



Liberty Traditional Saddleback November Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
Select 2 items: Cheerios Cereal Strawberry Yogurt Chex Mix Milk, White Breakfast and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese Scooby Doo Graham Sticks Milk, White Breakfast and Applesauce Cups	Select 2 items: Chocolate Chip Benefit Bar Cinnamon Pop-Tart Milk, White Breakfast and an Apple-Banana Twist Fruitable	Select 2 items: Cinnamon Toast Cereal Colby Jack Cheese Stick Milk, White Breakfast and an Apple Twist Fruitable	Select 2 items: Blueberry Muffin Go-Gurt Milk, White Breakfast and 100% Orange Juice
11-Nov	12-Nov	13-Nov	14-Nov	15-Nov
Veterans Day No School	Select 2 items: Cinnamon Raisin Bagel with Cream Cheese Bug Bites Graham Cracker Milk, White Breakfast and Applesauce Cups	Select 2 items: French Toast Benefit Bar Chocolate Pop-Tart Milk, White Breakfast and an Apple-Banana Twist Fruitable	Select 2 items: Mini Donuts Maple Brown Sugar Granola Bar Milk, White Breakfast and an Apple Twist Fruitable	Select 2 items: Chocolate Chip Whole-Grain Muffin Go-Gurt Milk, White Breakfast and 100% Orange Juice
18-Nov	19-Nov	20-Nov	21-Nov	22-Nov
Select 2 items: Mini Wheats Cereal Strawberry Yogurt Chex Mix Milk, White Breakfast and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese French Toast Crackers Milk, White Breakfast and Applesauce Cups	Select 2 items: Chocolate Chip Benefit Bar Cinnamon Pop-Tart Milk, White Breakfast and an Apple-Banana Twist Fruitable	Select 2 items: Cheerios Cereal Colby Jack Cheese Stick Milk, White Breakfast and an Apple Twist Fruitable	Select 2 items: Apple Cinnamon Muffin Go-Gurt Milk, White Breakfast and 100% Orange Juice
25-Nov	26-Nov	27-Nov	28-Nov	29-Nov
Select 2 items: Cinnamon Toast Cereal Cherry Frudel Milk, White Breakfast and 100% Grape Juice	Select 2 items: Cinnamon Raisin Bagel with Cream Cheese Elf Graham Cracker Milk, White Breakfast and Applesauce Cups	Thanksgiving Bread No School	Thanksgiving Bread No School	Thanksgiving Bread No School

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Applications for FREE and REDUCED lunches are available at the front desk.





Liberty Traditional Saddleback November Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
Chicken Drumstick with Roll Barbecue Beans Peaches Milk	Cheese Enchilada with Green Chile Sauce Fiesta Corn Apple Milk	Grilled Cheese Sandwich Mixed Vegetables Mixed Fruit Milk	Brunch for Lunch Pancake & Bacon Sweet Potato Fries Fresh Grapes Milk	Pepperoni Calzone with Marinara Cup Steamed Broccoli Diced Pears Milk
11-Nov	12-Nov	13-Nov	14-Nov	15-Nov
Veterans Day No School	Walking Taco Refried Beans Banana Milk	Chicken Pot Pie Green Beans Mixed Fruit Milk	Chicken Strips Whipped Potatoes Orange Slices Milk	Soft Pretzels with Cheese Garden Salad with Dressing Applesauce Milk
18-Nov	19-Nov	20-Nov	21-Nov	22-Nov
Hamburger Barbecue Beans Peaches Milk	Bean & Cheese Pupusa Fiesta Corn Apple Milk	Chicken Nuggets with Roll Green Beans Mixed Fruit Milk	Brunch for Lunch Pancake & Sausage Stick Sweet Potato Tots Fresh Grapes Milk	Cheese Stick with Marinara Cup Steamed Broccoli Diced Pears Milk
25-Nov	26-Nov	27-Nov	28-Nov	29-Nov
Lit'l Smokies Whipped Potatoes Peaches Milk	Chicken Quesadilla Refried Beans Banana Milk	Thanksgiving Break No School	Thanksgiving Break No School	Thanksgiving Break No School



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