cheese
Presidents Day	Refried Beans	Green Beans	Whipped Potatoes	Garden Salad with
No School	Banana	Mixed Fruit	Orange Slices	Dressing
	Milk	Milk	Milk	Applesauce
				Milk
24-Feb	25-Feb	26-Feb	27-Feb	28-Feb
Bacon Hamburger	Bean & Cheese Pupusa	Chicken Nuggets with Roll	Brunch for Lunch	Cheese Stick with
Barbecue Beans	Fiesta Corn	Green Beans	Pancake & Sausage Stick	Marinara Cup
Peaches	Apple	Mixed Fruit	Sweet Potato Tots	Steamed Broccoli
Milk	Milk	Milk	Fresh Grapes	Diced Pears
			Milk	Milk



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