



## Liberty Traditional Saddleback January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>6-Jan</b>	<b>7-Jan</b>	<b>8-Jan</b>	<b>9-Jan</b>	<b>10-Jan</b>
Select 2 items: Cheerios Cereal Strawberry Yogurt Chex Mix Milk, White Breakfast and Applesauce Cups	Select 2 items: Bagel with Cream Cheese Scooby Doo Graham Sticks Milk, White Breakfast and 100% Grape Juice	Select 2 items: Chocolate Chip Benefit Bar Cinnamon Pop-Tart Milk, White Breakfast and Applesauce Cups	Select 2 items: Cinnamon Toast Cereal Colby Jack Cheese Stick Milk, White Breakfast and 100% Orange Juice	Select 2 items: Blueberry Muffin Go-Gurt Milk, White Breakfast and Applesauce Cups
<b>13-Jan</b>	<b>14-Jan</b>	<b>15-Jan</b>	<b>16-Jan</b>	<b>17-Jan</b>
Select 2 items: Lucky Charms Cereal Lemon Chip Crisp Bar Milk, White Breakfast and Applesauce Cups	Select 2 items: Cinnamon Raisin Bagel with Cream Cheese Bug Bites Graham Cracker Milk, White Breakfast and 100% Orange Juice	Select 2 items: French Toast Benefit Bar Chocolate Pop-Tart Milk, White Breakfast and Applesauce Cups	Select 2 items: Mini Donuts Maple Brown Sugar Granola Bar Milk, White Breakfast and 100% Orange Juice	Select 2 items: Chocolate Chip Whole-Grain Muffin Go-Gurt Milk, White Breakfast and Applesauce Cups
<b>20-Jan</b>	<b>21-Jan</b>	<b>22-Jan</b>	<b>23-Jan</b>	<b>24-Jan</b>
<b>Martin Luther King, Jr. Day</b>  <b>No School</b>	Select 2 items: Bagel with Cream Cheese French Toast Crackers Milk, White Breakfast and 100% Grape Juice	Select 2 items: Chocolate Chip Benefit Bar Cinnamon Pop-Tart Milk, White Breakfast and Applesauce Cups	Select 2 items: Cheerios Cereal Colby Jack Cheese Stick Milk, White Breakfast and 100% Orange Juice	Select 2 items: Apple Cinnamon Muffin Go-Gurt Milk, White Breakfast and Applesauce Cups
<b>27-Jan</b>	<b>28-Jan</b>	<b>29-Jan</b>	<b>30-Jan</b>	<b>31-Jan</b>
Select 2 items: Cinnamon Toast Cereal Cherry Frudel Milk, White Breakfast and Applesauce Cups	Select 2 items: Cinnamon Raisin Bagel with Cream Cheese Elf Graham Cracker Milk, White Breakfast and 100% Grape Juice	Select 2 items: French Toast Benefit Bar Strawberry Pop-Tart Milk, White Breakfast and an Applesauce Cups	Select 2 items: Mini Donuts Maple Brown Sugar Granola Bar Milk, White Breakfast and an 100% Orange Juice	Select 2 items: Whole-Grain Banana Muffin Go-Gurt Milk, White Breakfast and Applesauce Cups

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Applications for FREE and REDUCED lunches are available at the front desk.





## Liberty Traditional Saddleback January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>6-Jan</b>	<b>7-Jan</b>	<b>8-Jan</b>	<b>9-Jan</b>	<b>10-Jan</b>
Pork Egg Roll with Rice Carrot Coins Peaches Fortune Cookie Milk	Walking Taco Refried Beans Banana Milk	Chicken Pot Pie Green Beans Mixed Fruit Milk	Chicken Strips Whipped Potatoes Orange Slices Milk	Soft Pretzels with Cheese Garden Salad with Dressing Applesauce Milk
<b>13-Jan</b>	<b>14-Jan</b>	<b>15-Jan</b>	<b>16-Jan</b>	<b>17-Jan</b>
Hamburger Barbecue Beans Peaches Milk	Bean and Cheese Pupusa Fiesta Corn Apple Milk	Chicken Nuggets with Roll Green Beans Mixed Fruit Milk	Brunch for Lunch Pancake and Sausage Stick Sweet Potato Tots Fresh Grapes Milk	Cheese Stick with Marinara Cup Steamed Broccoli Diced Pears Milk
<b>20-Jan</b>	<b>21-Jan</b>	<b>22-Jan</b>	<b>23-Jan</b>	<b>24-Jan</b>
<b>Martin Luther King, Jr. Day No School</b>	Chicken Quesadilla Refried Beans Banana Milk	Turkey Corn Dog Mixed Vegetables Mixed Fruit Milk	Grilled Cheese Sandwich Sunshine Carrots Orange Slices Milk	Pepperoni Pizza Garden Salad with Dressing Applesauce Milk
<b>27-Jan</b>	<b>28-Jan</b>	<b>29-Jan</b>	<b>30-Jan</b>	<b>31-Jan</b>
Bacon Cheeseburger Barbecue Beans Peaches Milk	Chicken and Cheese Burrito Fiesta Corn Apple Milk	Turkey Corn Dog Mixed Vegetables Mixed Fruit Milk	Chicken & Waffle Sweet Potato Tots Fresh Grapes Milk	Cheese Pizza Steamed Broccoli Diced Pears Milk



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