

Liberty Traditional Saddleback December Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
-Dec	3-Dec	4-Dec	5-Dec	6-Dec
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Cheerios Cereal	Bagel with Cream Cheese	Choc Chip Benefit Bar	Cinnamon Toast Cereal	Blueberry Muffin
Strawberry Yogurt	Scooby Doo Graham Sticks	Cinnamon Pop-Tart	Colby Jack Cheese Stick	Go-Gurt
Chex Mix	Milk, White Breakfast	Milk, White Breakfast	Milk, White Breakfast	Milk, White Breakfast
Milk, White Breakfast	and	and	and	and
and	Applesauce Cups	Apple-Banana	Applesauce Cups	100% Orange Juice
100% Grape Juice		Twist Fruitable		
Dec	10-Dec	11-Dec	12-Dec	13-Dec
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Lucky Charms Cereal	Cinnamon Raisin Bagel	French Toast Benefit Bar	Mini Donuts	Chocolate Chip
Lemon Chip Crisp Bar	with Cream Cheese	Chocolate Pop-Tart	Maple Brown Sugar	Whole-Grain Muffin
Milk, White Breakfast	Bug Bites Graham Cracker	Milk, White Breakfast	Granola Bar	Go-Gurt
and	Milk, White Breakfast	and	Milk, White Breakfast	Milk, White Breakfast
100% Grape Juice	and	Apple-Banana	and	and
	Applesauce Cups	Twist Fruitable	Applesauce Cups	100% Orange Juice
i-Dec	17-Dec	18-Dec	19-Dec	20-Dec
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Mini Wheats Cereal	Bagel with Cream Cheese	Chocolate Chip Benefit Bar	Cheerios Cereal	Apple Cinnamon Muffin
Strawberry Yogurt	French Toast Crackers	Cinnamon Pop-Tart	Colby Jack Cheese Stick	Go-Gurt
Chex Mix	Milk, White Breakfast	Milk, White Breakfast	Milk, White Breakfast	Milk, White Breakfast
Milk, White Breakfast	and	and	and	and
and	Applesauce Cups	Apple-Banana	Applesauce Cups	100% Orange Juice
100% Grape Juice		Twist Fruitable		
-Dec	24-Dec	25-Dec	26-Dec	27-Dec
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
No School	No School	No School	No School	No School
)-Dec	31-Dec	1-Jan	2-Jan	3-Jan
		= ****		
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Applications for FREE and REDUCED lunches are available at the front desk.



Liberty Traditional Saddleback December Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2-Dec	3-Dec	4-Dec	5-Dec	6-Dec
Bacon Cheeseburger	Chicken & Cheese Burrito	Turkey Corn Dog	Chicken & Waffle	Cheese Pizza
Barbecue Beans	Fiesta Corn	Mixed Vegetables	Sweet Potato Tots	Steamed Broccoli
Peaches	Apple	Mixed Fruit	Fresh Grapes	Diced Pears
Milk	Milk	Milk	Milk	Milk
9-Dec	10-Dec	11-Dec	12-Dec	13-Dec
Hot Diggity Dog	Nachos with Cheese	Ham & Cheese Croissant	Chicken Strips	Pepperoni Pizza
Smile Potatoes	Refried Beans	Green Beans	Honey Carrots	Garden Salad with Dressing
Peaches	Banana	Mixed Fruit	Orange Slices	Applesauce
Milk	Milk	Milk	Milk	Milk
16-Dec	17-Dec	18-Dec	19-Dec	20-Dec
Chicken Drumstick	Cheese Enchilada with	Grilled Cheese Sandwich	Brunch for Lunch	
with Roll	Green Chile Sauce	Mixed Vegetables	Pancake & Bacon	Half-Day
Barbecue Beans	Fiesta Corn	Mixed Fruit	Sweet Potato Fries	No Lunch
Peaches	Apple	Milk	Fresh Grapes	No After-School
Milk	Milk		Milk	
23-Dec	24-Dec	25-Dec	26-Dec	27-Dec
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
No School	No School	No School	No School	No School
30-Dec	31-Dec	1-Jan	2-Jan	3-Jan
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
		No School		
No School	No School	No School	No School	No School

 $\label{lem:fat-Free} \textbf{Fat-Free White, or 1\% White Milk available for lunch.}$

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