

Liberty Traditional Saddleback May Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
29-Apr	30-Apr	1-May	2-May	3-May
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Cheerios Cereal	Bagel with Cream Cheese	Mini Wheats Cereal	Whole-Wheat Pan Dulce	Blueberry Muffin
Apple Nutri-Grain	French Toast Crackers	Whole-Grain Strawberry Pop-Tart	Cheddar Cheese Stick	Go-Gurt
Milk	Milk	Milk	Milk	Milk
and	and an	and	and	and
100% Grape Juice	Applesauce Cup	Fresh Grapes	Sliced Apples	100% Orange Juice
6-May	7-May	8-May	9-May	10-May
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Trix Cereal	Mini Cinnamon Bagel	Apple Jacks Cereal	Whole-Wheat Pan Dulce	Banana Muffin Whole-Grain
Apple Frudel	Bug Bites Graham Cracker	Whole-Grain Cinnamon Pop-Tart	String Cheese Stick	Go-Gurt
Milk	Milk	Milk	Milk	Milk
and	and	and	and a	and
100% Grape Juice	Sliced Apples	Fresh Grapes	Very Strawberry Applesauce	100% Orange Juice
13-May	14-May	15-May	16-May	17-May
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Froot Loop Cereal	Mini Cinnamon Bagel	Lucky Charms Cereal	Whole-Wheat Pan Dulce	Apple Cinnamon Muffin
Apple Nutri-Grain	Scooby Doo Graham Sticks	Whole-Grain Strawberry Pop-Tart	Cheddar Cheese Stick	Go-Gurt
Milk	Milk	Whole-Grain Cinnamon Pop-Tart	Milk	Milk
and	and an	Milk	and	and
100% Grape Juice	Applesauce Cup	and Fresh Grapes	Sliced Apples	100% Orange Juice
20-May	21-May	22-May	23-May	24-May
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	
Cocoas Puffs Cereal	Bagel with Cream Cheese	Cinn.Toast Cereal	Whole-Wheat Pan Dulce	
Apple Frudel	Bug Bites Graham Cracker	Whole-Grain Cinnamon Pop-Tart	String Cheese Stick	First Day of
Milk	Milk	Milk	Milk	Summer Vacation!
and	and a	and a	and a	
100% Grape Juice	Very Strawberry Applesauce	100% Orange Juice	Very Strawberry Applesauce	

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

 $\label{lem:conditional} \textit{Fat-Free White, or 1\% White Milk available for lunch.}$

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Applications for FREE and REDUCED lunches are available at the front desk.







Liberty Traditional Saddleback May Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
29-Apr	30-Apr	1-May	2-May	3-May
Hamburger	Crispy Drumstick	Hot Diggity Dog	Mini Chicken Tacos	Pepperoni Pizza
Crinkle Cut French Fries	Steamed Broccoli Florets	Sweet Potato Tots	Refried Beans	on Whole-Grain Crust
Chilled Diced Peaches	Apple	Mixed Fruit	Fresh Grapes	Green Beans
Milk	Whole-Grain Biscuit	Milk	Milk	Diced Pears
	Milk		Salsa	Milk
6-May	7-May	8-May	9-Мау	10-May
Chicken Pattie Sandwich	Teriyaki Chicken	Whole-Grain Bean & Cheese Burrito	Chicken Strips	Whole-Grain Spaghetti
Smile Potatoes	with Rice	Carrot Sticks	Ranchero Beans	with Meatsauce
Chilled Diced Peaches	Steamed Broccoli Florets	Mixed Fruit	Orange Slices	Mixed Vegetables
Milk	Banana	Salsa	Whole-Grain Biscuit	Applesauce
	Milk	Milk	Milk	Milk
13-May	14-May	15-May	16-May	17-May
Cheeseburger	Blueberry Mini Pancakes	Whole-Grain Grilled	Chicken Taco Bowl	Pretzel and Cheese
Sweet Potato Fries	Sausage Patty	Cheese Sandwich	Refried Beans	Garden Salad with Dressing
Chilled Diced Peaches	Smile Potatoes	Green Beans	Fresh Grapes	Diced Pears
Milk	Apple	Mixed Fruit	Salsa	Milk
	Milk	Milk	Milk	
20-May	21-May	22-May	23-May	24-May
Turkeywich	Whole-Grain Chicken Nuggets	Mini Chicken Tacos	Whole-Grain Turkey Corn Dog	
Sweet Potato Tots	Whipped Potatoes	Carrots/Celery Sticks	Ranchero Beans	First Day of
Chilled Diced Peaches	Applesauce	Mixed Fruit	Chilled Diced Peaches	Summer Vacation!
Milk	Whole-Grain Biscuit	Salsa	Milk	
	Milk	Milk		



Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

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Liberty Traditional Saddleback May Snack Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
29-Apr	30-Apr	1-May	2-May	3-Мау
Cheese Ritz Bits	Mini Cinnamon Graham Cracker	Quaker Snack Mix	Cheddar Chex Mix	Elf Chocolate Graham Crackers
Applesauce Cups	Cheddar Cheese Stick	Apple	Celery Sticks	String Cheese Stick
6-May	7-May	8-May	9-May	10-May
Cheez-It Crackers	Scooby Doo Graham Sticks	Rice Krispies Treat	Chex Traditional Snack Mix	Elf Graham Cracker
Applesauce Cups	Cheddar Cheese Stick	Apple	Carrotteenies	String Cheese Stick
13-May	14-May	15-May	16-May	17-May
Cheese Ritz Bits	Bug Bites GrahamCracker	Chex Traditional Snack Mix	Heartzels Pretzels	Elf Chocolate Graham Crackers
Applesauce Cups	Cheddar Cheese Stick	Apple	Celery Sticks	String Cheese Stick
20-May	21-May	22-May	23-May	24-May
Cheez-It Crackers	Scooby Doo Graham Sticks	Rice Krispies Treat	Chex Traditional Snack Mix	First Day of
Applesauce Cups	Cheddar Cheese Stick	Applesauce	Cheddar Cheese Stick	Summer Vacation!

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

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